# BOBCATOFFENSE TRIPLEOPTION



# OPTION FOOTBALL

#### **OPTION BENEFITS**

- Neutralize a dominant defender.
  - (hard to block=easy to read)
- Defense must play assignment football.
  - Exploits Undisciplined Players
- Blocking Angles and Double Combos.
  - O-line plays downhill
- Defensive players are placed in Run/Pass conflicts.
  - Big Plays. 18.9 yds/catch...Led NAIA with 9.59 yds/att.

#### **FLEXBONE**

- Goal Line to Goal Line Offense.
- Emphasis on execution and fundamentals
- Balanced Formations Simple to Unbalance
- No Huddle See the front and make best call. Less pressure on the QB.
- Preparation Advantage 3 day prep for something we do everyday.
- Discourages Pass Rush/Stunts

# NO HUDDLE

- No Huddle Get best play called.
  - Use Wristbands everyone has one.
  - Averaged 4.3 more plays per game than opponents.
- Cadence is used to trigger motion
  - Leave late and go fast.

# **FORMATIONS**

BASE

CLOSE

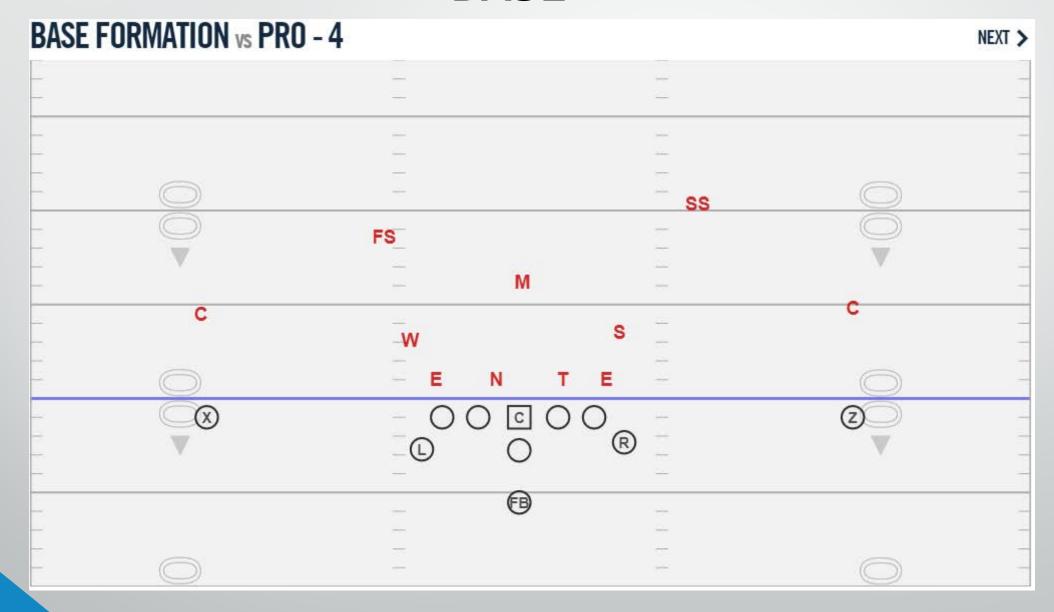
**BASE OVER** 

RIGHT/LEFT BASE

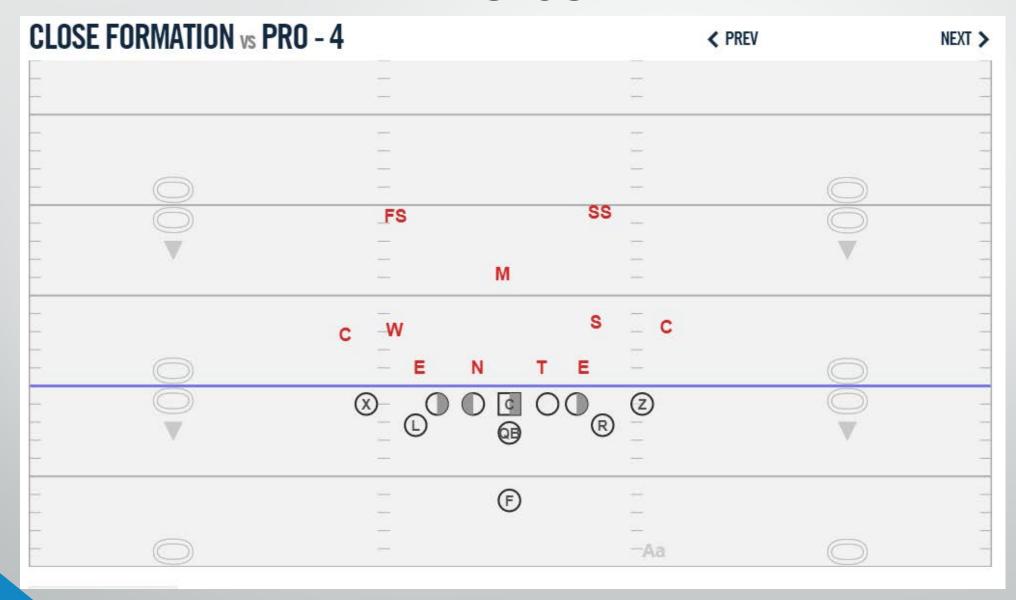
JACKS

FLEX/X

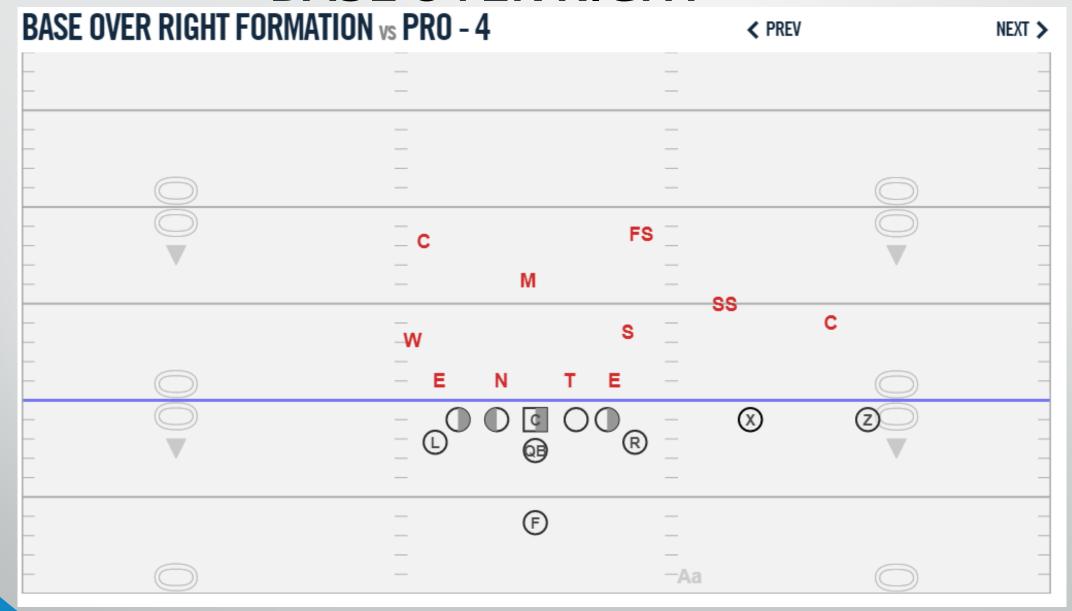
#### **BASE**



#### **CLOSE**



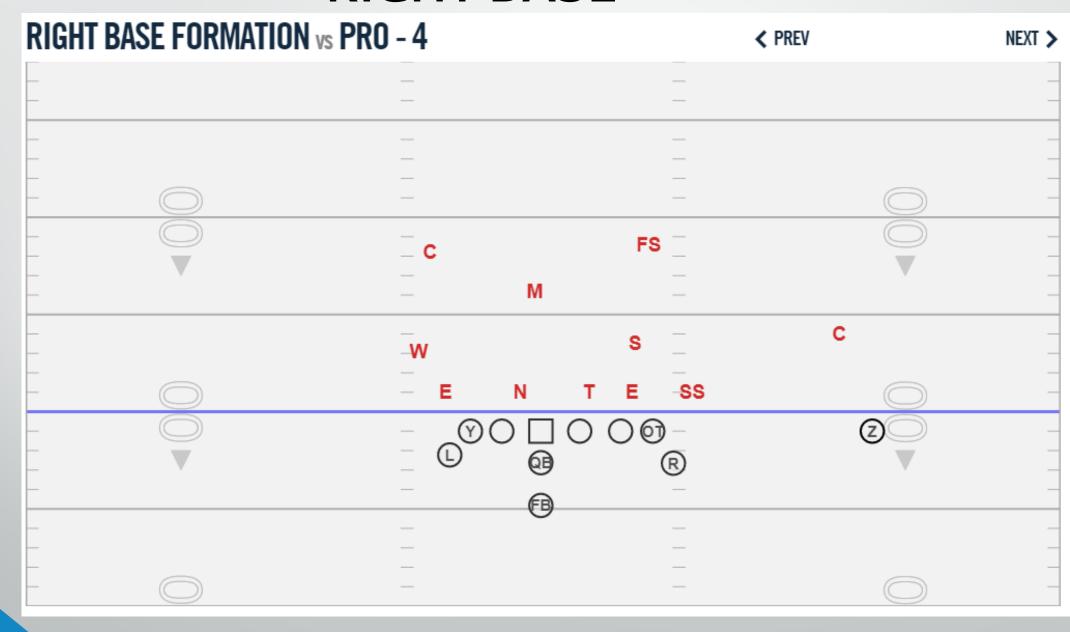
#### **BASE OVER RIGHT**



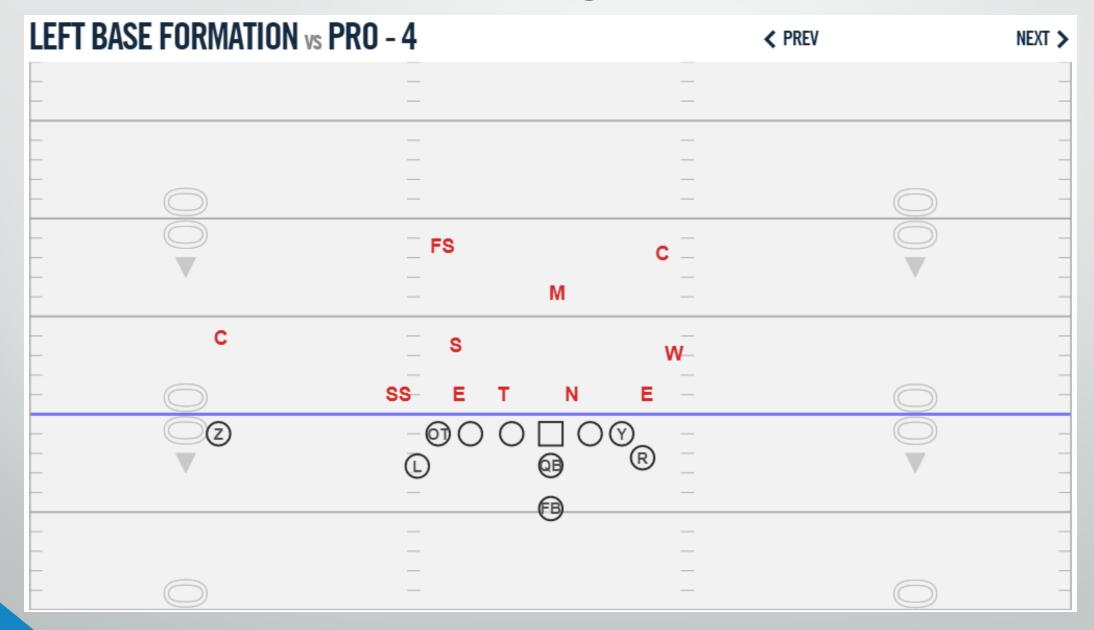
#### **BASE OVER LEFT**

BASE OVER LEFT FORMATION v	s PRO - 4	✓ PREV	NEXT >
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			_
	_ FS		_ _ _ _
C	_ s		_
	– ET N E –		_
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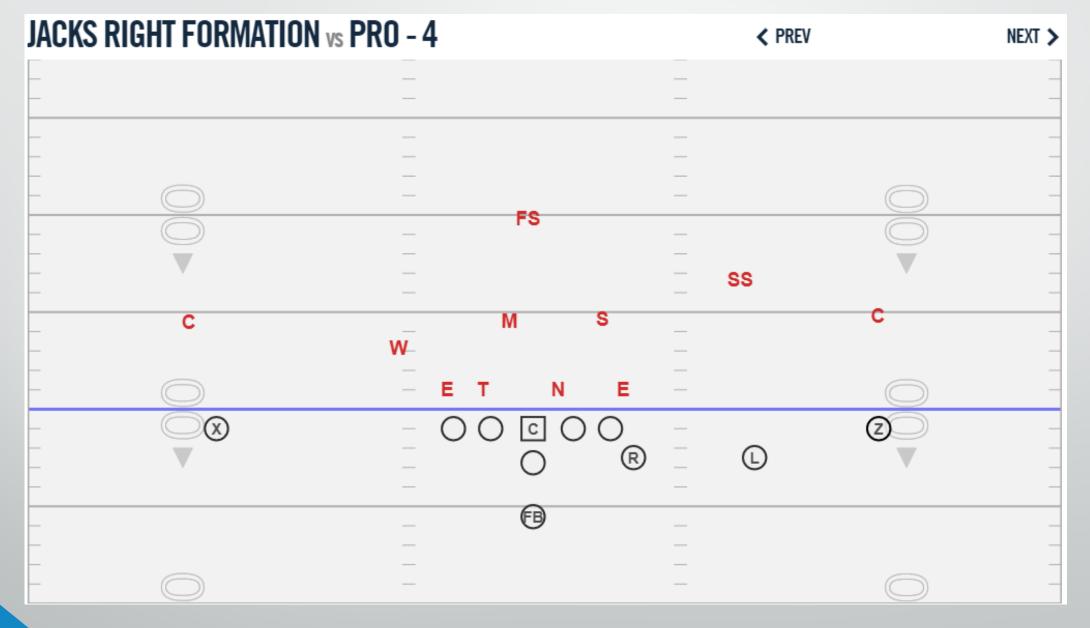
#### **RIGHT BASE**



