

# When You Go, You Go Hard

- Pick your strategy and stick to it
- Do not bounce back and forth
  - *High score territory*
- Have different ways to play the course



- [https://www.youtube.com/watch?v=8dWWtLwJ\\_Co](https://www.youtube.com/watch?v=8dWWtLwJ_Co)

# Contingency Plan... Or Not

- When it goes south, don't try to fix it
  - *My worst rounds come from pressing too much*
- Manage yourself and you will manage the course
- Stick to what you do best
- If it works in theory, it'll work in practice (and in a tournament)



# The Mental Side

- Relax and breathe
- Trust yourself and your talent
- You've put in the work, let the results happen
- Don't confuse yourself if something is different





JUST HIT IT!!!!!!