

ARE YOU READY FOR SOME FOOTBALL?

You can take the line from the Monday Night football introduction sung by Hank Williams Jr. and add any sport you wish. Volleyball, basketball, wrestling, etc., would all work. Cross country and track & field just don't flow well, but you get the point. The 2008 Nebraska Coaches Association Multi-Sports Clinic schedule is mostly completed and can be found in this issue of the *nebraska coach*. This year's clinic will be held from July 29-31 with sessions for athletic directors as well as the sports of football, 8-man football, volleyball, golf, basketball, wrestling, cross country, track & field, tennis, soccer, softball and cheerleading. The junior high sports of football, basketball, volleyball and track and field will also be featured. The Special Olympics sessions have been expanded to include gymnastics, along with bocce, bowling, and swimming. Where are you going to find a more comprehensive clinic schedule than this one? Most likely, nowhere!

There are several changes in this year's schedule of which you need to be made aware. The first is the change in the Awards and Recognition Banquet. Forever, the banquet has been held at the conclusion of the clinic week and it was felt that we needed to make a move to the beginning of the week. This year the banquet will be held on Sunday, July 27 at the Great Hall in the Haymarket area. That will be followed by the 2008 Coach's Golf Scramble on Monday, July 28 at Woodland Hills Golf Course. Later that evening, the NCA will host the All-Star Girl's and Boy's Basketball Games at Lincoln North Star HS. Tuesday, July 29, the doors will open promptly at 7:30 a.m. for the 2008 Multi-Sports Clinic. After a full day of clinic sessions you can watch the best high school senior volleyball players showcase their skills in the 2008 All-Star Volleyball Match. Wednesday's clinic schedule will provide a full day of instruction followed that evening by the All-Star Softball double-header at UNL's Bowlin Field. Not enough activity on Wednesday, how about the

Annual Coaches Night Out later that evening at the Champion's Club? The clinic week concludes on Thursday with a half day of sessions including several of the rules meetings.

The clinic will feature some 65-70 speakers over the three days. A mixture of high school and college coaches should make this an educational experience for all of those attending. Sessions will also be conducted on retirement issues, injury prevention and treatment, and taping clinics, as well as other topics of interest. Last year's attendance was nearly 2,200 coaches and athletic directors.



This year's keynote will feature a native Nebraskan, as NASA Astronaut Clayton Anderson will address the 2008 clinic. Clayton was raised in the Ashland community and participated in music, was a multi-sport athlete and gives much of the credit to his success from his endeavors to his former teachers and coaches. In 2007, Clayton spent five months on the Space Station. During his 152 days on the space station he performed three spacewalks. Clayton will provide an unusual perspective on life with his presentation "I Didn't Just Take Up Space on the Bench..."

Make sure you plan now to attend the 2008 Nebraska Coaches Association Multi-Sports Clinic and get your season off to a great start! The NCA looks forward to hosting you in Lincoln on July 27-31.

MEMBERSHIP FEES INCREASE \$10 PER YEAR

The Board of Directors of the Nebraska Coaches Association has done its best to maintain the fee structure for members. Due ~Cont. on page 3

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your athletes
should be using water
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Attention Coaches: If you want your athletes to keep going strong, go with Gatorade®. Gatorade is scientifically formulated with carbs and electrolytes to hydrate better than water. Yes, *better*. And that means your athletes just might have a little extra in their tanks when it counts the most – at crunch time.

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is it in you?



~Membership Fees continued from page 1
to increased costs in postage, utilities, printing, insurance, etc., it was decided to increase the dues to an annual fee of \$40 for the 2008-09 school year. The last increase came in 1998, when the dues were increased from \$25-\$30. Since then, the NCA has seen a constant increase in operating expenses and it was felt that the association members must bear more of the cost. The NCA's cost for coaches liability insurance increased by 60% about five years ago when the fee per member went from \$3.25 to \$5.35 and the association absorbed the increase. We hope that you continue to support the activities of the association with your active membership and encourage other coaches on your staff to become involved. A blank registration form can be found on page 19 of this issue. Thanks for your understanding and support.

STATE TRACK HOSPITALITY

Aside from the hospitality area at State Wrestling, the hospitality tent at the State Track Meet is the most widely visited. The Nebraska Coaches Association, with support from HyVee, Omaha Pepsi-Cola Bottlers, Omaha Public Schools, and Gatorade, will be sponsoring the hospitality tent at the 2008 State Track Meet. It will be open daily from 7:30 a.m. to closing, usually when everything runs out or the start of the final event of the day, whichever comes first. The tent will be located on the south side of the stadium and adjacent to the official's tent. It will provide you with coffee, soft drinks, Gatorade, and water, along with donuts and cookies.

This is a service to coaches and administrators, not family members and friends. We ask that you NOT take items from the tent for friends and family. We also cannot accommodate your desire to fill your "big gulps" and coolers as we have to haul water in from quite a distance. We thank you for your support and understanding.

SUMMER HOURS



The NCA office is generally open year-round from 7:00 a.m.-3:30 p.m. Monday thru Friday. The office will be closed from July 3-6 for the 4th of July holiday. Generally, the phone is on call forward to the NCA director, so if you have questions, feel free to call the office.

NEED CAMP OR CLINIC INSURANCE?

As a benefit of membership, all of our coaches receive \$1M in coach's liability coverage. This provides protection for you as you work your own camps as well as camps of others. Your coverage travels with you. If you desire your staff to be covered, they must also be members of the NCA as your coverage does not extend to them.

The NCA office constantly receives calls this time of year asking questions about insurance coverage for camps and clinics. The NSAA catastrophic insurance coverage **DOES NOT** extend to summer camps or clinics. We are finding that several school districts also no longer provide that coverage during the summer months, many mandating that coaches secure their coverage elsewhere. As a member of the Nebraska Coaches Association, coaches are eligible to secure coverage through two companies. Our coach's liability insurance carrier is Loomis & LaPann and you can access their application form on the NCA's web page at ncacoach.org, click on "other forms" and scroll down to "Participant Accident Request Form". You can complete this form and submit it to Loomis & LaPann and they will provide you with an estimate for coverage. The other outlet is local as you may call Steve Mason at Forsyth Insurance Company at 402-483-7861.

Make sure you protect yourself as well as the student athletes you may have in your camps this summer.

nebraska coach

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Issue II**

Editor

Steve Johnsen, NCA Executive Director

Executive Board

**President: Ron Kubik
President-Elect: Sam Dunn
Vice President: Jeff Smith
Past President: Les Hill**

2008 CLINIC

NSAA RULES MEETINGS AT 2008 CLINIC

The Nebraska School Activities Association will be hosting various rules meetings at the 2008 Multi-Sports Clinic. **ONLY THOSE COACHES REGISTERED FOR THE CLINIC WILL BE PERMITTED TO ATTEND THESE RULES MEETINGS!** This is done for clinic security and management. The schedule is as follows:

Soccer	Wednesday, July 30	3:00-4:00 p.m.
Basketball	Thursday, July 31	8:30-9:30 a.m.
Football	Thursday, July 31	9:45-10:45 a.m.
Softball	Thursday, July 31	9:45-10:45 a.m.
Volleyball	Thursday, July 31	11:00-12:00 noon

Thanks to the NSAA staff for providing this valuable service to our coaches.

DISTRICT AND SPORTS MEETINGS

The success of the Nebraska Coaches Association depends greatly on the involvement of coaches from throughout the State of Nebraska. Much of that involvement takes place during the annual clinic. On Wednesday, July 30, the District and Sports Meetings will be held. At the district meetings, the members of the Board of Directors are selected from each district. Each district is represented by two board members, one of those is selected each year, with terms lasting two years. The Sports Advisory meetings are held immediately following, and committee members will meet with the NSAA Executive Staff to discuss possible rules changes, suggest speakers for next year's clinic, as well as make recommendations for coach of the year, and All-Star coaches, as well as other responsibilities. Make sure you take an active role in the direction of your association.

KEEP YOUR 2007-2008 NCA MEMBERSHIP CARD

Coaches and athletic directors are reminded to hold on to your 2007-08 NCA membership cards. It will be good for admission for two to the Shrine Bowl Game on Saturday, July 26 and the All-Star Girl's and Boy's Basketball Games on Monday, July 28.

SPECIAL OLYMPICS SESSIONS EXPAND

The overwhelming success of the Special Olympics offerings at the 2007 clinic has led the NCA to expand sessions for Special Olympics coaches this year. Along with bocce, bowling and aquatics, the NCA has added gymnastics to the schedule. Three full days of clinic sessions are now available for coaches of Special Olympians. Special Olympics coaches are also encouraged and welcome to attend any of the other sessions offered throughout the clinic.

CLINIC REGISTRATON LISTS ON THE WEB

During the summer months, the NCA office regularly receives calls from coaches checking to make sure their schools registered them for the clinic. On Mondays, throughout the summer, the NCA will update the clinic registration list on the website. Coaches may access the NCA's web page at ncacoach.org, click on "clinic pre-registration list" and enter your school or name.

CLINIC REFUNDS

Requests for clinic refunds will be accepted without charge until July 1. After July 1 and until the clinic begins, a \$10 fee will be assessed. Following the completion of the clinic, a \$20 fee will be assessed. Please understand this policy will be in place due to planning and guarantees that need to be in place for the clinic. For auditing purposes, the request must come on school letterhead and the refund request must also indicate to whom the refund check should be written: the school, individual, or credit card.

INTRODUCTIONS AT ALL-STAR BASKETBALL GAMES

Coaches of All-Star Basketball players are reminded that introductions for both the boy's and girl's teams will begin at approximately 5:30 p.m. Coaches of the players are expected to be in attendance as well as player's parents. Early introductions accommodate the NET.

COACHES NIGHT OUT, A NIGHT OF FUN AND FELLOWSHIP

The annual Coaches Night Out on Wednesday, July 30, will be hosted by the Nebraska Coaches Association and the Lincoln Visitors and Conventions Bureau with support from Lincoln Pepsi-Cola Bottlers and Double-Eagle Distributors. The food is catered by York's Chances "R" Restaurant. The 8:30 p.m. event will be hosted at the Champion's Club, adjacent to Memorial Stadium.

Coaches and athletic directors are reminded that this event is provided for the benefit of those registered for the clinic. We also encourage clinic vendors and speakers to attend. Those attending will be expected to wear their registration badge and if requested, provide proof of membership and/or clinic attendance. Registered coaches are encouraged to bring their spouses. Friends and other family members are not included in this invitation. We ask your cooperation. As with activities of this type, this event comes with a healthy price tag; therefore, the rationale for limiting attendance to those registered for the clinic.

CLINIC BREAKOUTS

Taping Clinic

Certified Athletic Trainers provided by Nebraska Orthopaedic and Sports Medicine, as well as members of the Nebraska Athletic Trainers Association, will be conducting taping seminars in the Lincoln North Star Training Room. These blocks of time are for coaches to stop in and brush up on their taping skills, ask questions about taping issues they experience and practice, practice, practice. The schedule is as follows:

Tuesday, July 29	1:30-3:30 p.m.
Wednesday, July 30	2:30-4:00 p.m.

Athletic Health Related Issues

Nebraska Orthopaedic and Sports Medicine Staff will provide information to coaches on the following topics:

Tuesday, July 29	8:15-9:15 a.m.	"Dealing With Athletic Injuries"
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Wednesday, July 30	8:30-9:00 a.m.	
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Thursday, July 31	8:00-8:30 a.m.	"Recognition and Dealing With Concussions"
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Retirement/Investment Seminar

Ms. Susan Robak, investment broker from Wachovia Investments will present two topics relating to teacher retirement and investments. All too often we don't look far enough ahead when it comes to retirement and investing for our retirement. Ms. Robak will provide ideas on how to retire when you are ready and able. The schedule is as follows:

Tuesday, July 29	8:15-9:15 a.m.	"Is School Retirement Enough?"
Wednesday, July 30	8:15-9:15 a.m.	"Lessons For A Lifetime of Investing"

PROVIDE YOUR EMAIL ADDRESSES

One of the major cost increases the NCA has experienced over the past five years has been printing and postage. Each issue of the *nebraska coach* runs the NCA nearly \$4,000 with printing and postage costs. Considering all the mailings we do with All-Star selection, coach-of-the-year balloting, etc., we have found we do much more communication with email than phone calls or letter mailings. That is why it is imperative that when you complete your NCA membership card, please make sure you include your email address. Thanks in advance for your cooperation.

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2008 CLINIC

2008 ALL-STAR GAME SCHEDULE

The All-Star Game schedule will be the same as previous years with the Girls' and Boys' games being contested on Monday, July 28. The girls' game begins promptly at 6:00 p.m. followed by the boy's game at 8:00 p.m. Due to the televising of the games, coaches are reminded that ALL introductions will take place prior to the start of the girl's game. The All-Star Volleyball Match will be played on Tuesday, July 29 with the first serve at 7:00 p.m. The basketball and volleyball games will be televised live on Nebraska Educational Television. The All-Star softball double-header will be played at UNL's Bowlin Field on Wednesday, July 30, with the first pitch at 5:00 p.m. A quick reminder, **YOUR NCA MEMBERSHIP CARD IS GOOD FOR ADMISSION TO THE GAMES FOR TWO PEOPLE.**

FREE MEMBERSHIP FOR FIRST-YEAR COACHES

There always seems to be some confusion regarding the NCA's policy on **FREE** membership for first-year coaches. If coaches are entering their first year of coaching, their membership is waived **IF** they attend the 2008 Multi-Sports Clinic. If they are entering their first year of coaching and have not previously received a paycheck for coaching, this policy applies. If you are registering a coach as a first year coach, please indicate that on the top of the registration card with the words "first-year coach".