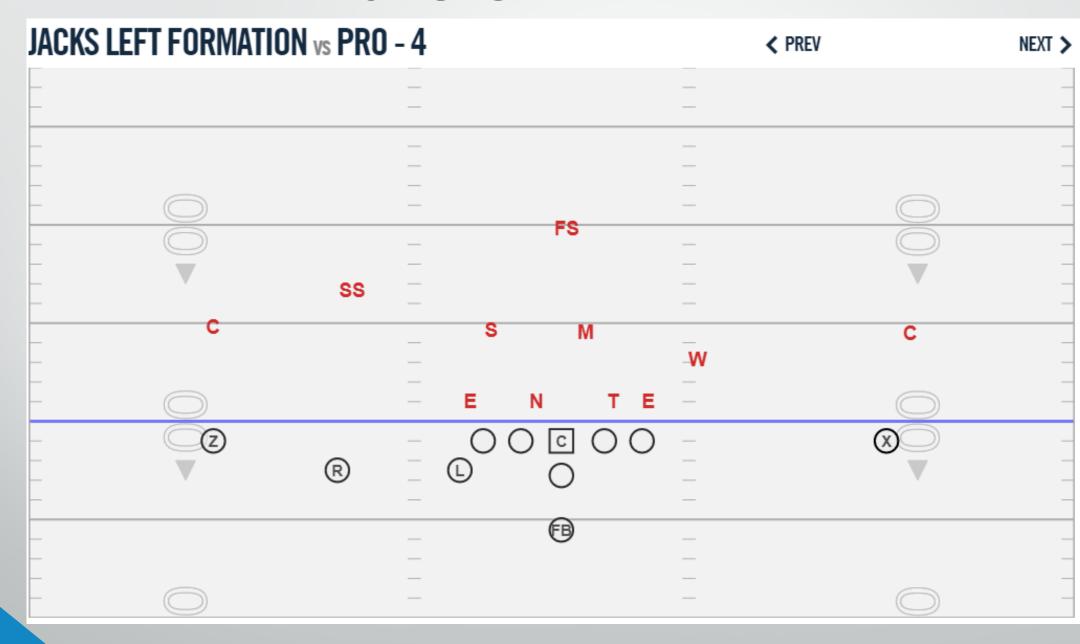
#### **LEFT BASE**



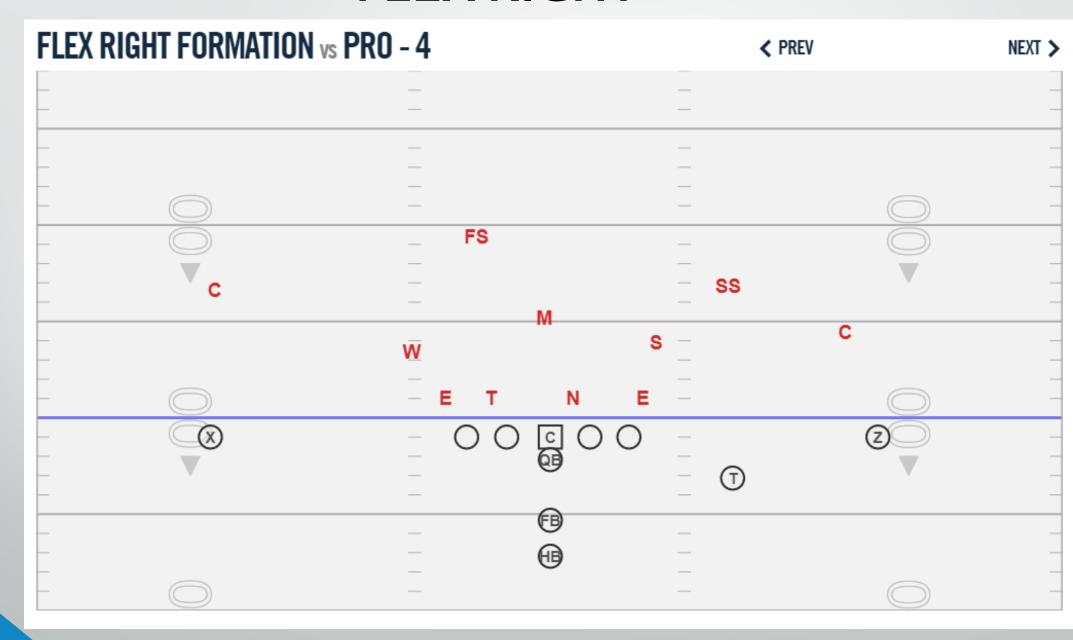
#### **JACKS RIGHT**



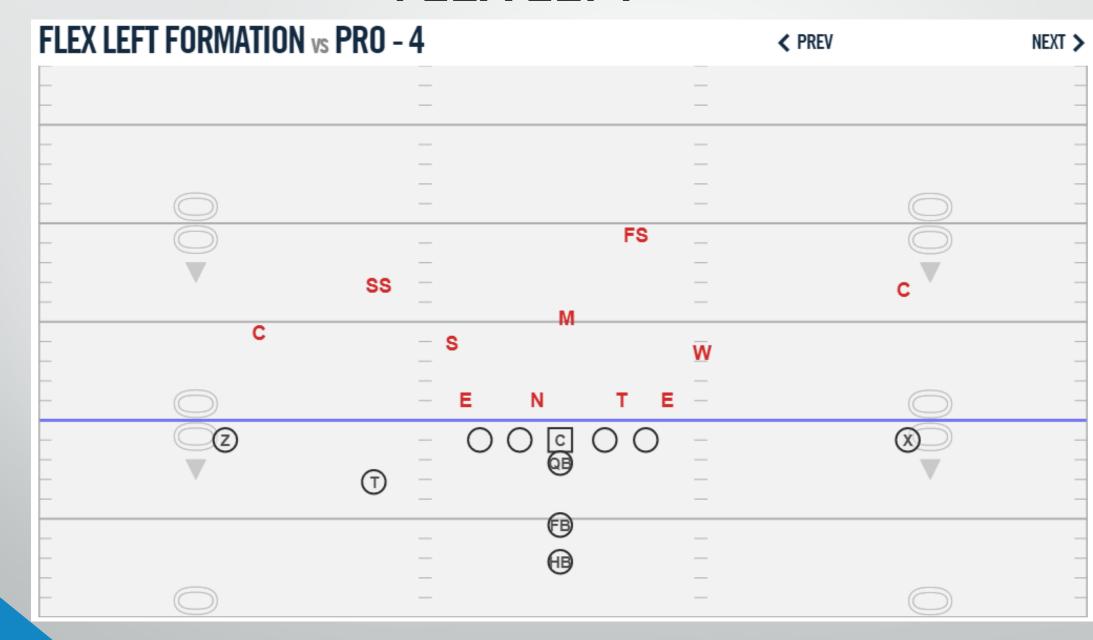
#### **JACKS LEFT**



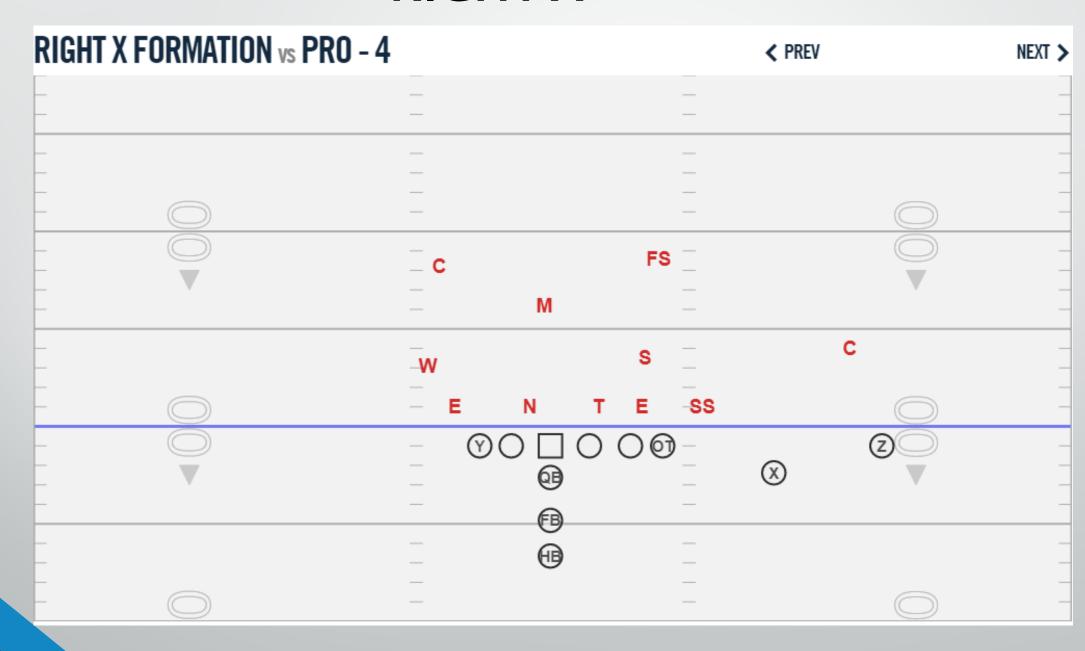
#### **FLEX RIGHT**



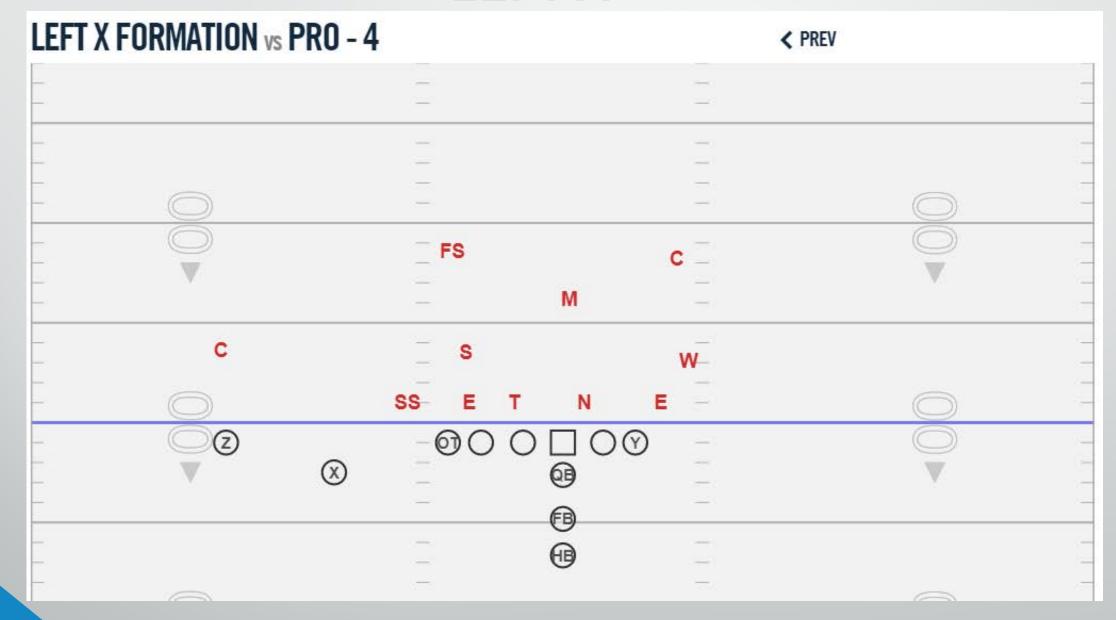
#### **FLEX LEFT**



#### **RIGHT X**



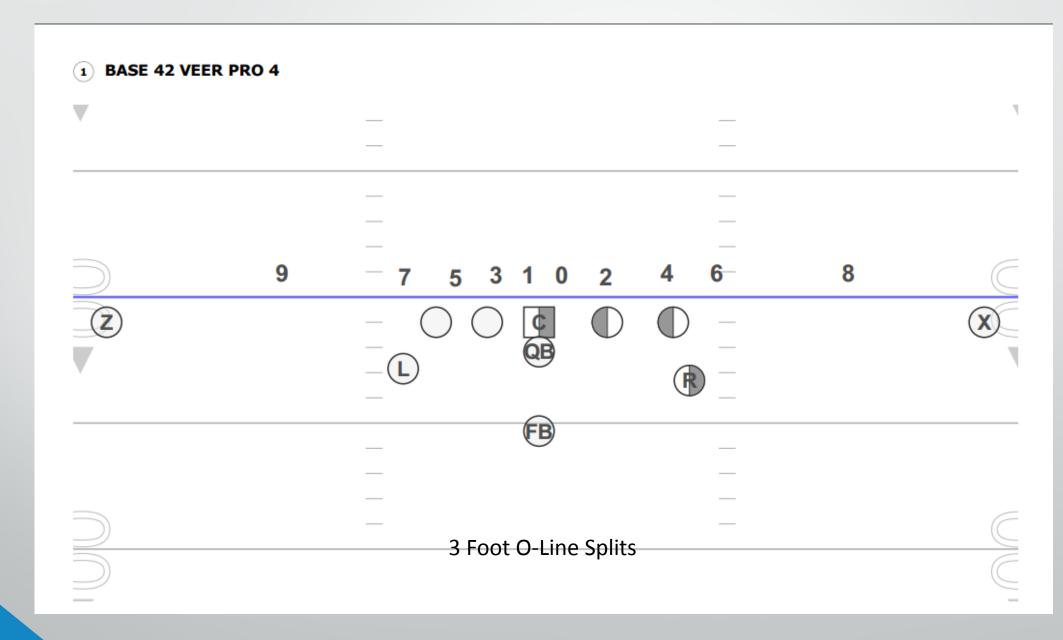
#### **LEFT X**



# PLAY SERIES

- 10's DOUBLE OPTIONS
- 20's COUNTER
- 30's GIVE/TOSS/BELLY
- 40's TRIPLE OPTION ISV, ML, ML TRIPLE
- PAP/WAGGLES ISV and TOSS ACTION
- 50's 3 STEP DROP PASS
- 60's SCREENS
- 70's SPRINTOUT PASS/DRAW
- 80's SPECIALS
- 90's 5 STEP DROP PASS

#### **POINTS OF ATTACK**



#### OFFENSE - RUN GAME

#### **INSIDE VEER**

• 42-43 ISV + Tags

#### **MIDLINE**

40-41 Double + Tags

#### **40-41 Triple**

#### **ZONE DIVE**

• 32-33 Give

#### **ROCKET TOSS/OZ**

• 38-39 Toss

