

Advancing your Offense
Nebraska Coaches Clinic 2019
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1. Be willing to adjust to your team
 - a. 6-2 vs. 5-1
 - i. Think about 5-1 with 2 setters, or a 4-2
 - ii. Can you run a 6-2, but have your setter hit on the outside, rather than the RS?
 - b. Tempo
 - i. Risk vs. reward
 - ii. Do you have a setter who can set with tempo? If so, how fast?
 - iii. Can you keep tempo when Out of System?
 - iv. Where can you have tempo? Fast all over? Fast to the pins, but not to the middle? Fast to only the outside and in-system?
 - c. Patterns
 - i. What's your philosophy? Do you like to overload?
 - ii. Do you like to spread your offense?
 - iii. Crossing patterns? Can you do it effectively? What does your team do when a pattern is called and the pass isn't good?
 - d. Can you always get a swing?
 - i. Can your DS's hit consistently to the 1 zone, rather than send a Free Ball Over?
 - ii. Have your team HATE sending FB's over
2. Your setter—what to teach them
 - a. Are they looking at the Block of the opponent?
 - b. Can they dump—both front and backrow?
 - c. Have you gone through each rotation with them and what to run?
 - d. Do you ask them who steps up during crunch time and who doesn't?
 - e. Do you need to call your plays from the bench? (Make sure they know when to NOT set the ball you called.)
 - f. Do they know when the middle is serving? Can they exploit that?
3. Look at Rotations
 - a. Toughest Rotation—rotation 1-discuss options
 - b. Rotation 6/2—Setter pushed up.
 - c. Rotation 5/3—Show how far setter can go
 - d. Rotation 4—Show how we split our OH/MS attack by running
 - e. Rotation 3/5—Pin to Pin, add Bic
 - f. Rotation 2/6—Show hiding passers