PREPRINTED CARD ON BACK PAGE

Were you a member of the NCA in 2007-08? If so, we have made the task of registering for the NCA membership/clinic completely painless. On the back page of this issue you will find a preprinted registration card for your convenience. All you need to do is check the box indicating if you are a head or assistant coach and then complete the lines indicating the sports that you coach. Make sure you also indicate, with a check, if you are registering for membership only or clinic/membership. **AS A REMINDER, IF YOU CHECK CLINIC AND MEMBERSHIP, THE EARLY FEE IS A TOTAL OF \$80, IT IS NOT \$110!** Your membership fee is included in the total registration. Also, check the optional fees desired such as Scholastic Coach, Texas Coach, and Awards Banquet. If utilizing the preprinted card, please tear along the perforation; if using the card on page 19, please cut along the dotted line and return the form. Your cooperation is appreciated.

ASSISTING YOUR ATHLETES WITH COLLEGE

Do coaches sometimes feel like surrogate parents? Absolutely. Do you ever wonder if you are giving correct information when asked? Maybe. Now a session offered at the 2008 clinic can give you some up to the minute help in assisting your athletes with college choices. EducationQuest Foundation will offer a session entitled "YOU Can Make the Difference! Practical Applications on How Coaches Can Assist Students to KnowHow2Go to College." The session will be offered on Wednesday, July 30 from 8:30-9:30 a.m. and presented by EducationQuest Foundation College Planning Staff members.

CHEERLEADING SESSIONS OFFERED AT 2008 CLINIC

Considering the overwhelming success of the cheerleading sessions offered at the 2007 clinic, the cheerleader coaches will be pleased to see an improved schedule with some new and different topics as well as presenters. AACCA certification will again be made available for coaches. Along with the standard clinic fee, there will be an additional charge of \$75 for the certification. If you are planning on registering for the AACCA certification, please make out a separate check to Universal Cheerleaders Association for the \$75 fee. This will hopefully eliminate some of the confusion experienced last year with multiple fees on one check. If you are a cheer coach and are interested in attending, please make sure you get your registration in on time. The complete schedule is available on the NCA's website at ncacoach.org.

GETTING TO NORTH STAR

The NCA office fields several calls during the summer months seeking directions to North Star HS. Here is the best we can do:

If arriving from the north/west/east via I-80 or Highway 77. Take I-80 to the 27th St. exit south. About a mile south of I-80 you will come to Fletcher Ave. Turn left and follow Fletcher to the east and you will see the school on your right.

If arriving from the south/southwest it may be easier to take the west bypass to I-80 east, take the 27th St. exit south and follow the directions above.

If arriving from the south/southeast take 84th St. north to Havelock Ave. and turn west, just across from the Lancaster Event Center. Follow Havelock across Cornhusker Hi Way (turns into Superior St.) and take it to 33rd St., turn right and the school will be about a mile north on the left side.

2008 GOLF SCRAMBLE - NEW SITE, SAME FUN



One of the really fun activities of each Multi-Sports Clinic begins the day before the clinic starts. That would be the Annual Coach's 4-Person Scramble. This year's scramble will return to the highly rated and exceptional course at Woodland Hills, east of Lincoln and south of Eagle. The scramble will be played on Monday, July 28 with tee times beginning at 7:30 a.m. and continuing until 3:30 p.m. Woodland Hills features bent grass fairways, tees and some of the best bent grass greens in North America. Thirty six different

bunkers, 84 different tee boxes, and water that comes into play on 6 holes, makes Woodland Hills not only beautiful but an enjoyable challenge for all levels of players. The course features an enormous all bent grass three tier driving range for practice or just a quick warm-up. Woodland Hills Golf Course offers state of the art in GPS course management systems. Each golf cart is equipped with the ProLink system that provides accurate yardage to the pin and all other critical points on the golf course. The full-color monitor is easy to use, while improving the pace of play. Players are reminded to wear collared shirts, and non-metal spikes. Click on their web site at woodlandhillsgolf.com for more information about the course.

Now comes the information part! The registration fee is \$48 for members, \$60 for non-members. The fee includes 18 holes of golf, cart rental, free range, tournament prizes, a hot dog or burger, and unlimited FUN! Tee times can be booked beginning on **Monday, June 16 at 8:00 a.m.** by calling the NCA office at 402-434-5675. Please have your entire foursome pre-arranged when you call for a tee time. Tournament fees are due 10 days after the booking of your tee time. **REMINDER: If you are the coach of an All-Star basketball player, you must make sure you have an early tee time as you will need to be at North Star for player introductions which will begin around 5:30 p.m.** Once the tee time is booked and paid, no refunds will be granted, as the course will issue you a rain check. The same policy is in effect for rainouts.

To get to the course from Lincoln, go east on Highway 34 to Eagle, turn south on Highway 43 and go about 4 1/2 miles, take a right by the BIG Woodland Hills Golf Course sign and go about 3/4 mile to the entrance on your left

The Nebraska Coaches Association welcomes you to a GREAT day of golf and fellowship on the ONLY 5-Star course in Nebraska.

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2008 BANQUET - NEW TIME, SAME LOCATION

At the January NCA Board of Directors meeting, the decision was made to move the annual Awards and Recognition Banquet to the beginning of the clinic week as opposed to the end. The 41st Annual Awards and Recognition Banquet will be held on Sunday, July 27th at the Great Hall in the Historic Haymarket in downtown Lincoln. Doors will open at 6:00 p.m. followed by dinner at 6:30 p.m.

The banquet is the NCA's way of recognizing the accomplishments of over 100 coaches. Coaches and athletic administrators will be honored for 25 or more years of service, and state champion coaches will also be recognized. Junior High and Assistant Coaches of the Year will be honored with the presentation of the Jim Farrand Award. Level IV Award winners will be presented with a plaque signifying their achievement. Also, coaches of the year will be honored with a beautiful plaque and ring signifying that award. All of the information will be posted on the NCA's web site at ncacoach.org. Coaches wishing to attend the banquet are encouraged to purchase banquet tickets on their clinic/membership registration form or by calling the NCA office at 402-434-5675.

BANQUET PARKING

Each year it bears repeating that parking issues have been resolved with the building of the public parking garage in the Haymarket area. The garage is located directly north of Barry's on the corner of 9th & "Q" Sts. With the construction of the "O" St overpass continuing, the parking under the overpass will most likely not be available.

VAN DRIVER TRAINING COURSE AVAILABLE AT CLINIC

With the approval of Nebraska Department of Education Pupil Transportation Rule 91, a new requirement has been added that requires the completion of a Van Driving Course for drivers of modified 15-passenger vans. This training includes a three hour in-class segment and one hour of hands-on training actually driving a 15-passenger van with qualified personnel. The 1-hour hands-on training can be done locally by an individual who has completed the School Bus Level I or II training.

The Nebraska Safety Center, under contract with the Nebraska Department of Education, will be offering the in-class segment of the Van Driver Course at the Nebraska Coaches Association Coaches Clinic on Tuesday, July 29 from 4:30 – 7:30 pm. Cost for the training is \$100 per student, which will be billed to the employing school unless other arrangements are made. Registration for the Nebraska Coaches Association Coaches Clinic is required in order to register for the Van Driver Course. On line pre-registration for the Van Driver Training Course will also be required. Early registration deadline is June 1, 2009. Registrations received after June 1 will be accommodated on a space available basis.

Within this requirement for training, there is an exemption for **some** individuals. This training is not required for anyone who has driven a modified 15-passenger van for the most recently completed two school years (2006/07 and 2007/08) for activity trips or routes. Also in order to qualify for this exemption, the individual cannot have been convicted (ticketed) for a traffic infraction driving **any** vehicle for the same period of time (August 2006 – July 2008). This course would not be required for a driver that has completed the Level I or II Instructional Course; however this driver would be required to complete the 1 hour hands-on training.

Registration information for the Van Driving Course is available at www.unk.edu/bus. Please contact Cindy Houlden at houldencm@unk.edu, (308) 865-8270 or 1-(800) 854-7867, Ext. 4, with questions.

CLINIC LODGING

Several room blocks have been arranged for those coaches attending the 2008 coach's clinic. You are always encouraged to book your room early. At least this year we do not have to contend with the National Roller Skaters! Early booking will also guarantee you the best rates. When making reservations, make sure you request "Coaches Clinic Rate." Most room blocks will remain in effect until July 15 unless otherwise noted.

The following properties are reserving rooms:

Super 8 Motel

2635 W. O St.
Breakfast
402-476-8887
Free Wireless Internet
Rates: \$49.99-King, \$53.99-Dbls

Country Inn & Suites

5353 N. 27th St.
402-476-5353
Continental-plus breakfast
Indoor Pool
Exercise Room
Rates: \$95

Cornhusker Super 8 Motel

2545 Cornhusker Hwy.
402-467-1165
Complimentary Breakfast
Fitness Room
Rates: \$55

Cornhusker Marriott

333 S. 13th St.
402-474-7474
Rates: \$119

Embassy Suites

1040 P St.
402-474-1144
Swimming Pool
Fitness Center
Continental Breakfast
Rates: \$149

Fairfield Inn

4221 Industrial Ave.
402-476-6000
Continental Breakfast
Pass to Gold's Gym
Indoor Pool, Spa
Rates: \$80

Hampton Inn Airport

1301 West Bond Cr.
402-474-2080
Breakfast Buffet
Fitness Center
Swimming Pool
Rates: \$99

Holiday Inn Express North

3939 N. 26th St.
402-477-1100
Indoor Pool
Fitness Center
Continental Breakfast
Rates: \$75-Queen, \$85-King

La Quinta

4433 N. 27th St.
402-476-2222
Rates: \$65

New Victorian Suites

216 N. 48th St.
402-464-4400
Rates: \$69

Quality Inn

3200 NW 12th St.
402-475-9541
Breakfast Buffet
Outdoor Pool
Wireless Internet
Rates: \$62



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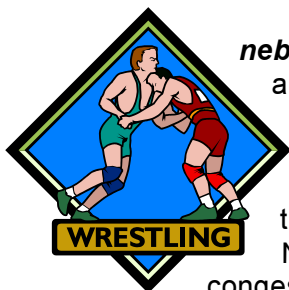
FROM THE DIRECTOR

Steve Johnsen, NCA Executive Director



Where is spring? It is already the last week in April and my clubs have yet to leave my basement, not one round of golf this spring! The Harley has been out of the garage for two short trips and I'm beginning to wonder if we will ever get to ride to a track meet or soccer match before the state finals. I'm sure AD's and coaches from across the state are as frustrated in rescheduling contests, officials, fields, etc. Let's all hope for moderate weather for the remaining contests and meets, as our kids sure aren't acclimated to weather we could experience in the middle of May.

As you peruse the 2008 clinic schedule, I think you will find a good mix of high school and college coaches making presentations. The NCA office makes every attempt to contact coaches who are recommended by our sports advisory people, as well as referring to suggestions from the previous year's clinic. We feel that every area features a strong and successful group of presenters, with plenty of ideas and concepts to share with those attending. Make sure you register by the June 1 deadline and save yourself the \$10 late fee. Have new coaches on staff? Make sure you provide them with the clinic and membership information so they can also learn from the best.



In each May issue of the *nebraska coach* I like to give you a state of the association review. This year has brought forth some of the most satisfying aspects of this job. The calendar of the NCA continues to get more congested, but for good reasons. I would rate the 2007 Multi-Sports Clinic, the State Championships Football Clinic, the Annual Sportsmanship Summit, the spring Track Clinic, and the Cheerleading and Dance Championships as overwhelming successes. Anytime we asked for help from our members and schools, people stepped up to the plate to assist us, whether it be to serve as an evaluator for the Sportsmanship Awards, present at the Summit, or serve as an event coordinator for the Cheer/Dance

Championships. One of the best decisions we made in the office was to back down on our threat to stop sponsoring the hospitality room at the State Wrestling Meet. Coaches were appreciative of the space and the food and beverages provided, and the Qwest Center gave us a great site for the area.



It still cost us nearly \$4,000 for the hospitality room, and we will make some minor changes again next year.

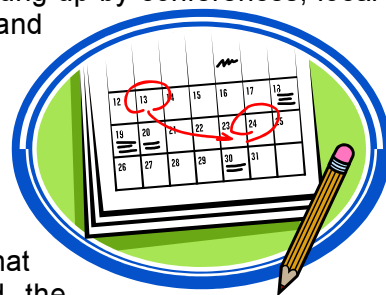
There were not many downsides this past year, but one sticks in my mind. Following the selection of our 2008 All-Star Teams, we experienced something we have never addressed before. We had one of the All-Stars turn down the opportunity to play, as he indicated that he really didn't want to play in another all-star game. Our would have been the seventh this summer! So many games have sprung up by conferences, local newspapers, and

personal fund-raisers that the luster of the games has dimmed.

At our last Board of Directors meeting, a few

coaches indicated out loud that the Shrine Bowl and the

NCA's All-Star Games were the goal of many student athletes. I think the time has come to consider moving our games to earlier in the year, maybe the middle of June, immediately after school is out. Discussions will be held at the 2008 clinic regarding this issue.



The NCA offices have moved into the new NSAA building adjacent to the Haymarket Park area, and they are beautiful. We have already hosted our first NCA Board of Directors meeting, as well as the Scholarship Selection meeting, so we are making use of the available resources. Our office staff has also seen a recent change due to the departure of Kim Markus. Saundi Fugleberg, a native of South Sioux City, began working for the NCA shortly before the first of the year. She will be responsible for daily office activities as well as much of the All-Star activities. This summer, Amanda Gates, a member of the UNL volleyball team, will back. Including Vicky and myself, we will make sure we are here to serve your needs.

We look forward to seeing all of you this summer at the 2008 Multi-Sports Clinic. Have a great closing to your school year and enjoy some much needed rest!