#### **BELLY/OPTION/FOLLOW**

- 34-35 Belly
- 14-15 Option
- 32-33 Follow

#### **COUNTER**

- 28-29 Reverse
- 26-27 COOP
- 20-21 Trap
- 22-23 Counter Dive
- 24-25 Cross Buck
- 18-19 Cradle

#### OFFENSE - PASSING GAME

#### **PLAY ACTION**

- 42-43 Flash
- 042-043 Dump
- 242-243 Fade/Out
- 342-343 Wheel/338-339 Wheel
- 542-543 Slant/Bubble
- 642-643 Double Post
- 742-743 + BS Tags
- 742-743 Ghost
- 842-843 Sail

#### **WAGGLE**

• 38-39 Waggle

#### 3 STEP

- **150**
- **250**
- **450**
- 550
- **•** 750
- 750 (Comeback)
- 950

#### **SPRINT OUT**

- 378-379 Wheel
- 378-379 Broken Wheel
- 978-979 Out

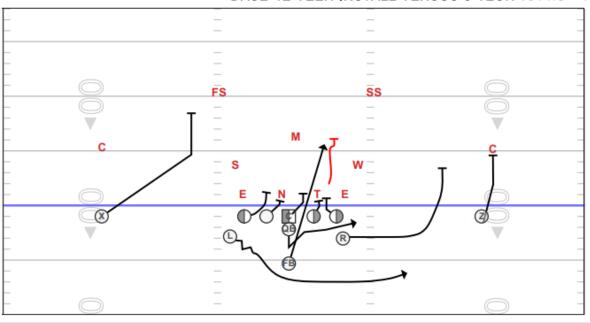
#### **SCREENS & DRAWS**

- 70-71 Draw
- 62-63 F Screen
- 64-65 Tunnel

# INSIDE VEER -42-43 VEER

- 2184 Attempts
- 5.6 yards per attempt

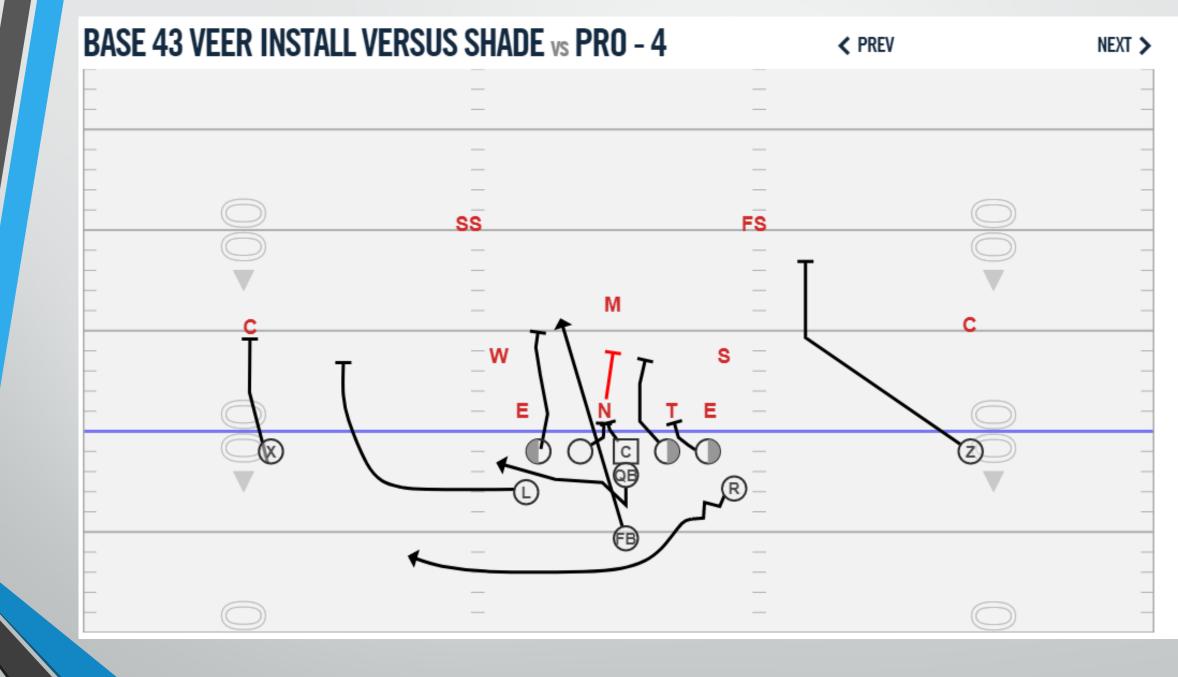
#### BASE 42 VEER INSTALL VERSUS 3 TECH vs PRO - 4



