

January 2019 Playbook

500 Charleston St, Ste 2, Lincoln, NE 68508
Email: nca@ncacoach.org

Phone: 402-434-5675 Fax: 402-434-5689
Twitter & Facebook: @NebraskaCoach

2019 Winter Track & Field Clinic Saturday, February 2 – Lincoln



[On-line
Clinic
Registration](#)

Featured Clinic Presentations

7:30-8:30 Coaches Breakfast - Presented by CustomSports

8:30-9:30 One Trainer, Many Coaches - Doreen Morgan Wilkins, Southfield, MI - Throws

9:30-10:30 Swedish Hurdles, Northwest HI - Hurricane Steve Wilkins, Vermont, VT - Pole Vault

10:30-11:30 Track & Field Coaches Forum & Round Table
Moderated by Mark Muzal, Lincoln North Star HI
Coaches: Eric Anderson, Norfolk HI; Mike Adkins, Southfield, MI; Dave Siles, Fremont HI; Brandon Harrington, Northbrook, TN; Paulist, Adams Central & Grandview, Georgia

Topics to include, but not limited to:
*Motivation *Team Building *Travel Requirements
*Rules *Parent Funding *Facility/Weather Check-In Equipment
*Nebraska *Practice *Planning Coaching Staff

Registration includes Admission to the Univ. of Nebraska Frank Svirglio Indoor Invitational February 2-2

2019 Winter Track & Field Coaches Clinic
Saturday, February 2 - NSAA Building, Lincoln

Presented by:

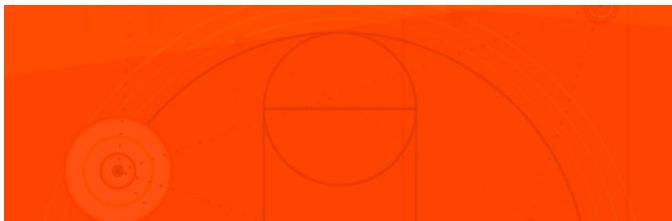
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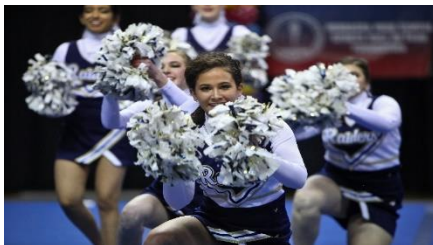
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2019 Nebraska State Cheerleading & Dance

Classes A & B – Friday, February, 15
Classes C1, C2 & D – Saturday, February 16

[Registration Now Open!](#)

[New Performance Seating](#)

[New General Admission Advanced Ticker Order Form](#)

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[Kansas City Football Clinic – February 8-10](#)

[Des Moines Football Clinic – March 29-31](#)



Hudl 101: Learn the Basics

Just getting started with Hudl? Our pros are here to help. We'll go over all the basic tools within Hudl for every sport except American football. We'll teach you the works, from how to navigate your account to how you can record and upload video.

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Gatorade wants to help NCA coaches to prepare their athletes for the season. Gatorade offers resources to our members to help athletes succeed on the field of play. These resources live on the [Gatorade Performance Partner website](#) and will provide you and your coaching staff with tools to succeed.



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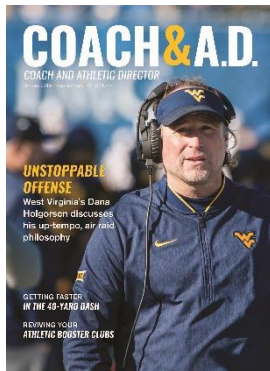


**Country Inn Suites – Lincoln North – A Great Place to
for Your Team to Stay in Lincoln**

Country Inn Suites – Lincoln North – the official NCA Scholarship Partner welcomes you & your teams to Lincoln. Check them out to host your team's stay or gathering at JB's Burger Kitchen

[Learn More](#)

**[Your January Issue of
Coach & AD Magazine](#)**



**NCA Partners with
American Cancer Society
to Promote Winter Sports
Coaches vs. Cancer Events
in January 2019**

[Learn More](#)



**High Schools & Middle
Schools can be part of
the compressive listing
of teaching & coaching
openings in Nebraska.**

[Learn More](#)



Nebraska Coaches Association 2019

Upcoming Events:

- | | |
|-------------------------|--|
| January 13, 2019 | NCA Board of Directors Meeting – Adams Central HS |
| February 2, 2019 | NCA Winter Track & Field Clinic - Lincoln |
| February 14-16, 2019 | NCA & NSWCA State Wrestling Coaches Hospitality - Omaha |
| February 15-16, 2019 | State Cheer & Dance Championships - Grand Island |
| February 22-23, 2019 | NCA & Lincoln CVB State Swimming Coaches Hospitality - Lincoln |
| Feb. 28-March 1-2, 2019 | Girls' State Basketball Sportsmanship Awards - Lincoln |
| Feb. 28-March 1-2, 2019 | NCA, Lincoln CVB & 3D Coaching Girls' State Basketball Coaches Hospitality - Lincoln |
| March 3, 2019 | Girls' Basketball All-Star Selection Meeting - Lincoln |
| March 7-9, 2019 | Boys' State Basketball Sportsmanship Awards - Lincoln |
| Mar 7-9, 2019 | NCA, Lincoln CVB & 3D Coaching Boys' State Basketball Coaches Hospitality - Lincoln |
| Mar 10, 2019 | Boys' Basketball All-Star Selection Meeting - Lincoln |
| April 28, 2019 | NCA Board of Directors Meeting - Lincoln |
| May 1, 2019 | 2018-19 Online Registration Opens |
| May 8-14, 2019 | State Soccer Sportsmanship Awards – Omaha |
| May 17-18, 2019 | NCA State Track & Field Coaches Hospitality - Omaha |
| June 1, 2019 | Milestone & Service Awards Applications Due |
| July 22, 2019 | NCA Coaches Academy – College Credit |
| July 23-25, 2019 | NCA Multi-Sports Clinic - Lincoln |