CHEER/DANCE CHAMPIONSHIPS, AN OVERWHELMING SUCCESS

The first ever Nebraska State High School Cheerleading and Dance Championships were held



at the Heartland Events Center in Grand Island on Saturday, February 23. When

the proposal for a championship was first addressed by the NCA Director to the Board of Directors, it met with mild approval. The next step in the process was to seek the support of the Nebraska State Interscholastic Athletic Administrators Association. Their Board of

Directors also approved the concept and the organization of the competition took off. The first



organizational meeting was held at Papillion LaVista South HS hosted by AD Jeff Johnson. Competition guidelines were developed and NCA Administrative Assistant Vicky Johnsen was left with the task of assembling the championship booklet.



Registrations were somewhat slow in the early stages, leading the NCA office to wonder if the correct decision had been made about the sponsorship.

The Grand Island CVB also expressed some doubt. The initial thought was that it would be a success if we had 400-500 kids registered. To make a long story short, the competition featured over 130 performances with over 1,200 kids. In our minds, and that of 95% of the responding coaches, it was also an outstanding event. Planning is already underway for the 2009 version with the distinct possibility that it may have to go to two days.



A very special thank you goes to those people who

volunteered their time and organizing experience in assisting with the administration of the event. Members of the Nebraska High School Sports Hall

of Fame Board of Directors, various members of the NSIAAA and NCA Board of Directors as well as volunteers from the Grand Island CVB. Nearly 35



volunteers made the event one to remember. Thanks again for your assistance. Also, thanks to the Universal Cheerleaders Association for making the financial and manpower commitment in making this a first class operation.

Most of all, we offer out thanks to the coaches, sponsors, and competitors who had the faith in the Nebraska Coaches Association to participate in the first ever event. Our hopes is that it will only grow and be bigger and better in 2009.

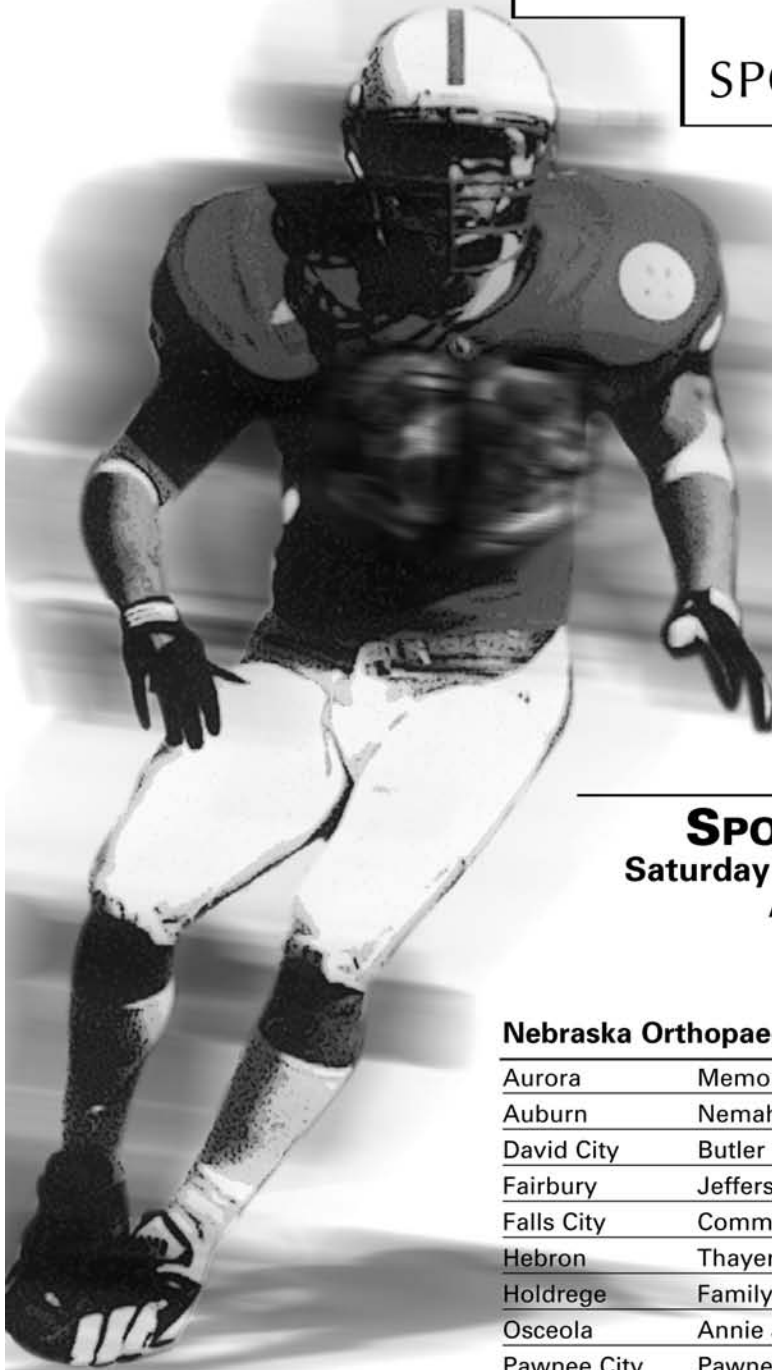




Proud to be your Husker Team Physicians

NEBRASKA
ORTHOPAEDIC
AND
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LINCOLN, NEBRASKA



Patrick E. Clare, MD
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David J. Clare, MD
James W. Gallentine, MD
Reed L. Bartz, MD
Casey J. Burke, DO
Steven J. Volin, MD

SPORTS MEDICINE CLINICS

Saturday Mornings - 2007 Fall Sports Season

August 18th - October 20th

7:30 a.m. - 10:00 a.m.

No Appointment Necessary

Nebraska Orthopaedic Physician's Outreach Clinics

Aurora	Memorial Hospital	402-694-3171
Auburn	Nemah County Hospital	402-274-4366
David City	Butler County Clinic	402-367-3194
Fairbury	Jefferson Community Health Center	402-729-3351
Falls City	Community Medical Center	402-852-2231
Hebron	Thayer County Memorial Hospital	402-768-6041
Holdrege	Family Medical Specialties	308-995-4431
Osceola	Annie Jeffrey Memorial County Health Center	402-747-2031
Pawnee City	Pawnee City Memorial Hospital	402-245-2428
Syracuse	Community Memorial Hospital	402-269-2011

575 So. 70th St. Elizabeth Medical Center Plaza, Suite 200, Lincoln, NE 68510

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**NEBRASKA COACHES ASSOCIATION
MULTI-SPORTS CLINIC
July 29-31, 2008
LINCOLN NORTH STAR HIGH SCHOOL**



**UNDERWRITTEN BY
GATORADE
NEBRASKA INDEPENDENT COLLEGE FOUNDATION
NEBRASKA ORTHOPAEDIC AND SPORTS MEDICINE
SCHEDULE STAR**

Registration: Prior to attending any session, all coaches, athletic directors, and vendors must secure a badge before being admitted to the clinic area. Coaches and AD's are asked to use the main entrance on the east side of North Star HS and vendors are asked to utilize the west entrance.

Parking: Parking for coaches and AD's is limited to the main parking area on the east/southeast side of North Star HS. Vendors are asked to park west of the building.

NOTE: As with any clinic of this scope and size, there are times when speakers, schedules, and topics are subsequent to change. Every attempt will be made to adhere to the listed schedule. For up-to-date changes, if any, please log on to the NCA web page at nccoach.org.

SPECIAL SESSIONS

Tuesday, July 29

8:15-9:15 a.m. "Dealing With Athletic Injuries"-NE Orthopaedic Staff
"Is School Retirement Enough?"-Susan Robak, Wachovia
Taping Seminar
1:30-3:30 p.m. "Van Driver Training Course"-NE Dept. of Education (pre-registration required)
4:30-7:30 p.m.

8:30-9:30 a.m.
9:45-10:45 a.m.
11:00 a.m.-12:00 p.m.

"Nebraska Philosophy/Stopping the Run"-Bo Pelini, University of Nebraska-Lincoln
NSAA Football Rules Meeting-
"Offensive Game Planning"-Shawn Watson, UNL
"Defending the Spread Offense"-Carl Pelini, UNL

Wednesday, July 30

8:30-9:00 a.m. "Recognition and Dealing with Concussions"-NE Orthopaedics Staff
8:30-9:30 a.m. "Lessons For a Lifetime of Investing?"-Susan Robak, Wachovia
8:30-9:30 a.m. "YOU Can Make the Difference! Practical Applications on How Coaches Can Assist Students to KnowHow2GO to College"-EducationQuest Foundation staff
2:30-4:00 p.m. Taping Seminar

8-MAN FOOTBALL

Tuesday, July 29

7:30 a.m.
10:45 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"Grandfield Spread Offense"-T.J. Liles, Grandfield HS (OK)
"Game Week Preparation"-T.J. Liles



Thursday, July 31

8:00-8:30 a.m. "Recognizing and Dealing With Concussions" NE Orthopaedics Staff

Wednesday, July 30

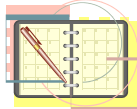
7:30 a.m.
9:30-10:30 a.m.
10:30 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Option Run Game"-T.J. Liles
District & Sports Meetings
"Special Teams"-Jimmy Dushane, Box HS (OK)
"Fox 3-1 Defense"-Jimmy Dushane,

ATHLETIC DIRECTOR

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.
10:45 a.m.-12:00 p.m. REGISTRATION AND EXHIBIT AREAS OPEN
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
1:30-2:30 p.m. "Schedule Star Basics" - Adolph Santorine, Schedule Star
3:00-4:00 p.m. "Taking Schedule Star to the Next Level" - Adolph Santorine, Schedule Star



Thursday, July 31

7:30 a.m.
8:30-9:30 a.m.
9:45-10:45 a.m.
11:00 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Nebraska Philosophy/Stopping the Run"-Bo Pelini, University of Nebraska-Lincoln
NSAA Football Rules Meeting
"Offensive Game Planning"-Shawn Watson, UNL
"Defending the Spread Offense"-Carl Pelini, UNL

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
9:00-10:30 a.m. "New AD Orientation" - Dr. Jim Tenopir, NSAA
10:30 a.m.-12:00 p.m. District & Sports Meetings
1:30-2:30 p.m. "NCAA Eligibility-Things You Should Know and Share With Your School Counselor"-Jeremy McCool, NCAA
3:00-4:00 p.m. "Developing an Athletic Budget" - Bruce Parrish, Tom O'Boyle, Chuck Ross

VOLLEYBALL

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.
10:45 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"One Ball, One Coach, One Setter"-John Cook, University of Nebraska-Lincoln
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"Developing the Complete Athlete-Life Skills on and Off the Court"-Neil Mason, TCA Volleyball
"Jump Serving and Back Row Attack"-Neil Mason

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
9:45-10:45 a.m. "Hi, I'm an AD/Problems, Solutions & Results"-Tim McNamara

Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.
10:30 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Strength, Power, Agility"-Laura Pilakowski, University of Nebraska-Lincoln
District & Sports Meetings
"Developing and Training Your Setter"-Jim Miret, Front Range VB
"Training Defense"-Jim Miret

FOOTBALL

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.
10:45 a.m.-12:00 p.m. REGISTRATION AND EXHIBIT AREAS OPEN
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
1:30-2:30 p.m. "Continuation of Previous Topic"-Jerry Moore
3:00-4:00 p.m. "Our Favorite Plays/Drills"-State Champion Coaches, Jay Ball, Mark Brahmer, Justin Smith

Thursday, July 31

7:30 a.m.
8:30-9:30 a.m.
9:45-10:45 a.m.
11:00 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Defensive System Options"-Fred Aubuchon, Hastings College
"System Blocking"-Fred Aubuchon
NSAA Volleyball Rules Meeting

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
9:30-10:30 a.m. "Evaluation and Organization of Your Program"-Bill O'Boyle, Chadron State
10:30 a.m.-12:00 p.m. District & Sports Meetings
1:30-2:30 p.m. "Special Teams Concepts and Drills"-Jas Bains
3:00-4:00 p.m. "LB Drills and Concepts"-Todd Auer, Chadron State
"Combination Blocking and Complimenting the Zone"-Bill O'Boyle

GOLF

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.
10:45 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"The Rules of the Game"-Craig Ames, NE PGA
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"On Course Rules Interpretation"-Craig Ames
"Pitching/Chipping, The Lob Shot, Bunker Play"-Chris Wiemers, Happy Hollow GC

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN

Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.
10:30 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Training Aids and Use of Them During Practice Sessions"-James Kinney, PGA Professional
District & Sports Meetings

1:30-2:30 p.m. "Short Game & Putting"-Tom Erlandson-Woodland Hills GC
 3:00-4:00 p.m. "Putting and Teaching to the Students Strengths"-Tom Erlandson

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. "How To Teach the Fundamentals of the Game"-Mark Mooberry, PGA Pro, Eldorado Hills GC
 9:45-10:45 a.m. "Continuation of the Previous Topic"

BASKETBALL

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Utilizing Two-Man Games Within Your Offense"-Steve Bennett, New Castle HS (IN)
 10:45a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "Coaching Shooting Every Day"-Steve Bennett
 3:00-4:00 p.m. "My Favorite Plays/Drills?-John Larsen, Tim Kassemeyer, Kelly Flynn, 2007-08 State Champion Coaches



Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Dribble Drive Motion Offense"-Eric Behrens, Omaha Central HS
 10:30 a.m.-12:00 p.m. District & Sports Meetings
 1:30-2:30 p.m. "Practice Organization and Competitive Drills"-Todd Barry, Briar Cliff University
 3:00-4:00 p.m. "Transition Game"-Todd Barry

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. NSAA Basketball Rules Meeting
 9:45-10:45 a.m. "Husker Offense"-UNL Men's Staff
 11:00 a.m.-12:00 p.m. "TBA"

WRESTLING

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Leg Attack Takedowns"-John Fritz, Penn State
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "Duck Unders and Slide Bys"-John Fritz
 3:00-4:00 p.m. "Short Offense"-John Fritz