BST	Scoop
BSG	Scoop
PST	PSLB - Combo if G is covered
PSG	Base to Ace
С	Base to Scoop
L	Tail Motion - leave on "set". Aiming points are the hands of the FB for 1st 2 steps, then through the feet of the FB. "Hands, Hands, Feet" Leave Late & Go Fast.
QB	Step at 4 O'Clock(42) or 8 O'Clock(43), get 2nd foot on the ground as quick as possible. Reach ball deep while keeping eyes on Hand Off Key. Mesh and ride with the Fullback. Thought process is hand the ball to the Fullback every time unlessthe HOK attacks flat down his side of the LOS and is crossing the FB face. If you get a pull read, look to score. If #2 attacks pitch and drift(sit). Pre snap read for 2 quicks - pull and pitch.
FB	Inside Veer Track - aiming point is inside hip of the guard. Mesh with QB and with vision on your action key.
R	5 step Arc - Block #3 or who becomes #3
PSWR	Near Deep Defender
BSWR	Backside Cutoff

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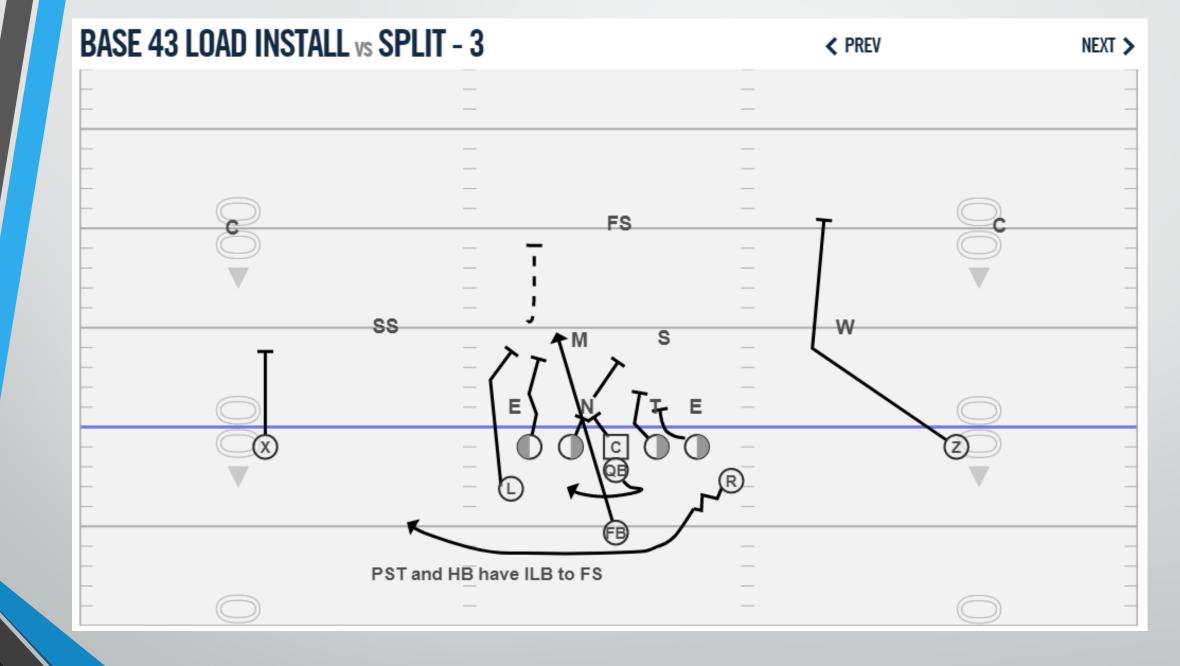
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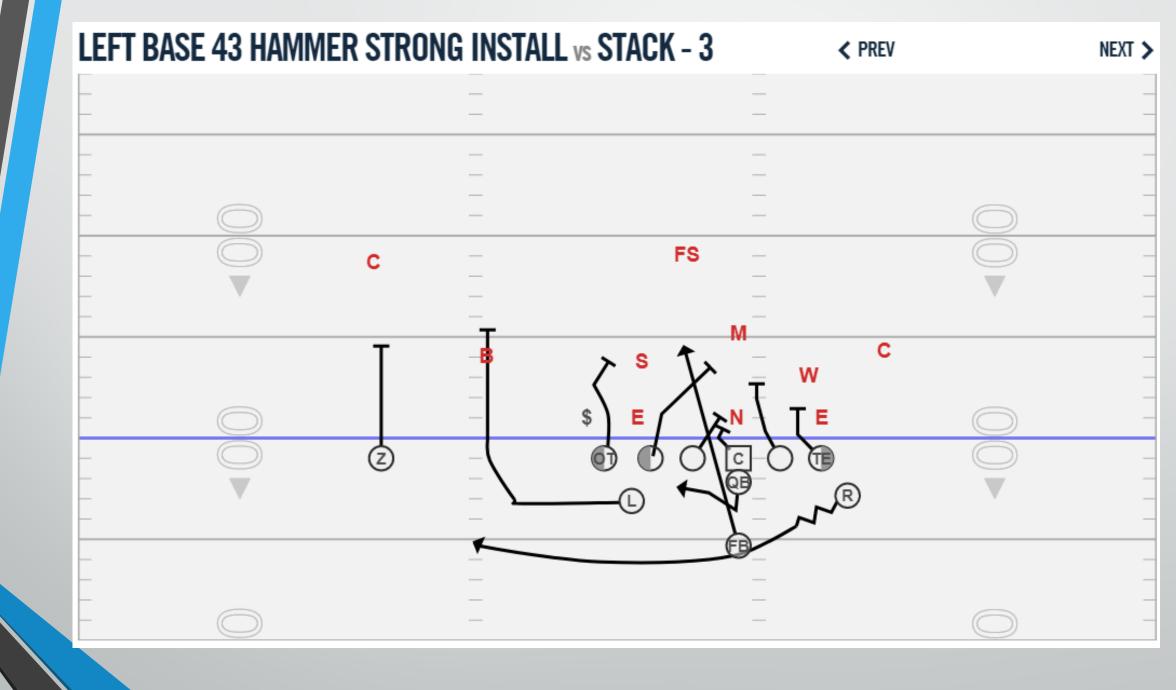