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Pre-Season Conditioning Camp"-Russ Cozart, Branden RS (FL)
 10:30 a.m.-12:00 p.m. District & Sports Meetings Scramble
 1:30-2:30 p.m. "Important Drilling & Techniques for High School"-Russ Cozart
 3:00-4:00 p.m. "Weight Training & Conditioning for High School"-Russ Cozart

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. "Skyhawk Reaction Drills"-Brad Hildebrandt, Omaha Skutt
 9:45-10:45 a.m. "Setting Up A Season Plan"-Brad Hildebrandt
 11:00 a.m.-12:00 p.m. "Leg Defense & Short Offense"-Mike Greenfield, University of Nebraska-Lincoln

CROSS COUNTRY

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 3:00-4:00 p.m. "Workouts for Cross Country"-Bob Braman-Florida State University
 4:30-5:30 p.m. Cross Country Coaches Association Meeting

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Three Key Elements For XC Runners/Base, Pace, & Race"-Marlon Brink, Wayne State College
 10:30 a.m.-12:00 p.m. District & Sports Meetings
 1:30-2:30 p.m. "Periodization During the High School Season"-Damon Martin, Adams State
 3:00-4:00 p.m. "Developing a Successful Cross Country Team", Damon Martin

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. "Start Your Season on the Right Foot"-Ann Ringlein
 9:45-10:45 a.m. "Dealing With Lower Leg Pain in the Runner"-NE Orthopaedic Staff

TRACK & FIELD

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "In Season Distance Workouts for Track"-Bob Braman, Florida State University
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "The Psychology of Distance Racing"-Bob Braman
 3:00-4:00 p.m. "High Jump, Basic Fundamentals"-Marlon Brink, Wayne State College

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Training Middle Distance Runners"-Damon Martin, Adams State College
 10:30 a.m.-12:00 p.m. District & Sports Meetings
 1:30-2:30 p.m. "Drills For Speed"-Carol Moravec, Lincoln Southeast HS
 3:00-4:00 p.m. "What I Have Learned in 30+ Years of Coaching the Discus"-Steve Porter, Norfolk HS
 "Periodization for High School Sprinters in Nebraska"-Carol Moravec
 "What I Have Learned in 30+ Years of Coaching the Shot"-Steve Porter

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. "Start Your Season on the Right Foot"-Ann Ringlein, NE Wesleyan/Runners Store
 9:45-10:45 a.m. "Dealing With Lower Leg Pain in the Runner"-NE Orthopaedic Staff
 11:00a.m.-12:00 p.m. "The Use of Technology in Track & Field"-Kerry Kimple, Spor Tec

TENNIS

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "Coaching the Mental Game For High School Coaches"-Geoff Jagdfeld & Brian Clark, NE Tennis Center
 3:00-4:00 p.m. "Coaching a High Performance Player"-Geoff Jagdfeld & Brian Clark

Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "My Best Practices/Drills"-Round Table
 10:30 a.m.-12:00 p.m. District & Sports Meetings
 1:30-2:30 p.m. "To Motivate High School Athletes" Jesse Plote, NE Tennis Center
 3:00-4:00 p.m. "How to Grow a High School Program"-Jesse Plote

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 8:30-9:30 a.m. "TBA"
 9:45-10:45 a.m. "TBA"

SOCCER

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "The Socratic Method in Soccer-Coaching by Asking Instead of Telling"-Harlan Milder, Lincoln Pius X HS
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "Combination Play For Penetration-Creating Scoring Opportunities Out of the Middle"-Harlan Milder
 3:00-4:00 p.m. "The Breakaway Save-Goalkeeping"-Rebecca (Hornbacher) Sanow



Wednesday, July 30

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Winning the Cross and High Balls--Goalkeeping"-Rebecca (Hornbacher) Sanow
 10:30 a.m.-12:00 p.m. District & Sports Meetings
 1:30-2:30 p.m. "Pattern Play in Attack"-John Walsh, Millard North HS
 3:00-4:00 p.m. NSAA Soccer Rules Meeting

Thursday, July 31

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN

SOFTBALL

Tuesday, July 29

7:30 a.m. REGISTRATION AND EXHIBIT AREAS OPEN
 9:30-10:30 a.m. "Advanced Hitting: Learning to Hit Various Pitches For Line Drives"-John Tschida, University of St. Thomas
 10:45 a.m.-12:00 p.m. GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
 1:30-2:30 p.m. "Hitting Fundamentals For the Greedy Coach. Average & Power, John Tschida
 3:00-4:00 p.m. "Drills, Drills, Drills", John Tschida

Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Developing A Coaching Philosophy"-Rhonda Revelle, University of Nebraska-Lincoln
District & Sports Meetings
"Pitching Basics"-Tracy Bunge, University of Kansas
"Catching Techniques and Strategies"-Tracy Bunge

9:30-10:30 a.m.

"45 Minute Skills Workout Set To Music For All Ages"-Aurora Staff
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut

Wednesday, July 30

7:30 a.m.
8:15-9:15 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Building the Man to Man Defense/Group Work"-Mike Herzberg & Aurora Staff
"The Complete Curriculum-Things We Do"-Aurora Staff District & Sports Meetings

Thursday, July 31

7:30 a.m.
8:30-9:30 a.m.
9:45-10:45 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"My Best Drills"-Softball Roundtable
NSAA Softball Rules Meeting

9:30-10:30 a.m.
10:30 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Recognizing and Dealing With Concussions"-NE Orthopaedics Staff-

Thursday, July 31

7:30 a.m.
8:30-9:00 a.m.

CHEERLEADING

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.
10:45 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
AACCA Safety Certification Course, Lee Trudell, UCA
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
AACCA Safety Certification Course, Lee Trudell
AACCA Safety Certification Course, Lee Trudell

1:30-2:30 p.m.
3:00-4:00 p.m.

NOTE: The AACCA Certification Course is an additional \$75, and not included in the normal clinic registration fees. Additional course information is available in the bio section of the newsletter.

TRACK & FIELD

Tuesday, July 29

7:30 a.m.
10:45 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"Early Season Group Practices"-Jack Tarr & Malcolm Staff



Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Choreography 101-Nonbuilding"- Jennifer Morgan, UCA

1:30-2:30 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Long & Middle Distance Training"-Malcolm Staff District & Sports Meetings
"Hurdle Training"-Malcolm Staff
"Sprints & Handoffs"-Malcolm Staff

10:30 a.m.-12:00 p.m.
1:30-2:30 p.m.

District & Sports Meetings
"Creating PrinciPALS" (Getting Along with Administrators), Mo Duckworth & Jennifer Morgan, UCA
"Varsity Challenge"-Jennifer Morgan

Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.
10:30 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Recognizing and Dealing With Concussions"-NE Orthopaedics Staff

Thursday, July 31

7:30 a.m.
8:30-9:00 a.m.

Thursday, July 31

7:30 a.m.
8:30-9:30 a.m.
9:45-10:45 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Spotting Tumbling"- Mo Duckworth & Lee Trudell
"NFHS Motions, Jumps and Tumbling Credentialing"- Lee Trudell
"Putting the LEADER Back in Cheerleader"-Jennifer Morgan & Mo Duckworth

JUNIOR HIGH SPORTS SESSIONS

FOOTBALL

Tuesday, July 29

7:30 a.m.
9:30-10:30 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Why Have Junior High Football and Where Does It Fit in the Total Program"-Ron Mimick & Aquinas Staff
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"How to Build an Offense That Looks to the Future"- Aquinas Staff
"Building a Defense That Looks to the Future"-Aquinas Staff

10:45 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Swimming Rules"-Special Olympics Staff
"Stroke Technique & Drills"-Tracy Stauffer, Millard West HS & Heather Schwab, Fremont HS
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut
"Start & Turns"- Tracy Stauffer, Millard West HS & Heather Schwab, Fremont HS
"A Forum on Swim Training Techniques"

1:30-2:30 p.m.
3:00-4:00 p.m.

1:30-2:30 p.m.

ATHLETICS

Tuesday, July 29

8:15-9:15 a.m.
9:30 a.m.

"Athletic Rules and Protocol"-Special Olympics Staff
Released to attend Track & Field Break Out Sessions

Wednesday, July 30

7:30 a.m.
9:30-10:30 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Practicing to Improve and Gain Confidence"-Ron Mimick & Staff
District & Sports Meetings

3:00-4:00 p.m.

BOWLING

Wednesday, July 30

7:30 a.m.
8:30-10:00 a.m.
10:30 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Bowling Rules and Protocol"-Special Olympics Staff
"Beginning Drills"-Bowling Staff
"Finishing Drills"-Bowling Staff
"Lane Play and the Science of Adjustment"-Bowling Staff

10:30 a.m.-12:00 p.m.

Thursday, July 31

7:30 a.m.
8:30-9:00 a.m.

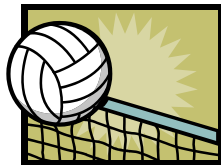
REGISTRATION AND EXHIBIT AREAS OPEN
"Recognizing and Dealing with Concussions"-NE Orthopaedics Staff-

VOLLEYBALL

Tuesday, July 29

7:30 a.m.
8:15-9:15 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Managing Practices: High Numbers vs. Little Time"-Jenny Gragert & Elkhorn Staff
GENERAL SESSION-"I Didn't Just Take Up Space on the Bench..."-Clayton Anderson, NASA Astronaut



10:45 a.m.-12:00 p.m.

BASKETBALL

Wednesday, July 30

8:15-9:15 a.m.
9:30 a.m.

"Basketball Rules & Protocol"-Special Olympics Staff
Released to attend basketball Break Out Sessions

BOCCIE

Thursday, July 30

7:30 a.m.
8:30-9:30 a.m.
9:45-10:45 a.m.
11:00 a.m.-12:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"The Court & Equipment"-Rick Childree
"Rules of Competition"-Rick Childree
"Definition of Playing Terms"-Rick Childree

GYMNASTICS

Thursday, July 31

7:30 a.m.
8:00-9:00 a.m.
9:30-10:30 a.m.
10:45-11:45 a.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"General Gymnastics Rules"-Special Olympics Staff
"Apparatus Training & Technique"-UNL Gymnastics Staff
"Cont'd Apparatus Training and Technique"-UNL Staff

Wednesday, July 30

7:30 a.m.
8:15-9:15 a.m.
10:30 a.m.-12:00 p.m.
1:30-2:30 p.m.
3:00-4:00 p.m.

REGISTRATION AND EXHIBIT AREAS OPEN
"Drill Progressions"-Elkhorn Staff
District & Sports Meetings
"Team Chemistry & Motivation"-Elkhorn Staff
"Training Serve Receive & Defensive Patterns"-Elkhorn Staff

Note* Additional Special Olympics Session for All Sports

Thursday, July 31

1:00-3:00 p.m.

"Unified Sports Training"-Special Olympics Staff

District Meetings will run from 10:45-11:30 on Wednesday at the following sites:

District 1	Auditorium	District 4	E117
District 2	Main Gym	District 5	Theater
District 3	South Gym	District 6	West Commons Lower

KEYNOTE SPEAKER

Clayton Anderson – NASA Astronaut – Anderson is a native of Ashland, Nebraska, graduating from Ashland-Greenwood high school in 1977. He earned his undergraduate degree from Hastings College, where he competed on the football, basketball, and track teams. Upon completion of his master's of science degree in Aerospace Engineering from Iowa State University in 1983, Anderson joined the Johnson Space Center and began his career with NASA. He held various mission planning and flight design positions before being selected as a mission specialist in June 1998. His training as a specialist included orientation briefings and tours, numerous scientific and technical briefings, intensive instruction in Shuttle and International Space Station systems, physiological training, T-38 flight training, and learning water and wilderness survival techniques. In 2007, Anderson spent a five month tour of duty working aboard the International Space Station, launching on June 8 aboard the Shuttle Atlantis and returning November 7 aboard Shuttle Discovery. Anderson spends part of his recreational time coaching youth sports, officiating college and high school basketball games, reading, writing music, and flying. He and his wife have two children, son Clayton "Cole" and daughter Sutton Marie.

KNOW YOUR SPEAKERS

VOLLEYBALL

Laura Pilakowski – University of Nebraska, Lincoln – Laura's many honors include two-time AVCA All-American volleyball player at Nebraska, three-time Academic All-American, and 2002-2003 Big 12 Female Sportsperson of the year. As a student athlete she also excelled in the weight room, being awarded twice for Husker Power Volleyball Lifter of the Year, as well as 2001 Husker Power Female Athlete of the Year. Laura is a Certified Strength and Conditioning Specialist and is in her fifth year as Assistant Strength and Conditioning coach for Nebraska volleyball, softball, and soccer. A native of Columbus, NE, Laura graduated with highest distinction from Nebraska in December of 2003.

John Cook – University of Nebraska, Lincoln – Coach Cook took over the reins of Nebraska volleyball in December of 1999 and guided his team to a 34-0 record and a national title in his first year at the helm. Then in 2006 he led the Huskers to another national championship, going 33-1 and becoming only the third team in NCAA history to be ranked No. 1 for the entire season. During his tenure at Nebraska, Cook has been awarded AVCA National Coach of the Year twice and has developed a program that draws overwhelming fan support and has an NCAA-record in consecutive sellouts at the NU Coliseum. Cook has over 25 years of coaching experience, including a stint with the U.S. Men's National Volleyball team in the 1992 Olympic Games. Cook and his wife Wendy, a former 2-time All-American setter at San Diego State, are the parents of two children, Lauren and Taylor.

Jim Miret – Front Range Volleyball Club – Head coach of the Front Range VBC since 1990, Jim has compiled a long list of coaching awards and achievements. He was named USAV Outstanding Male Coach in both 1999 and 2003, and USOC Developmental Coach of the Year, Volleyball, in 1999. During his tenure as coach at Front Range, Jim has coached championship teams for both the AAU and USAV Youth programs. Jim also served as Technical Assistant to the USA Women's Olympic Volleyball team from 1998 – 2000. In this position Jim traveled to China for the World League Championships and also participated in the Olympic Games in Sydney. Front Range VBC is a nationally acclaimed junior Olympic training club serving the Denver Metro area.

Neil Mason – TCA Volleyball – Born in Toronto, Canada, Neil is the Founder and Director of TCA Volleyball Club, serving players in 4 states and 119 cities. In his youth he played on Canada's Junior National Team, competing in Cuba and Puerto Rico, and as a volleyball player for Cal State Long Beach, he was named 1999 collegiate All-American. Coach Mason has led two National Championship teams and has also been awarded 2006 USOC Developmental Coach of the Year.

Jenny Gragert – Elkhorn High School Volleyball Coach – Jenny has been coaching high school volleyball in Nebraska for the past 10 years, during which time she has compiled a 189-79 record. She has coached EMC conference champions from 2002 – 2007, district champions from 2002 – 2005, and state champions in 2002 and 2004. A former player for the Elkhorn Antlers, Jenny considers it a career highlight to have coached the Elkhorn's championship team in the coliseum in 2004. Jenny and her husband Brian have 3 children and live in Omaha.

Fred Aubuchon – Hastings College Volleyball Coach – A native of Kalamazoo, MI, Coach Aubuchon has been the Broncos head volleyball coach for 5 years, coaching his teams to an overall record of 114-28. Over his eleven years as a head coach, he has compiled over 300 wins, 16 All-Americans, 29 Academic All-Americans, 11 National Championship appearances and 4 Final Fours. For the past three years, Coach Aubuchon's team has received the AVCA Team Academic Award with the top NAIA GPA in the country. Fred and his wife Sabrina reside in Hastings.

GOLF

Chris Wiemers – Head Pro, Happy Hollow Golf Club, Omaha – Chris considers himself fortunate to have played on many successful golf teams throughout his career, and highlights the fact that he was coached and mentored by one of Nebraska's most successful high school golf coaches, the late Ron Coleman of McCook. Chris has played in 2 Major Championships, the 2005 PGA Championship on Baltusrol and the 2006 PGA Championship in Medinah. He bases his golf instruction on the needs of the individual student, and his main focus is teaching his students to truly enjoy the game of golf. Chris and his wife Mackenzie have been married for 12 years and have 4 children.

Tom Erlandson – Head Pro, Woodland Hills Golf Course, Eagle – A graduate of St. Cloud State University in Minnesota, Tom has been teaching private and group lessons and leading clinics for all ages and skill levels as Head Golf Professional at Woodland Hills. He likes to give the golf student the tools they need to succeed, creating an instruction plan that suits each individual player. Before coming to Nebraska, Tom also worked with the High School Golf Team in Columbia Heights, Minnesota. He and his wife Christine have 2 boys and live in Lincoln.

BASKETBALL

Mike Herzberg – Aurora High School Basketball Coach – Mike has been coaching basketball at Aurora High School for 16 years, 11 of them as head coach. During this time his teams have made 5 State Tournament appearances, had 3 district championships, 3 conference championships and 4 holiday tournament championships. His coaching highlights include his state tourney appearances, coaching the 2003 NBDA Bison/Runza Jr. traveling team and the Central Nebraska All-Star Classic in 2002 & 2003, and coaching the 2000 Gatorade Player of the Year. Mike has two sons with his wife Holly, Superintendent of Hampton Public Schools.

Steve Bennett – New Castle High School, Indiana, Basketball Coach – A former Assistant Coach at the University of Evansville in Indiana, Steve has been Head Basketball Coach at New Castle for 11 years. He has the best winning percentage among Indiana coaches with 346 wins and 100 losses or 77.5%. During his years at New Castle his teams have won 13 championships, including the state championship in 2006. The son of an Illinois basketball Hall of Fame coach, Coach Bennett has one son with his wife Marsha.

Eric Behrens – Omaha Central High School Basketball Coach – Eric was Assistant Coach at Omaha Central for 4 years before becoming the Head Coach 7 years ago. His teams have won Class A State Championships for the last 3 years, 2006 – 2008. A former player at Omaha Central, Eric graduated in 1992 and continued his playing career at Central Community College before graduating from UNO. He has two daughters with his wife Trisha and resides in Omaha.

Todd Barry – Briar Cliff College (Sioux City, IA) Basketball Coach – Todd has been Head Coach for the Briar Cliff College Chargers for the past four years. He has also served as Director of Athletics at Wayne State College, Head Coach for men's basketball at Northwestern College in Orange City, Iowa, and teacher and coach at Maurice-Orange City High School. His college teams have made five national tournament appearances, and in 1992 he led his team to the NAIA Division II Championship game. Todd has coached 6 All-Americans and 8 different NAIA All-America Scholar-Athletes at Northwestern. He is married to Danielle and they have raised three daughters.

WRESTLING

John Fritz – Penn State University, former Wrestling Coach – John is currently serving as Director of Athletics & Recreation for Commonwealth Campuses in Pennsylvania. He was a wrestling head coach for 8 years, compiling a career record of 118-52-2. During his tenure as head coach at Penn State, John was awarded NWCA Coach-of-the-year and Big Ten Coach-of-the-year. He had 5 Top 5 NCAA Championship finishes, 4 NCAA Individual Champions, 9 NCAA Finalists, 21 All-Americans and 11 Big Ten

Champions. John has two daughters, Jessica and Meghan, and lives in Pennsylvania.

Brad Hildebrandt – Omaha Skutt Catholic Wrestling Coach – A former Division II All-American wrestler at UNO, Coach Hildebrandt has been coaching the Skyhawks at Omaha Skutt for 15 years. During that time he has led his team to 11 Nebraska State Class B Championships. He strives to develop life-long relationships with his athletes by enthusiastically coaching them to outwork their opponents. His coaching highlight is that he gets to work with fantastic groups of young people on a daily basis.

Michael Greenfield – University of Nebraska, Lincoln Head Asst. Wrestling Coach – Coach Greenfield spent his first three seasons at Nebraska as strength and conditioning coach before becoming assistant coach, then head assistant coach in 2006. Seven Husker wrestlers have earned 10 All-America honors since Greenfield joined the staff, and he helped the 2004 team earn a fifth-place NCAA Championship finish. A former wrestler for Central Michigan, Greenfield earned two All-America honors owning a career record of 108-39. He has one daughter, Madelyn, with his wife Melissa.

Russ Cozart – Brandon High School, Florida, Wrestling Coach– Russ has been a high school varsity wrestling coach and club level coach in Florida for 32 years, 28 of them at Brandon High School. He has coached his high school teams to 18 state titles, with 69 state champions and 155 state placers. His dual record at Brandon is 384-1. At the club level, Russ has coached 85 athletes to individual national championships and 143 to All-American. He and his wife Jeanna have two sons, Rocky and Joseph.

SOCCER

Harlan Milder – Lincoln Pius X Soccer Coach – As Head Coach of the Lincoln Pius X High School boys soccer team, Harlan led the team to the state Class B championship in 2006. Coach Milder has been a fixture on the Nebraska soccer scene since the late 1970's, helping develop and shape competitive youth soccer working with Capital Soccer Club and Gladiator Soccer Club. He has served several key roles with the Nebraska State Soccer Association, including that of President, and has participated nationally through his involvement in the US Youth Soccer Association.

Rebecca (Hornbacher) Sanow – Director of Coaching/Arsenal Soccer Club – Rebecca has returned to the friendly confines of Nebraska after serving as the Head Soccer coach at Iowa State University. Becky played professionally for the Boston Breakers and the New York Power before returning to coaching. Her playing years included three years as the starting goalkeeper at the University of Nebraska. Becky was also recently married.

John Walsh - Millard North HS – John brings thirty-four years of coaching experience to the 2008 clinic. He coached for six years at Omaha Creighton Prep, twenty-five years at Ralston and the past three years at Millard North. John has his master's degree in Education. Coach Walsh also has his USSF National B License and USSF National Youth License. He believes in teaching fundamentals, challenging players and having fun. He and his wife Fran have four children.

TENNIS

Brian Clark – Nebraska Tennis Center - Before beginning his tenure as General Manager of the Nebraska Tennis Center in 2005, Brian served in that same capacity at the Kansas City Racquet Club, and as Director of Tennis at the Yuma Racquet & Fitness Club in Yuma, Arizona. He also has held Director and Professional positions at the Enchantment resort in Sedona and Forest Highlands in Flagstaff. Brian has worked with players of all ages, coaching many to Pac-10, ACC, and Big Sky Scholarships.

Jesse Plote – Nebraska Tennis Center – A former tennis player for Creighton University, Plote is USPTR (United States Professional Tennis Registry) Certified – Professional Rating. He coached Men's and Women's Tennis at the University of Nebraska, Kearney from 2004 – 2007. Plote is a 2 time Rocky Mountain Athletic Conference Coach of the Year and was also the 2006 ITA North Central Coach of the Year. Plote is the Head Pro at the Nebraska Tennis Center.

Geoff Jagdfeld – Nebraska Tennis Center – Currently serving as Director of Tennis at the Nebraska Tennis Center and Director of Coaching for the Nebraska Jr. Tennis Academy, Geoff came to Nebraska after 14 years as Director of Junior Tennis at Midtown Athletic Club in Rochester, NY. He has coached at both the high school and collegiate levels and was Head Coach for the Junior Competition Training Center, Director of Junior Tournaments, and Junior Competition Board Member for the Eastern Section of the USTA. A USTA High Performance Coach, he has worked to elevate the level of High

Performance Coaching in the U.S. with the intent of facilitating the development of world-class American tennis Champions.

SOFTBALL

John Tschida – University of St. Thomas (St. Paul, MN) Softball Coach – In 13 years of college coaching, John has won three national championships and is the winningest Division III coach, active or retired, with a record of 491-87. Named NFCA Division III National Coach of the Year twice in the last 4 seasons, he is also the first softball coach to win NCAA championships at two different schools (St. Mary's in 2000 and St. Thomas in 2004). His players have earned 19 NCAA All-American honors, 38 Academic All-American honors, and 63 All-Conference honors. A St. Paul native, John coaches at St. Thomas alongside Head Baseball Coach Dennis Denning, his former high school baseball coach and mentor.

Tracy Bunge – University of Kansas, Lawrence, Softball Coach– After nearly a decade at the helm of the University of Kansas softball program, Coach Bunge has more wins than any other coach in KU softball history, leading her teams to their seventh straight season with a winning record. She has guided her squad to 4 NCAA tournament appearances, and in 2006 claimed the school's first-ever Big 12 Softball Championship. Bunge's coaching career began at Iowa State as an Assistant Coach. She then spent two years as an assistant coach at Yale and three years as Head Coach at Ohio University. A former softball standout at KU herself, Bunge graduated in 1986 and later was a member of the 1992 National Championship Softball Team. She is a native of Bartlesville, Oklahoma and currently resides in Lawrence.

FOOTBALL

Shawn Watson – University of Nebraska, Lincoln – Coach Watson began his third season at Nebraska in 2008 and his second as offensive coordinator and quarterbacks coach. Under his guidance, the Huskers threw for a school-record 3,886 yards in 2007, including the top three passing days in school history. Shawn has 26 overall years of college coaching experience, including a stint as head coach at Southern Illinois from 1994 to 1996. He came to Nebraska after seven seasons at Colorado, six of those as offensive coordinator. In 2001 Watson led a Colorado offense that was ranked 20th nationally, and was the third team in CU history to average both 200 yards rushing and passing. Watson and his wife Anita have a daughter, Amber, and two sons, Aaron and Adam, a walk-on defensive back for the Huskers.

Bo Pelini – University of Nebraska, Lincoln – Bo Pelini began his coaching career in 1991, serving as a graduate assistant coach at Iowa under Hayden Fry. He then served as quarterbacks coach at Cardinal Mooney High School in Youngstown, Ohio, before taking the leap to the NFL and the 49ers in 1993. He has nine years of NFL experience, helping the 49ers to victory in Super Bowl XXIX and coaching linebackers for the Patriots and the Packers. His first collegiate job came at Nebraska in 2003, where he served as coordinator for the Huskers' Blackshirt defense, finishing the year ranked first nationally in pass efficiency defense and second in scoring defense. He then spent one season at Oklahoma before joining the staff at LSU as Defensive Coordinator and helping his team win a BCS national championship. Named Head Coach of Nebraska following the 2007 season, Coach Pelini returns to the program having compiled a 55-10 record with the five collegiate teams he has been part of coaching. Bo is a native of Youngstown, Ohio, and has three children with his wife, Mary Pat.

Carl Pelini – University of Nebraska, Lincoln – The new Defensive Coordinator and defensive line coach at Nebraska brings many years of successful coaching experiences at both the high school and collegiate level. He began his career while still in college, working as an assistant coach at his alma mater, Cardinal Mooney High School. After graduation he joined Bob Snyder at Kansas State, working as a defensive graduate assistant coach, and after two years became assistant coach and defensive coordinator at Blue Valley North High School in Overland Park, KS. In 1995 he took the position of head coach and A.D. at Winnetonka High School in Kansas City, MO, turning around a program that had just one win in 25 years. His first collegiate coaching position came at Nebraska in 2003, working as a defensive graduate assistant and helping a defensive line unit earn a ranking of 2nd nationally in scoring and takeaways. After a season as defensive coordinator and secondary coach at Minnesota State Mankato, Carl joined the staff at Ohio University, coaching the defensive line and helping head coach Frank Solich turn around the Bobcat's football program before coming back to Nebraska. Carl and his wife Kelley are the parents of three children, Nicole, Danielle, and Dominic.