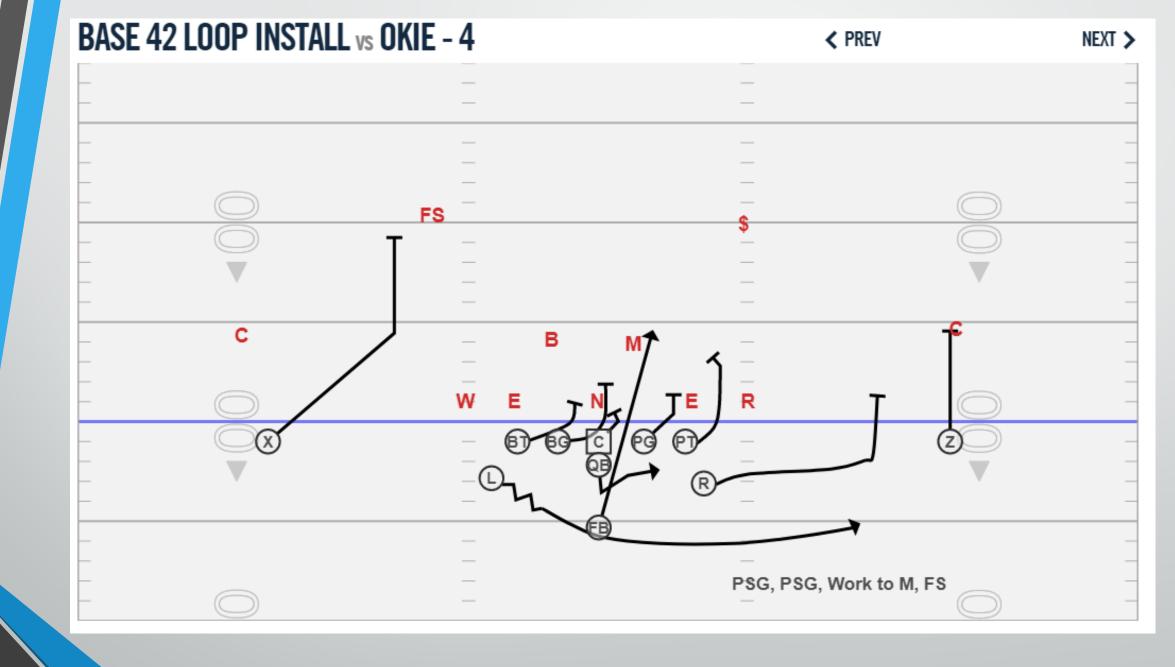
# INSIDE VEER TAGS

- **42-43 Load**
- **42-43 Hammer**

42-43 Loop







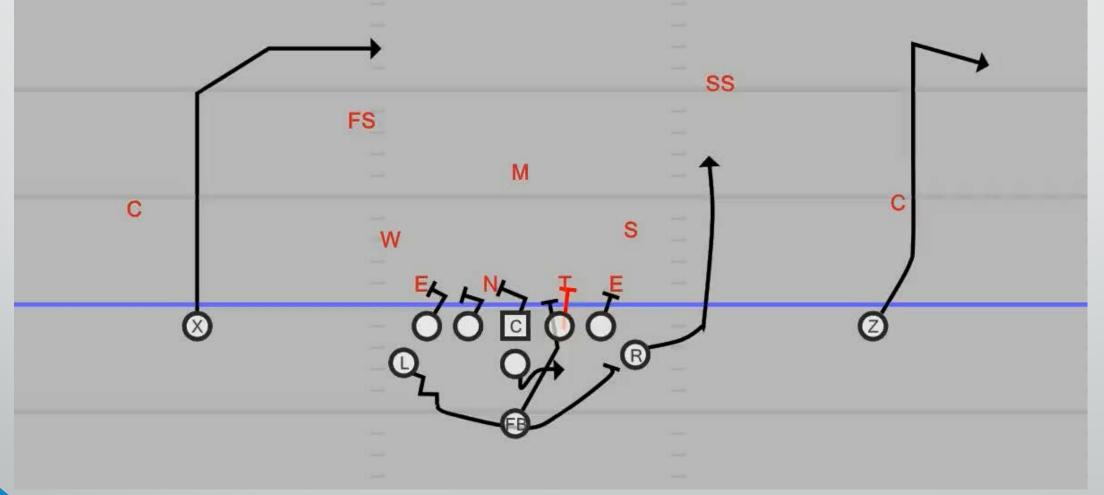
## PAP

- 9.59 Yards per Pass Attempt
  - <sup>1st</sup> in NAIA
- Pass Efficiency Rating = 151.0
  - <sup>4th</sup> in HAAC, 15<sup>th</sup> Nationally
- 18.9 Yards Per Catch

# 42-43 FLASH

- RPO CONCEPT?
- •QB & WR READ THE BACKSIDE CB ALIGNMENT
- 7 YARD+ Cushion Throw the Flash BS
- **EVERYBODY ELSE IS RUNNING ISV.**

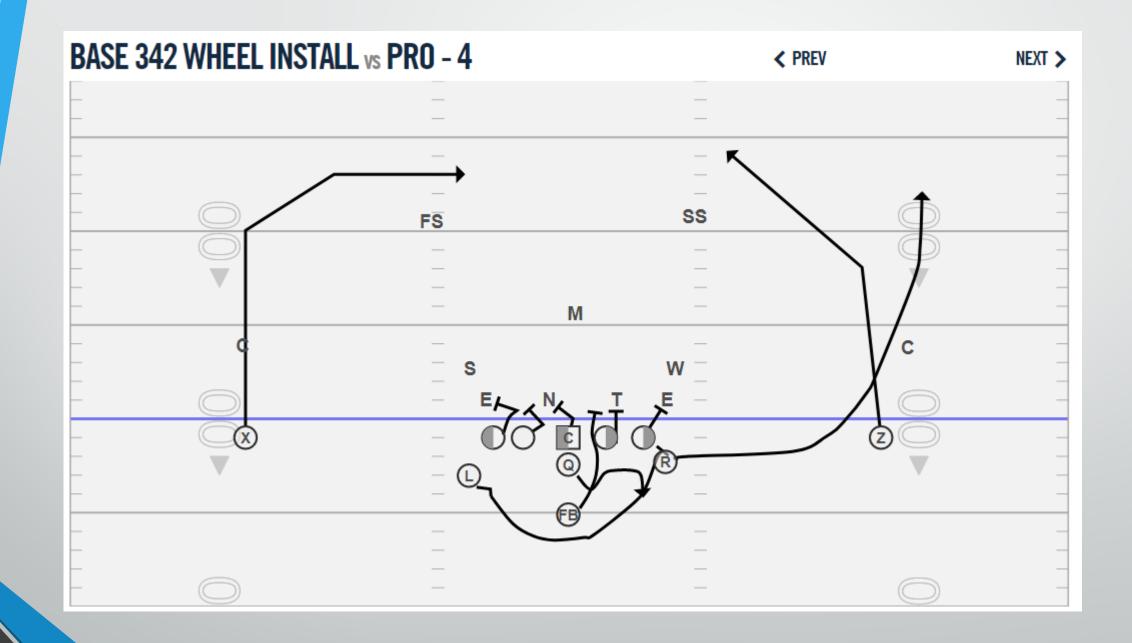
## PLAY ACTION PASS PRO



PST	Aggressive step with inside foot. Block man on, no man then on block inside gap.
PSG	Aggressive step with inside foot. Block man on, no man on then block inside gap.
С	Aggressive step with play side foot. Block BS A gap.
BSG	Aggressive step with inside foot. Block BS B Gap
BST	Aggressive step with inside foot. Block BS C/D Gap