Bill O'Boyle – Chadron State College – Coach O'Boyle served as assistant coach at Chadron for 14 years before stepping in as head coach in December 2004. He has played a major role in the success the Eagles have enjoyed in recent years, having coached the offensive line and served as offensive coordinator for several years. Bill is well known for the numerous football camps he works on each summer, four of which are hosted by Chadron State and another as far away as Alaska. A native of Des Moines, IA, Coach O'Boyle is a member of a 'football family', with five brothers involved with high school football programs. Bill has one daughter with his wife, Susan Wickard.

T.J. Liles – Grandfield High School, Grandfield, OK – In his first year as head coach of Grandfield High School last year, Coach Liles led his team to the Class C State championship game and the runner-up trophy with an 11-3 record. He was named Class C Football Head Coach of the Year, Region 4 Football Coach of the Year, and was selected in 2008 as an 8-man All-Star counselor for the second time. He strives to be a positive role model for his players, and finds the most fulfilling aspects of coaching are to be able to positively motivate his players and help them develop into young men.

Jimmy Dushane – Fox High School, Fox, OK – Coach Dushane has been Fox High School's head football coach for the past two years, after a 5-year stint as head coach at South Coffeyville High School in Oklahoma. While at South Coffeyville he helped his team break a 30+ game losing streak, leading them to the playoffs & winning 19 games in two years. He has won 2 district titles as head coach and won 2 bi-district titles while assistant coach. His wife, Mary, is also a teacher and they have 4 children ranging in age from 2 – 17.

Todd Auer – Chadron State College – For the past 14 years, Coach Auer has been leading the defense at Chadron State as well as serving as the strength and conditioning coach. He is the recruiter for the states west of Nebraska and also helps to coordinate the football team camps that drew approximately 1,850 high school players this past summer. A native of Wisconsin, Auer played as a defensive lineman for Western Illinois University and received first-team All-American honors from both Football News and Kodak as a senior in 1986. He played three games at linebacker for the Green Bay Packers the following year.

Jas Bains – Chadron State College – Bains joined the Chadron State football staff as a graduate assistant in January 2005, shortly after graduating from Fresno State University. He was a member of the Bulldog's football teams that defeated Georgia Tech, UCLA, and Virginia in national bowl games. Coach Bains works with the cornerbacks and special teams at Chadron State.

Jerry Moore – Appalachian State University – Coach Moore has enjoyed a 46-year coaching career, the last two decades leading the Mountaineers at Appalachian State. His team won their second-straight NCAA Division I Football Championship Series (FCS- formerly Division I-AA) national title in 2006, and Coach Moore was awarded American Football Coaches Association Coach of the Year both of those years. In January of 2006 Coach Moore served as assistant coach at the annual Hula Bowl All-Star Game in Honolulu. A native of Bonham, TX, and an alum of Baylor University, Moore and his wife Margaret have three children and six grandchildren.

TRACK/CROSS COUNTRY

Jack Tarr – Malcolm Public School – Coach Tarr will be starting his 30th year working with the track program in Malcolm in 2008 and his 16th year as the head coach. While he has been at the helm, Malcolm has had 14 conference championships & 7 district championships. He has led teams to the state meet every year for the past 13 years. Jack strives to make track a fun place to be and is proud of his Class C-2 program that has over 60 athletes participating. He and his wife Kim have been married for 29 years and have 2 children and 3 grandchildren.

Bob Hoyer – Malcolm Public School – For the past 34 years Bob has been coaching athletes at Malcolm High School. He started the cross country program at Malcolm 23 years ago and has played a significant role in it's growth and development, leading 7 boy's teams and 1 girl's team to state championships. Coach Hoyer has also served as head girl's basketball coach and assistant and head coach of football at Malcolm High School. He strives to emphasize the importance of individual improvement and self-esteem through positive reinforcement. Coach Hoyer credits his wife Nancy and son Josh for being his support system throughout his coaching career.

Troy Pritchett – Malcolm Public School – Troy's coaching experiences include 13 years as head basketball coach, 3 years as head boys track coach, 6 years as head coach of Jr. High boys track, and 3 years as an assistant track coach. A graduate of Perkins County High School, Pritchett received his undergraduate degree from UNL and his Masters from Doane College in

Crete. He strives to help his athletes learn the value of the game and how it can benefit their future.

Chris Dishman – Malcolm Public School – Chris was the offensive and defensive lines coach at Lincoln North Star High School for 3 years before going to Malcolm last year to coach shot put and discus athletes in the track program. He gets great satisfaction out of watching his athletes develop confidence and become "better than their best!" A 1992 graduate of Cozad High School, Coach Dishman went on to play football at UNL from 1992 – 1996, winning two national championships. After college he played for 7 years with the Arizona Cardinals and 2 years for the St. Louis Rams before retiring from football in 2005. Chris and his wife Audra have been married for 11 years and have one daughter and one son.

Danis R. Willet – Malcolm Public School – Danis has worked with track athletes at Malcolm, Lincoln Northeast, UNL, Stromsburg, and Grand Island. She was a Nebraska state champion and record holder in the 400M and was inducted into the UNK Athletic Hall of Fame in 1992. Coach Willet believes that mental preparation is half of the contest and urges her athletes to train hard. She and her husband Scott have 2 sons who both compete in track and cross country for their schools.

Greg Adams – Malcolm Public School – Greg is a graduate of Sioux City East High School where he was a State Runner-Up in discus. He coached track athletes at Des Moines Hoover for 6 years and Plattsmouth High School for 8 years before coming to Malcolm 2 years ago. He has 3 children with his wife Christine.

Scott Amen – Malcolm Public School – Coach Amen began his career at Crete High School where he worked as a volunteer assistant. He coached football, basketball and track while teaching at Fullerton High School and has been doing all those things at Malcolm for 9 years. He and his wife Kim have 3 children and reside in Malcolm.

Damon Martin – Adams State College, CO, Director of Track & Field – In his 17th year in charge of the women's program at Adams State and the 11th year leading the men, Martin has coached a total of 15 National Championship teams and guided 508 All-Americans and 54 individual national champions. He is highly regarded as one of the best coaches in the country and has been awarded National Coach of the Year seventeen times. A Texas native, Martin has been married over 20 years to his wife, Konnie, and has two children.

Carol Moravec – Lincoln Southeast High School – Fourteen of Carol's sixteen years coaching have been at Lincoln Southeast. She was head girl's track coach from 1999-2004, during which time her team earned 4 State Championships from 2000-2003. She has received several coaching honors, including Lincoln Journal Star High School Girl's Track and Field Coach of the Year in 2003, Ralph Beechner Coach of the Year in 2004 and National Federation High School Association Nebraska Girls Track Coach of the Year in 2004. Coach Moravec has also been inducted into the Concordia University and the NAIA Track and Field Hall of Fame. Carol has two children with her husband Chris.

Marion Brink – Wayne State College – Coach Brink is currently in his 8th year as head coach of both the men's and women's cross country team and the men's and women's track and field team at Wayne State. In 2006 he guided his women's cross country runners to a first place finish in the NSIC Championships. This was the first ever NSIC championship for the Wildcats. Brink was honored that year with the NSIC Women's Cross Country Coach of the Year. Under his tenure, WSC athletes have won 35 individual NSIC championships for men and 25 more for women in track and field. A native of Atkinson, NE, Marion began his coaching career at South Dakota State University. He and his wife Jeanne are the parents of one daughter and one son and reside in Wayne.

Bob Braman – Florida State University – In his 5th season as head coach of the Seminoles track and field program, Coach Braman has acquired a long list of accolades and achievements. He led his team to their first NCAA Outdoor Track and Field national championship in 2006, then repeated that feat in 2007. Meanwhile his women's teams have enjoyed its best two finishes in over a decade. Since Braman took over as head coach in 2004, the Seminoles have won 85 All-American honors, more than in the previous 10 years combined. In 2006 and 2007 he was awarded NCAA Division I Men's National Outdoor Track Coach of the Year, and has received numerous other Coach of the Year honors at the regional and conference levels. A former cross country athlete at the University of Florida, he was a record holder in the indoor three-mile run. Bob and his wife Debbie have two teen-age sons.

Steve Porter – Norfolk High School – Steve has been coaching track and football at Norfolk High School for 30 years. During this time he has led one team to the state championship and coached 7 state champs in throws. At the 1984 state meet, his discus throwers took all three top places. He was awarded the Northeast Track and Field Achievement Award in 2007. Coach Porter attended Chadron State before graduating from Kearney State and emphasizes the importance of fundamentals in developing his athletes.

Five coaches among 19 Hall inductees

Five coaches, 11 athletes, two contributors and an official will be inducted into the Nebraska High School Sports Hall of Fame during ceremonies Sept. 28 at the Lied Center in Lincoln.

This year's inductees include:

— **Harold "Mac" Maciejewski**, coach: In 31 years at Wayne, his teams compiled a 76-44-7 record in football and 245-81 record in basketball. His teams won the Class B basketball title in 1956 and the state golf title in 1985. He also coached at Loup City and Manila, Ark.

— **Jim Morrison**, coach: In 41 years at Howells, he coached the Bobcats to five state titles. He compiled a 594-326 record, including three years at Dodge.

— **Gail Peterson, coach**: His Crofton cross country teams won 15 state championships — nine girls and six boys — and were runners-up eight times.

— **John Reta**, coach: He led Lincoln Southeast to eight consecutive boys state swimming titles from 1959-66. His swimmers won 11 individual titles and set 18 state records.

— **Larry Ribble**, coach: His boys basketball teams won seven state titles, two at Pawnee City and five at Millard South. He coached at Millard/Millard South from 1977 until 2004 to complete a 509-280 record.

— **Charles Bryant**, athlete, Omaha South (1950): An all-state selection in football and a letterman in wrestling, Bryant starred at Nebraska where he was All-Big Seven in football and a Big Seven wrestling champion.

— **Tom Haase**, athlete, Aurora (1987): The Athlete of the Year in 1987, he was all-state in football and basketball and posted the third-best long jump in state history (24 feet, 6½ inches).

— **Kurt Lauer**, athlete, Gibbon (1964): Holds the state record with 956 points in the 1963-64 basketball season. He had 59 points in a single game, scored more than 50 points in five games that year and had six more games of 40 or more points.

— **Dave Lebsack**, athlete, Lincoln Northeast (1962): The 1962 Athlete of the Year, he earned nine letters in football, basketball and baseball. He was all-state in foot-



Tickets to the Sept. 28 induction ceremony at the Lied Center in Lincoln are \$25 for adults and \$10 for high school and elementary students. Pre-school children are admitted free.

Doors open at noon with the program beginning at 1:30 p.m.

Tickets are available by contacting the Nebraska Sports Council at P.O. Box 29366, Lincoln, NE., 68529, or by calling 1-402-471-2544 or, in Nebraska, 1-800-304-2637.

ball and basketball. The Rockets were 9-0 and the state ratings champion in football and won the state basketball title his senior year.

— **Paul Mohr**, athlete, Scottsbluff (1950): A two-time All-SWC first baseman for the Texas Longhorns, he was a second-team All-American as a senior. He led the Scottsbluff American Legion team to a runner-up finish in 1949, played football for the Bearcats and was the leading scorer on the 1950 basketball team that was the Class A runner-up.

— **Joe Scarpello**, athlete, Omaha Central (1942): A three-time state wrestling champion, he helped the Eagles win four consecutive team titles. In college, he was a four-time Big 10 champion at Iowa, winning the 1947 and 1950 NCAA championships.

— **Cory Schlesinger**, athlete, Columbus (1990): The athlete of the year in 1990 was all-state in football and a two-time state wrestling champion with a combined record of 64-3. A two-year starter at Nebraska, he played in the NFL for 12 years.

— **Russ Snyder**, athlete, (1952): A starting outfielder for the 1966 World Series Champion Baltimore Orioles, he was a three-sport standout at Nelson, he earned all-conference honors in football and basketball and qualified for the state track meet in five events in 1952.

— **Teri Steer-Cantwell**, athlete, Crete (1993): The 1993 female Athlete of the Year, she won a bronze medal at the 1999 World Championships. At SMU, she set the Western Athletic Conference record in the discus and was a two-time national champion in the shot put. At Crete she was a three-time all-class gold medalist in the shot put and swept the Class B shot put and discus titles all four years. She earned all-state honors in basketball and all-conference in volleyball.

— **Nikki (Stricker) Best**, athlete, Lincoln East (1990): Lincoln's second female to earn 12 letters, she was the Athlete of the Year in 1990. She earned all-state honors in volleyball and basketball and All-America honors in volleyball. At Nebraska, she was the 1993 Big Eight volleyball player of the year.

— **Larry Vlasin**, athlete, Madrid (1965): The first Class D athlete named the Lincoln Journal Star's Athlete of the Year, Vlasin earned all-state honors playing for Madrid's undefeated eight-man football teams of 1963 and '64. He holds the national eight-man rushing record averaging 338.9 yards per game. He earned all-state honors in basketball and qualified for the state track meet.

— **Con Marshall**, contributor: Marshall was the Sports Information Director at Chadron State College from 1969 until his recent retirement. He compiled football records for the high school teams in the 11 Panhandle counties, and basketball and track records for schools in northwest Nebraska.

— **Wally McNaught**, contributor: The retired coach and athletic director at Lincoln Southeast was involved in high school sports for more than 45 years. He coached football, basketball and track while at Harvard, Crete, Omaha Bryan and Southeast. He has been a member of the Hall of Fame Board of Directors since 1997, serving as president from 2005 to 2007.

— **Rudy Stoehr**, official, Lincoln: An outstanding basketball and baseball player at Lincoln Northeast and Nebraska Wesleyan, Stoehr played minor league baseball before becoming one of Nebraska's most-recognized basketball referees. He officiated Nebraska high school basketball from 1963-89, working more than 1,000 games and 16 state tournaments.