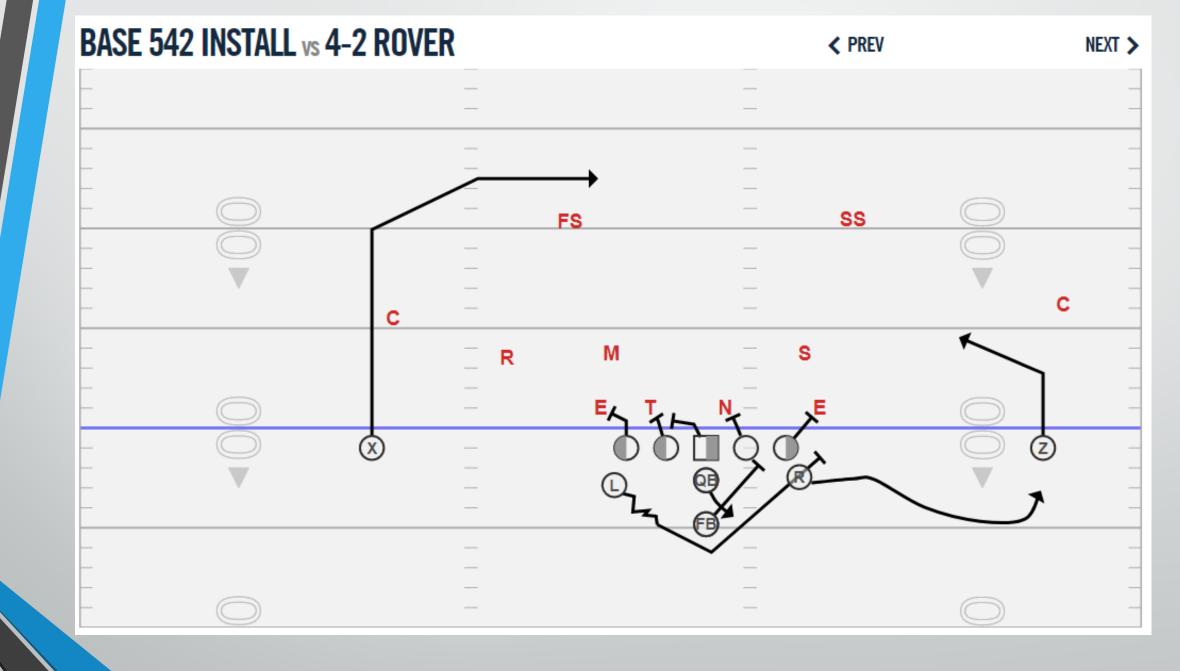
# 342-343 Wheel 338-339 Wheel

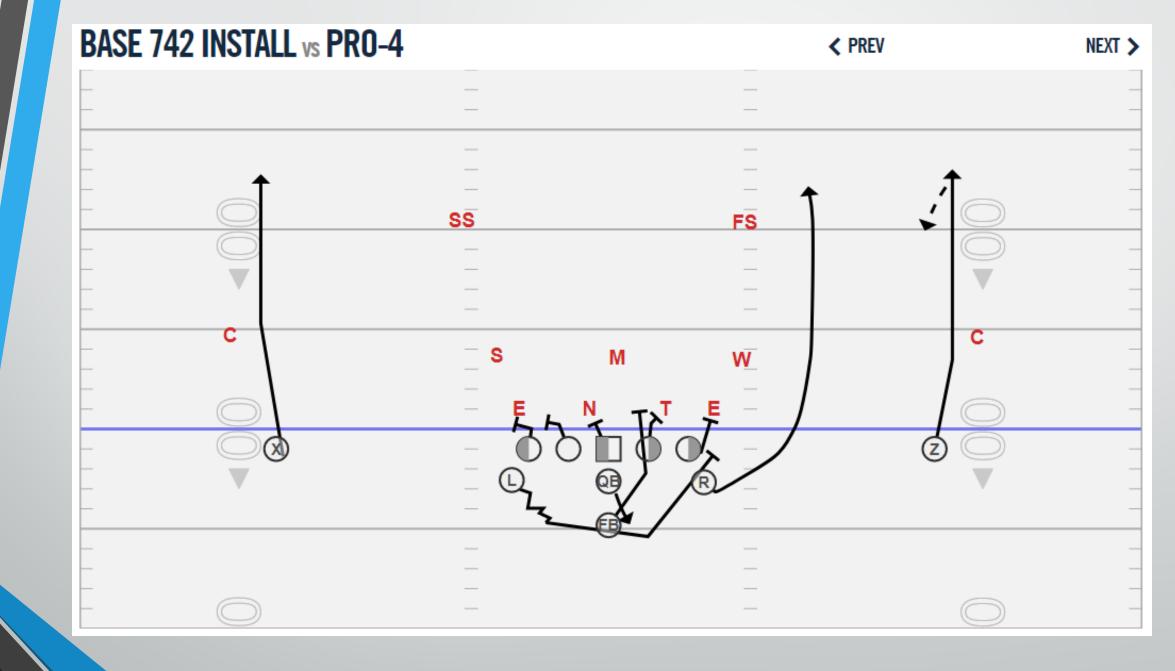
- WR Post/#2 Wheel
- 19 Positive Plays out of 37 attempts(17 completions & 2 Scrambles)
  - 1 int.
- 15.75 yards per attempt.

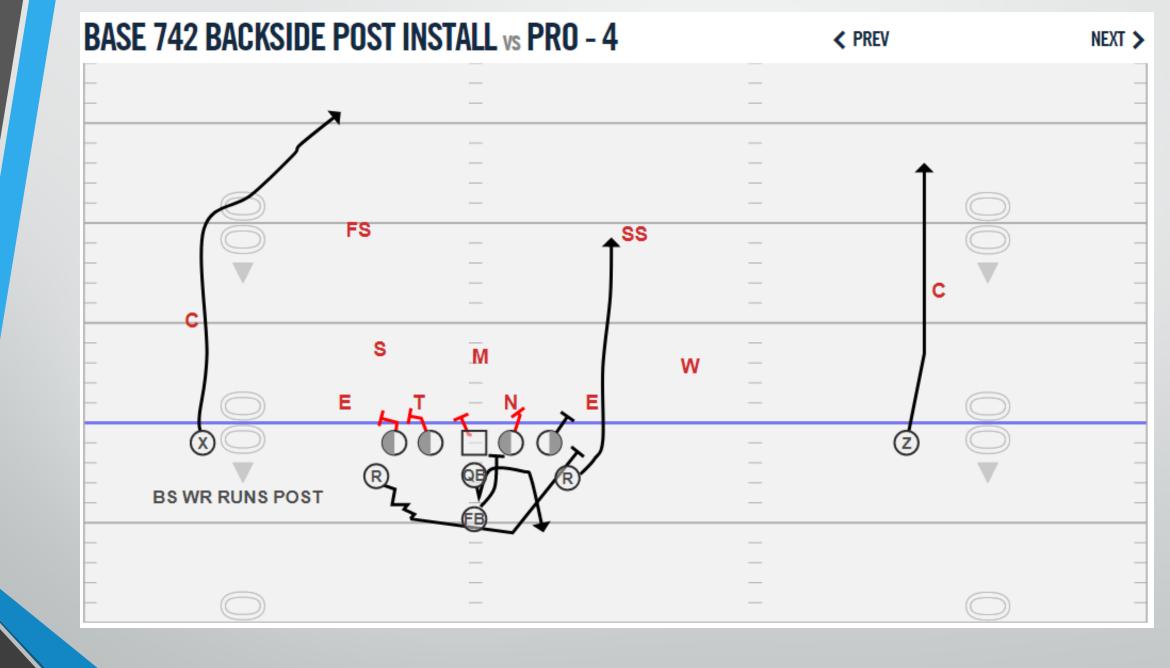


## PAP

- •542-543 SLANT/#2 BUBBLE 6.5 Yd/Att.
- •742-743 WR FADE/#2 SEAM 5.6 Yd/Att.
- 742-743 with BS TAGS 2/5/ W/ 1 Scramble & 1 DPI. 2 TD's