Other special awards to be presented at the induction ceremony:

— Great Moments in High School Sports: Alliance girls basketball team making 27 straight free throws in the title game at the 2007 state tournament; Randal Carter's 7-foot, 4-inch high jump at the 2007 state track meet.

— Ron Gustafson Inspiration Award: Former Swimmer Staci Perrigo-Venneman, A 1991

graduate of Omaha Northwest, who was born without a right arm below the elbow but swam competitively and was named the 1991 U.S. Female Athlete of the Year by the U.S. Amputee Athletic Association.

— Golden Anniversary Teams: Lincoln High boys basketball 1958-59, and McCook Red

Willow football, basketball and track of 1958-59.

— Silver Anniversary Teams: Crofton boys and girls cross country, 1983-84; Henderson football and boys basketball, 1983-84; and Omaha Central girls basketball, 1983-84.

— Fischer Family Award: Victor and Ann Borer family of Albion.

For a complete listing of past inductees, go to www.nebhallowofame.org

CONGRATULATIONS TO NATIONAL COACH- OF-THE YEAR FINALISTS

The Nebraska Coaches Association has been notified by the National High School Athletic Coaches Association that the following coaches have been selected as finalists for Coach of the Year in their respective sports:

Football	Jeff Bellar	Norfolk Catholic
Girls' Basketball	Ken Cook	Freeman
Volleyball	Jake Moore	Lincoln Pius X
Boys' Basketball	Larry Pritchett	Perkins County
Girls' Track & Field	Al Shirley	Lexington
Boys' Track & Field	Tim Turman	Wahoo Neumann
Girls' Cross Country	Roger Wright	Omaha Marian

The National Coaches of the Year will be announced at the NHSACA National Awards Banquet, which will be held on Wednesday, June 25 in Colorado Springs, CO. The NHSACA's Annual Meeting will be held June 21-25 at the Double Tree Hotel in Colorado Springs. Registration information is available on the NHSACA's web site at hscoaches.org. Congratulations to these outstanding coaches on this prestigious honor.

25-YEAR COACHES TO BE HONORED

Every year the Nebraska Coaches Association is privileged to honor those coaches who have served our youth and schools at the middle and high school level. The NCA office has received the following names of those coaches who have met that standard this past year. They will each be invited as guests of the NCA to receive their plaque symbolic of their tenure in the coaching ranks. If you have coached for 25 or more years and have not yet received this award, please submit your name to the NCA office ASAP in order to be recognized at this year's banquet. You can also download the form from the NCA's web page at ncacoach.org. If you should be receiving your award this year, make sure you contact us at steve@ncacoach.org or call us at 402-434-5675. Here is a list of those being recognized this year:

Jon Cerny	Bancroft-Rosalie	Doug Jones	Elgin
Rick Eichholt	Neligh-Oakdale	Bill Lentz	David City
Tim Fichtner	Milford	Ron Mimick	David City Aquinas
Chris Hutt	Johnson County	Terry Smith	Meridian
Warren Jackson	Valentine	Darrel Timm	Neligh-Oakdale
Ruben Ruybalid	Nebraska Christian		



2008 FCA CLINIC LUNCHEON

WEDNESDAY, JULY 30

12:00 NOON

NORTH STAR AUDITORIUM

FEATURED SPEAKER – TBA

LUNCH AVAILABLE AT THE NORTH STAR BOOSTERS CONCESSION STAND

STATE CHAMPION COACHES TO BE HONORED

It takes long hours of work in the weight room, hosting camps and clinics, late nights evaluating films and hours setting up practice schedules and game plans. Coaches who are fortunate enough to have the athletes mold together as a team and play to their best abilities may also have the opportunity to achieve the ultimate goal, a state championship. Every year the NCA invites the coaches of the state championship teams to the Annual Awards and Recognition Banquet as their guest. Each of these coaches, as members of the NCA, is also eligible for Coach of the Year honors. The 2007-08 State Champion coaches (excluding spring sports) are as follows:

FALL SPORTS

Boys' Cross Country	A	Mark Meier	Omaha Benson High School
Boys' Cross Country	B	George O'Boyle	Lincoln Pius X High School
Boys' Cross Country	C	Doug Zoucha	Norfolk Catholic High School
Boys' Cross Country	D	Paul Wurst	Perkins County High School
Girls' Cross Country	A	Roger Wright	Omaha Marian High School
Girls' Cross Country	B	George O'Boyle	Lincoln Pius X High School
Girls' Cross Country	C	Jim Meyer	Fort Calhoun High School
Girls' Cross Country	D	Jayne Arens	Crofton High School
Volleyball	A	J.J. Toczek	Papillion-LaVista High School
Volleyball	B	Jake Moore	Lincoln Pius X High School
Volleyball	C1	Wendy Alexander	Ord High School
Volleyball	C2	Sharon Zavala	Grand Island CC High School
Volleyball	D1	Rebecca James	Bancroft-Rosalie High School
Volleyball	D2	Jody Rhodes	Paxton High School
Boys' Tennis	A	Jeff Hoham	Lincoln East High School
Boys' Tennis	B	Josh Budler	York High School
Girls' Golf	A	Jim Miller	Omaha Marian High School
Girls' Golf	B	Darrell Hoffman	Beatrice High School
Girls' Golf	C	Devin Muirhead	Valentine High School
Softball	A	Todd Petersen	Papillion-LaVista High School
Softball	B	Terry Graver	Elkhorn High School
Softball	C	Abby Sheets	Tekamah-Herman High School
Football	A	Jay Ball	Omaha Central High School
Football	B	Chuck McGinnis	Crete High School
Football	C1	Mark Brahmer	Pierce High School
Football	C2	Justin Smith	Wakefield High School
Football	D1	PJ Book	Pope John High School
Football	D2	John Miller	Chambers High School

WINTER SPORTS

Wrestling	A	Doug Denson	Millard South High School
Wrestling	B	Brad Hildebrandt	Omaha Skutt Catholic High School
Wrestling	C	Ken Loosvelt	Madison High School
Wrestling	D	Brian Jones	Howells High School
Boys' Swimming	A	Tom Beck	Omaha Creighton Prep High School
Girls' Swimming	A	Tracy Stauffer	Millard West High School
Girls' Basketball	A	John Larsen	Lincoln Southeast High School
Girls' Basketball	B	Kelly Flynn	South Sioux City High School
Girls' Basketball	C1	Tim Kassmier	Norfolk Catholic High School
Girls' Basketball	C2	Chris Mestl	Perkins County High School
Girls' Basketball	D1	Trudy Samuelson	Bancroft-Rosalie High School
Girls' Basketball	D2	Brock Eichelberger	Ewing High School
Boys' Basketball	A	Eric Behrens	Omaha Central High School
Boys' Basketball	B	Jim Weeks	Beatrice High School
Boys' Basketball	C1	Rob Kober	Hastings St. Cecelia High School
Boys' Basketball	C2	Terry Warner	Elmwood-Murdock High School
Boys' Basketball	D1	Chris Paulson	Archbishop Bergan High School
Boys' Basketball	D2	Doug Goltz	Falls City Sacred Heart High School

2008 LEVEL IV CAREER MILESTONE HONOREES

The 2008 Awards and Recognition Banquet will also be the time to recognize the Level IV Milestone Award Winners. The criteria for the Milestone Awards are on the NCA's web page at ncacoach.org. Click on "Awards" then scroll down to Career Milestone Application and Criteria. This year's Milestone honorees are:

2008 NCA CAREER MILESTONE WINNERS

Doug Goltz	Football	IV	Frank Samuelson	Basketball	IV
Todd Hoyt	Football	I	Trudy Samuelson	Basketball	III
Lois Hixson	Volleyball	II	Chuck Burney	Softball	I
Jody Rhodes	Volleyball	III	Kevin Dunn	Softball	I
Bob Wald	Volleyball	II	David Emanuel	Softball	I
Mark Bouwman	Basketball	I	Welden Zepf	Boys' Golf	I
Chuck Burney	Basketball	I	Jeffrey Hoham	Boys' Tennis	IV
Mark Hrabik	Basketball	III	Gregory Mcvicker	Girls' Track	II,III
Jim LaMaster	Basketball	II	Bill Carlin	Boys' Track	III
Craig Nobiling	Basketball	I	Rick Eickholt	Boys' Track	III
Gary Nunnally	Basketball	I	Dennis Koinzan	Boys' Track	III, IV
Charles Perone	Basketball	I,II,III,IV	Kip Ramsey	Boys' Track	I
Kip Ramsey	Basketball	I	Larry Ribble	Boys' Track	III
Gerry Reinsch	Basketball	III	Todd Hoyt	Wrestling	I
Frank Ryan	Baseball	III	Craig Mauler	Wrestling	I

Applications will processed if they are received by June 1!



IN THE GOOD OLD SUMMERTIME!



Dr. Jim Tenopir, NSAA
Executive Director

I am reminded of the
George Evans and
Ren Shields song,
“There’s a Time Each
Year.”

*In the good old summertime,
In the good old summertime,
Strolling thru' a shady lane
With your baby mine.
You hold her hand and she holds yours,
And that's a very good sign
That she's your tootsie wootsie
In the good, old summertime.*

That old-time tune was a favorite fare for the old Chautauquas and barbershoppers of years gone by. But after the harsh winter we’ve experienced this year in most of Nebraska, and the cold, windy, snowy, and rainy early spring conditions foisted upon us by the fickle Mother Nature, many of us are longing for the Good Old Summertime!

Your thoughts of summertime might not bring memories of “strolling thru a shady lane,” but summertime undoubtedly has significance to you. For many educators, summertime means a time of recharge—a time to relax, a time to do some personal travel or vacationing, and a time to catch up on many of those home “to do” chores that were left undone until after the school year.

For others, it is teaching opportunities in a summer school setting, or graduate work to attain a higher degree or to “move” on the salary schedule. Still others use the summer months to pick up another job to help supplement their teachers’ salary.

However, for most of Nebraska’s coaches, summertime means all those things, and more. For many coaches, there’s the commitment of opening the weight room, planning and administering school camps, and arranging and sponsoring athletes in summer leagues.

Those summer activities are not without their guidelines and restrictions. Most of us think of summer as that time from late June into August, but for NSAA activities purposes, summertime is more specifically defined as the Tuesday following Memorial Day (May 27, 2008) through July 31. This is the time that coaches and athletes may work together to prepare for sports seasons for the coming school year.

While most coaches feel they know and understand the NSAA rules for summer activities, I think it is a good refresher to emphasize some of those rules that generate the most questions to our offices.

First off, the summertime period starts on the Tuesday following Memorial Day—not on Memorial Day. And the summertime period ends on July 31—not August 1. This year, July 31 falls on a Thursday, and we’ve had a number of calls requesting a waiver to permit school camps on Friday, August 1. Those waivers have not been granted. The summertime period ends on July 31. The organized practice rule (Bylaw 3.2.3) takes effect starting August 1 and continues through next Memorial Day.

NSAA bylaws indicate that there are no restrictions between coach and athletes during the designated summertime period; however, the school cannot provide support for summer activities. The school cannot provide team uniforms for summertime use, and school facilities for commercial camps, leagues, and other such activities can only be used if the facilities are accessed in accordance with the local school board rental policy. Rental fees are not required for the school clinics, open gyms, and conditioning sessions.

There are two exceptions to the “no school support for summertime activities” rule. With prior approval from the school’s board of education, school vehicles may be used to transport students to summer camps and leagues. Secondly, the school protective equipment may be checked out to students for commercial football camps. Contact football drills can only be conducted in commercial camps.

Every school may hold one school clinic/camp in each sport the school sponsors. Such school clinics/camps must be held between the Tuesday following Memorial Day and July 31. Such camps may be held on up to ten total days, spanning a period of a maximum of 21 consecutive days. Contact football drills are not permitted during that time.

Summertime activities are considered VOLUNTARY activities. NSAA bylaws specify that



coaches and schools cannot require students to attend those voluntary summer activities. It is a violation of NSAA bylaws for a coach to indicate to students that they cannot come out for a sport or cannot make a certain team (make varsity, for example) if the student fails to attend camps, conditioning, or open gym situations (Bylaw 3.2.8). We regularly hear from parents when some coaches make those comments or send those requirements out to athletes in letters.

I must commend Nebraska coaches for the efforts they make to help develop and prepare their student athletes over the summer months. Many of those coaches toil long hours on strictly a volunteer basis; and frequently, if the coach is compensated for those summer responsibilities, it generally amounts to a token stipend. Most coaches commit to the summer training regimen to help students maximize their potential when the school season arrives. Those coaches are saluted for their selfless commitment to kids.

Coaches are committed to the education and skill development of their athletes, but, all too

often, many coaches fail to make the same commitment to their own education and development.

Nebraska coaches have a prime opportunity to learn and network every summer. The Nebraska Coaches Association does an outstanding job of bringing in quality clinicians for its late July coaches clinic. The sessions and the growth opportunities for coaches are outstanding. If you are one of those coaches who hasn't been regular in attendance at the NCA Coaches Clinic, I would encourage you to register and attend this summer. You won't be disappointed.

This year's clinic is scheduled for July 29-31. Coaches, I would encourage you to wrap up your summer camps and leagues before July 29, so that you can treat yourself to three days of instruction, interaction with other coaches, and some great social time.

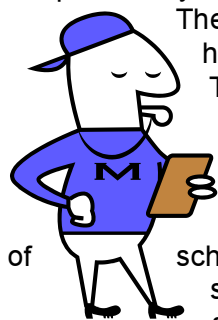
Yes, it won't be long and it will be the "Good Old Summertime." Consider putting as much effort into your coaching skill development as you do into training and developing your student-athletes.

REFLECTIONS FROM THE NEBRASKA COACHES ASSOCIATION SCHOLARSHIP COMMITTEE

While it has been a pleasure to be part of the Nebraska Coaches Association Scholarship selection process the past four years, it has also been a tedious process.