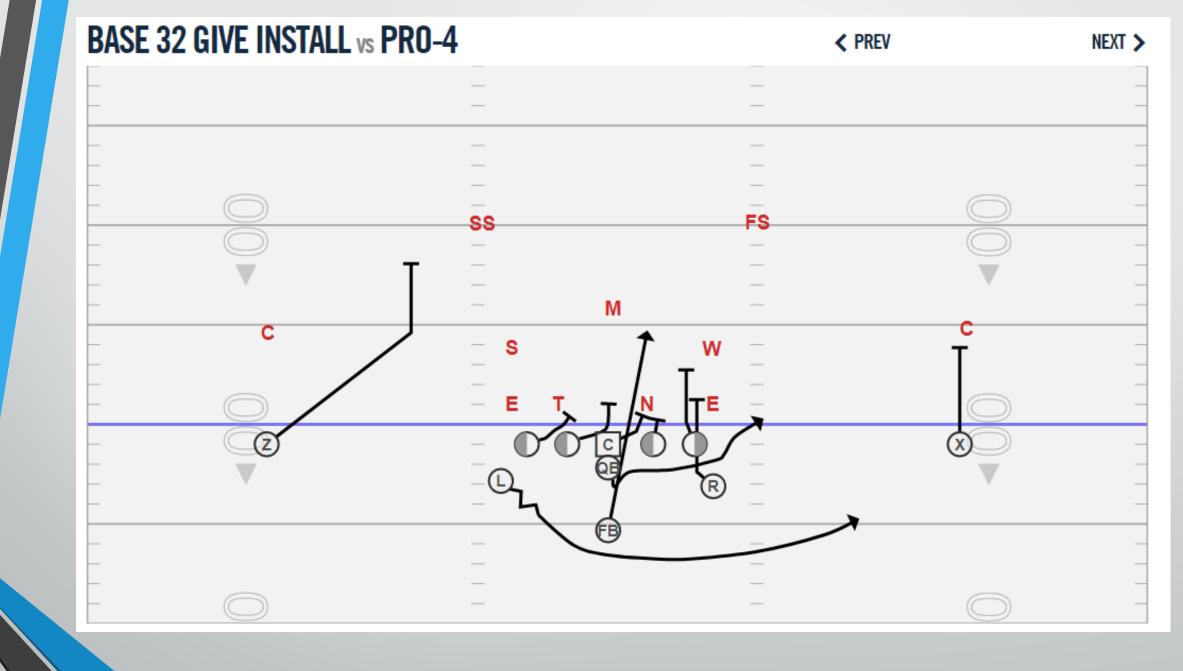




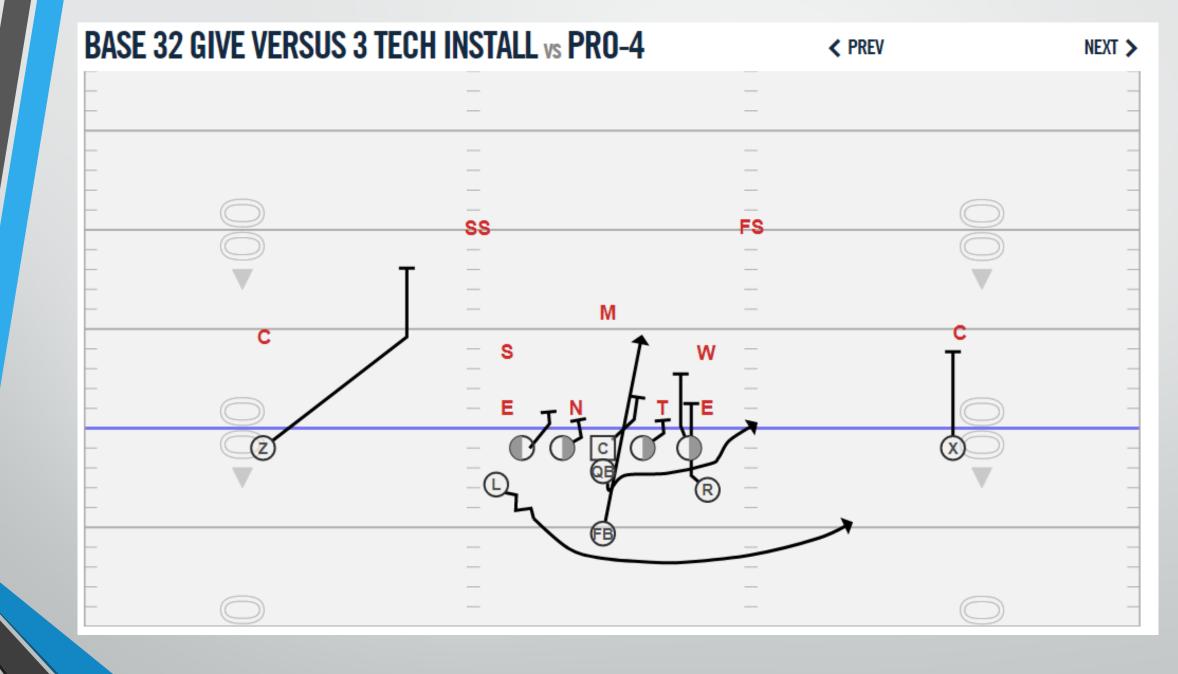


# 32-33 GIVE

- Z#%@ DIVE
- \*32-33 Give 135 Attempts/4.18 Yards Per Attempt

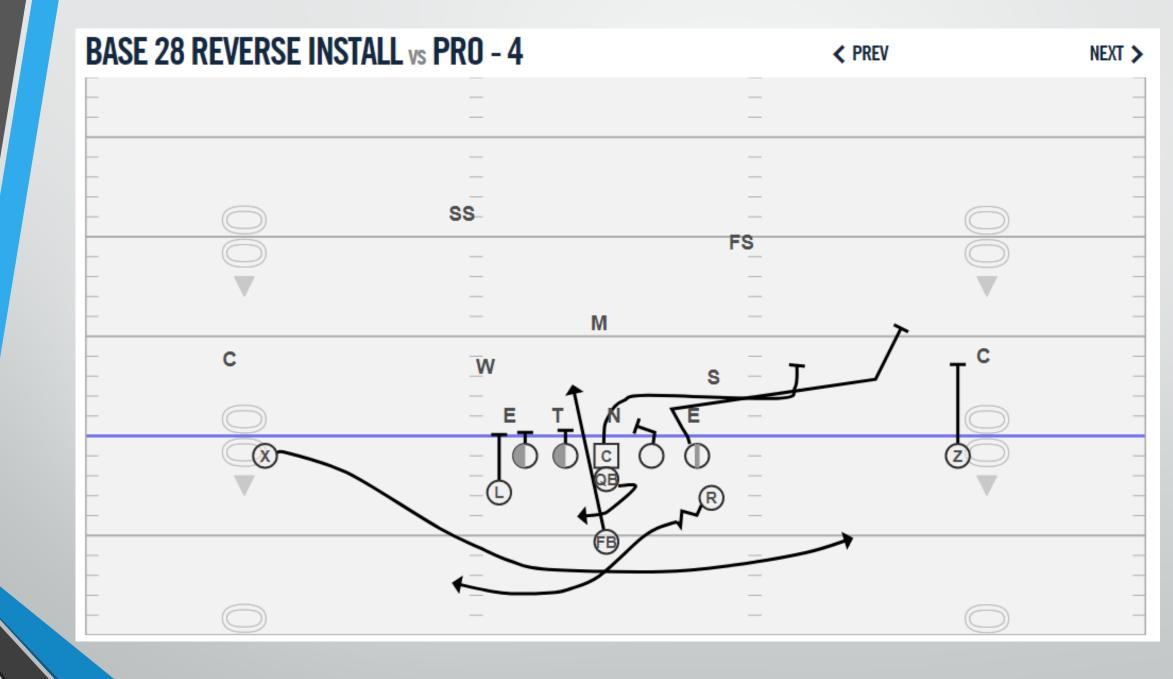


QB	Inside Veer action - Mesh with FB with good depth, hand ball to FB and attack the Perimeter with a downhill angle.
FB	Inside veer path, square shoulders as you complete the mesh. Key the action key for your path.
PSHB	Step with inside foot, skin the tackle. hug the hip of the PST and run your cylinder. If the 5 tech is in your path block him. If the 5 tech squeezes, climb to LB. If the 5 tech widens climb to LB, do not turn your shoulders.
BSHB	Tail or Toss motion depending on game plan.
PSWR	Inside run, backside cutoff technique
BSWR	Backside Cutoff
PST	Power Veer technique, run your cylinder step with inside foot, vertical 2nd step. If 5 tech squeezes lock up and drive block him. if 5 tech works up field or widens, climb to inside backer
PSG	Base to Ace(1 Shade) - Zero Nose Zone B gap
С	Scoop
BSG	Scoop
BST	Scoop



# **28-29 REVERSE**

•WR REVERSE – COUNTER



BST	Base
BSG	Base
С	Release play side - look for backside pursuit
PSG	Base to Ace
PST	Inside Release - Work outside to Force Player
BSHB	Base - secure C/D gap
PSHB	Tail motion opposite
FB	Inside Veer Path Opposite
QB	Fake ISV opposite, soft toss to WR on reverse path.
PSWR	Stalk CB
BSWR	1 jab step and work to get 6 yards deep on reverse path. Key the blocks of the PST and C.