The sheer number of applications alone would make most people cringe from the thought of having to read each one. However, the real chore is having to decide on the best of the best. This is not an easy task!

Over 350 applications were submitted this year representing the state's 6 districts. These were more than 350 of the top student athletes in the state, regardless of school classification. Each and every school represented can be very proud of their top caliber applicants, athletically and academically. It would be great if the NCA could award hundreds of scholarships, as each applicant is very deserving. However, the committee must make 1 or 2 selections per district with an alternate. Thirteen teachers and coaches were part of the selection process. Again, this is not an easy job! Athletes and their coaches must understand that the application must be complete, well done, well thought out and hold the attention of the readers (judges).



How can you as a coach or athlete help in the process?

1. Make sure that a comprehensive letter of recommendation is submitted.
2. Submit word processed applications. If hand written, they must be neatly done.
3. Proof read applications for proper writing conventions, such as grammar, spelling and sentence fluency.
4. List all volunteer involvement in the community, as well as participation in other school activities.
5. Include all requested information and forms required in the process.

Again, the state of Nebraska can be very proud of the many quality applicants. The screening process is difficult, and those selected are top notch student athletes. Hopefully, by following the aforementioned recommendations, coaches can help future students in their scholarship endeavors.

Regina McCann
Biology, Chemistry Teacher, Kearney Public Schools
Tom McCann
Health, Physical Education Teacher,
Kearney Public Schools

2008 ALL-STAR TEAMS

BOYS' BASKETBALL

BLUE TEAM

Kendal Bender	6'3"	G-F	Humphrey SF
Jesse Carr	6'2"	G	Ainsworth
Garth Hamilton	6'7"	C	Lincoln East
Josias Hueser	5'11"	GP	PLV South
Josh Jones	6'2"	G	Omaha Central
John Levorson	6'4"	F	Crete
Mitch Liberty	6'5"	F	Falls City
Josh Lynch	6'8"	C	Elkhorn
Kyle Obermeier	5'9"	G	North Platte
Andrew Palmer	6'2"	G	Waverly
Jake Reinders	6'8"	F-C	Omaha Skutt
Josh Riser	5'9"	G	Lincoln High

Head Coach - Dave Mroczek - Minden

Assistant Coach - Chris Kraus - Hyannis

RED TEAM

Porter Birtell	6'7"	F-C	Lutheran High NE
Jory Crouch	6'4"	F	Grand Island
Koang Doluony	6'7"	F	Omaha Bryan
Wes Eikmeier	6'3"	G	Archbishop Bergan
Mike Fox	6'5"	F	Beatrice
James Futch	5'8"	G	Bellevue East
Nate Olson	6'1"	G	Norfolk
Zach Rosenboom	6'6"	F	Oakland-Craig
Shavontae Samuels	6'	G	St. Edward
Nick Schleich	5'10"	G	Lincoln Southeast
Jens Scholl	6'3"	G-F	Deshler
Antoine Young	5'11"	G	Bellevue West

Head Coach - Fred Kluck - Bruning-Davenport

Assistant Coach - Ben Ries - Norfolk

GIRLS' BASKETBALL

BLUE TEAM

Autumn Boyer	5'9"	G	South Sioux City
Cheryl Braithwait	5'5"	G	Arapahoe
Nicole Brungardt	5'9"	G-F	Norfolk Catholic
LeaAnn Jameson	5'10"	G-F	Minden
Debi Johnson	5'6"	G	Perkins County
Angela Kuca	5'11"	F-C	Lincoln Lutheran
Amber Peterson	5'9"	G-F	Elkhorn
Heather Pohl	6'	F-C	Millard West
Erin Reynoldson	5'8"	G	Lincoln East
Megan Salcedo	5'11"	C	Omaha Marian
Kali Schnacker	5'11"	G-C	HTRS
Alicia Statler	6'1"	C	Grand Island CC

Head Coach - Rick Chramosta - Minden

Assistant Coach - Linda Walker - Wahoo

RED TEAM

Megan Allison	5'11"	G	Cross County
Ashley Arp	5'11"	F	Kearney
Eva Benson	6'1"	F-C	Overton
Katie Birkel	5'8"	G	Lincoln Southeast
Kilee Edson	5'7"	G-F	Fairbury
Mia Gilreath	5'11"	F	Omaha Burke
Brittany Gunn	5'5"	G	Omaha Burke
Tessa Kreutzer	5'8"	G-F	Holdrege
Kristine Ortmeier	5'10"	F	West Point CC
Alexa Phipps	5'8"	G	South Sioux City
Jordan Searcey	5'9"	G	Lincoln Pius X
Morgan Wilken	6'1"	C	Crofton

Head Coach - Bill Rice - Lincoln Pius X

Assistant Coach - Aaron Losing - Crofton

VOLLEYBALL

BLUE TEAM

Ann Ahrens	5'11"	MH/OH	Minden
Terra Andreasen	5'10"	MH/OH	Bellevue East
Brittany Asche	5'5"	OH	NorthWest
Keelin Bourne	6'3"	RS/S	Millard North
Jena Isaacson	6'	MH	Holdrege
Carly Jenson	5'11"	OH	Millard North
Alex Miller	5'9"	DS	Grand Island
Kelsey Petersen	6'	MH/OH	Kearney
Brigitte Root	5'10"	S	Grand Island
Shelby Schults	6'	MH	Cambridge
Anna Wagner	6"	OH	Lincoln East
Jessica Way	5'9"	S	Lincoln Southwest
Katleyn Wheeler	5'11"	MH	FCSH

Head Coach - Bill Root - GI

Assistant Coach - Linda Johnson, Meridian

RED TEAM

Erica Beacom	6'	MH	Elkhorn
Megan Bober	6'	RS/S	Elm.-Murdock
Cara Carson	5'11"	S	Omaha Gross
Leigh Connot	5'9"	OH/DS	Lincoln Pius X
Paige Dollison	6'	MH	Omaha Marian
Tali Fredrickson	5'7"	OH	Grand Island CC
Jennie Hutt	5'8"	OH	Papillion-LaVista
Elaina Knowles	5'8"	S	Omaha Marian
Michelle Kuester	6'2"	MH	Norfolk Catholic
Mollie Lacy	5'11"	MH/OH	Lincoln Pius X
Kellie Peterson	5'11"	MH	Ord
Skyilar Rohde	5'7"	RS/S	Ansley
Erica Waggoner	6'	OH	Alma

Head Coach - Mike Smith, Alma

Assistant Coach - J.J. Toczek, Papillion LaVista

SOFTBALL

BLUE TEAM

Cassie Baete-Jobman	2B/OF	Beatrice
Allison Brandt	2B	Milford
Dani Bryant	OF	Lincoln Southwest
Brooke Cronican	P/IF	Ralston
Madison Drake	IF/P	Lincoln Southwest
Jamie Gay	3B	Beatrice
Ashley Hagemann	P/1B	Elkhorn
Nikki Haget	2B	Elkhorn
Sarah Hoehne	C/2B	Lincoln Southeast
Liz Hullinger	C/3B	Elkhorn
Mallory Johnsen	P/CF	Beatrice
Shelly Martin	3B	Omaha Westside
Jackie Nordell	2B/C	Lincoln Southwest
Nicole Sempek	P	Columbus Lakeview
Kim Sladek	IF	Fill. Ctrl-Exeter Mill.

Head Coach - Dennis Dodge - Beatrice

Assistant Coach - Tom McCall - Milford

RED TEAM

Jennifer Bohle	SS	Omaha Westside
Amanda Forgey	C	Lincoln East
Sarah Gamache	C, IF	O. Burke
Leigh Gramke	3B	Tekamah-Herman
Alyssa Kirsch	IF	PLV South
Mikaela Klein	SS, 2B	Northwest
Lauren Larson	C	Millard North
Alexa Mackevicius	P	PLV South
Erica McCoy	CF	Bellevue West
Danielle Mowinkel	P	Logan View
Melaine Patrick	CF	Hastings
Tabitha Russell	SS	Chase County
Christa Ruf	OF	Omaha Westside
Stephanie Schmidt	OF	Columbus Lakeview
Krista Steen	3B, SS	PLV South

Head Coach - Mike Witt - Northwest

Assistant Coach - Dan Hogan - Papillion La Vista


2008 ALL-STAR GAME SCHEDULE

Monday, July 28	Girls' Basketball	6:00 p.m.
Monday, July 28	Boys' Basketball	8:00 p.m.
Tuesday, July 29	Volleyball	7:00 p.m.
Wednesday, July 30	Softball	5:00/7:00 p.m.

NOTE: Coaches of all-star players are reminded they need to check the times for introduction of players, and are asked to be present at the designated time/location.

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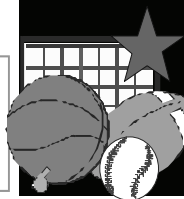
What are your goals? BHS is a small school and I have little secretarial help. I am responsible for all of the paperwork in the athletic department. I need to save time and effort on the mechanics of managing my department so I can spend more time with my Athletes and Coaches.

Why? Being an Athletic Director should be athlete-oriented, not paperwork driven. I wanted to get out of my office and onto the field helping my kids and their coaches reach their full potential.

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Do you save time? Absolutely!! HighSchoolSports.net is great and cuts down on all of those calls into my office. And, if I ever need any help, I just pick up the phone and call. The 24/7 Customer Support is free and the technicians are always pleasant and helpful. I also had a free on-line training so I could learn all of the ways that Schedule Star saves me time.

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Grace University (www.graceuniversity.edu)
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(Morningside College tracks courses by the course name.)

- Discover practical ways to build confidence, self-esteem and character
- Use research-based instructional strategies proven to raise student achievement
- Learn how to connect and build positive relationships to get positive results

June 9-13 Jack Guggenmos - *Waverly*
June 9-13 Bob Burkett - *South Sioux City*
June 16-20 Bob Burkett - *Lincoln*
July 7-11 Kathi Wieskamp - *Firth*

"Connecting With Today's Youth is a great course. Thank goodness we have some of these classes where you actually use the information in your classroom and on the athletic field. The information in this class isn't a 'fad'; it will be around forever because it is about real life. I like that we get to share with other teachers and coaches. The discussion time is super!"

Kenten Oltman, Norris, NE

Achieving Peak Performance

Earn 3 Semester Hours of Graduate Level Credit

Course Number: Ed. 500

(Morningside College tracks courses by the course name.)

- Learn how to create a motivating environment for students & athletes
- Discussions on the "other things" teachers and coaches deal with
- Strategies to maximize your support from parents and students

June 9-13 Wendy Henrichs - *Grand Island*
June 16-20 Jeff Bellar - *Norfolk*
June 23-27 Larry Munksgaard - *Scottsbluff*
July 7-11 Dennis Dolliver - *Columbus*

"Whether you are inexperienced or have taught/coached for over 20 years, Achieving Peak Performance is very beneficial. Today's students are changing and this class is very up to date with techniques, programs, research and ideas to help today's teacher/coach. I feel this class has changed the way I look at my students and how I go about bringing the best out of them."

Nate Sims, Laurel, NE

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Earn 3 Semester Hours of Graduate Level Credit

Course Number: Ed. 500

(Morningside College tracks courses by the course name.)

- Develop Effective Leadership skills
- Be exposed to character building ideas
- Acquire winning strategies for team building
- Gain practical ideas to improve your communication & motivational skills
- Reflect & evaluate how well you currently lead your class, team or staff

June 2-6 Jack Guggenmos - *Aurora*
June 9-13 Kathi Wieskamp - *Lincoln*
June 9-13 Dennis Dolliver - *Norfolk*
June 23-27 Jim Miller - *Fremont*
June 23-27 Steve Joekel - *Omaha*
June 23-27 Bruce Parish - *Chadron*
June 23-27 Jack Guggenmos - *North Platte*
July 7-11 Wendy Henrichs - *Grand Island*

"Developing Excellence in Others is the BEST class I have ever taken. I appreciate learning so much about the mental aspects of teaching /coaching. The handouts and course books are very helpful, providing ready-to-use ideas and how to use the. I can't wait to take another class next year!"

K. Peterson, Fairbury, NE

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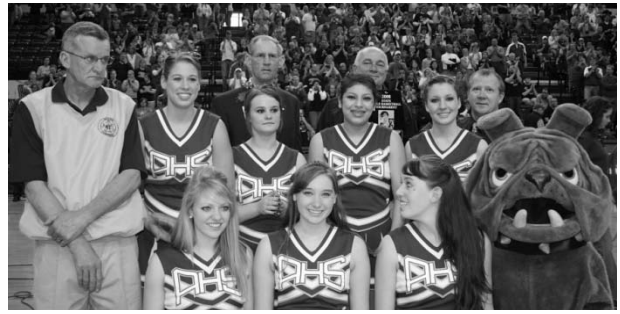


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2008 SPORTSMANSHIP WINNERS

The 2008 State Girls' and Boys' Basketball Tournament marked the eighth year of the Sportsmanship Awards. The Nebraska Coaches Association and the Nebraska State Interscholastic Athletic Administrators Association are proud to sponsor these awards along with the Nebraska Independent College Foundation. The awards are provided compliments of Awards Unlimited. Even though this award represents the actions of schools at the State Basketball Tournament, it is also hoped that schools make good sportsmanship a year-round effort. Thanks also to the NSAA for allowing these presentations during the championship trophy presentation.

GIRLS	CLASS	BOYS
None Presented	A	Bellevue East
Alliance	B	Gretna
Bishop Neumann	C1	Minden
Grand Island CC	C2	Ponca
Bancroft-Rosalie	D1	Humphrey St. Francis
Ewing	D2	St. Mary's



2008 Sportsmanship Summit
November 24th – Gering Civic Center
November 25th – Hastings College



