

The background is a light gray gradient. It is decorated with numerous realistic water droplets of various sizes, some clustered in the top left and bottom right corners. A faint, circular logo is visible in the upper center, featuring a globe and the text "ST. PAUL'S UNIVERSITY".

ST. PAUL OFFENSE

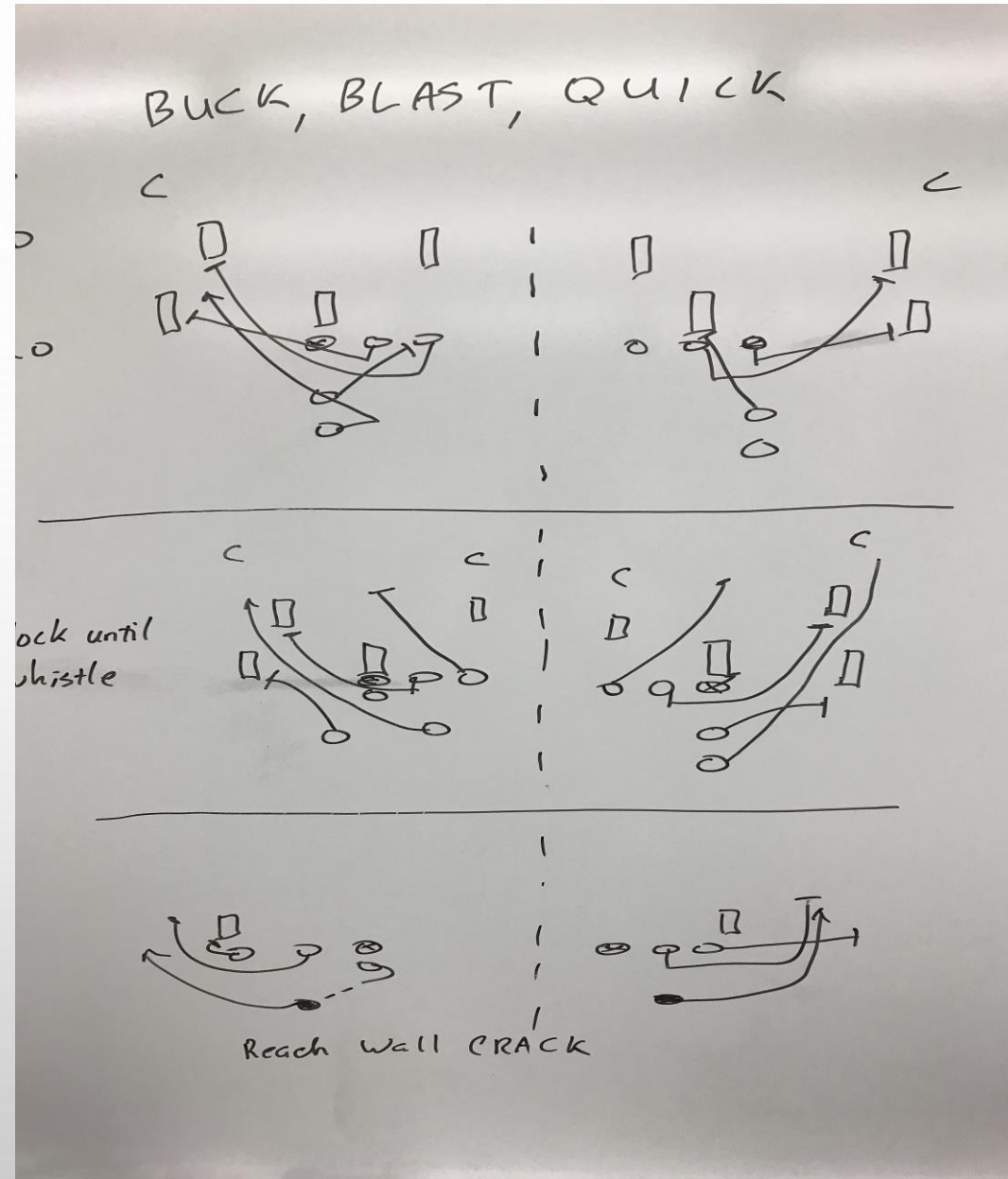
TEMPO

- QB COME TO THE SIDELINE AND GET THE PLAY
- AUDIBLES TO A FEW PLAYS
- SIGNALS FOR:
 - FORMATIONS, PLAYS, DIRECTION, COUNT
 - WHAT CAN THE COACH REMEMBER AND THEN DO IT IN PRACTICE EVERY NIGHT
 - HARD COUNT CHECK
 - REPEATER
 - HUDDLE AND RUSH TO THE LINE

FUNDAMENTALS

- BLOCKING PROGRESSION
- GAUNTLET
- BLAST – QUICK – BUCK DRILL
- ISO TO END TEAM TIME
- CELEBRATE LINEMAN
 - EAT FIRST
 - TELL THEM THEY GOT PROMOTED AND THAT THOSE HIGH SOCK SISSY'S CAN'T DO WHAT THEY DO!

BLAST, QUICK, BUCK





PLAY PACKAGES

- BLAST
 - BUCK
 - ISO
 - QUICK
 - SPEED
 - SCREENS
 - DROPBACK
- 

BLAST

- BEST PLAY IN 8 MAN FOOTBALL
 - YOU CAN BLOCK EVERY FRONT
 - SETS TONE FOR THE OFFENSE
 - GREAT COUNTERS
 - GREAT PLAY ACTION
 - BLAST Q



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BUCK

- GREAT COUNTER
- GREAT PLAY ACTION
- BUCK BOOT HAS BEEN OUR BEST PASS PLAY OVER THE YEARS
- WITH WORK YOU CAN BLOCK EVERY FRONT
- GOOD OUR OF 1 BACK



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ISO

- GREAT STRAIGHT AHEAD RUN
- GOOD VS PENETRATION
- GREAT PLAY ACTION AND SCREEN ACTION



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QUICK

- BEST PERIMETER RUN PLAY FOR US OVER THE YEARS
- GREAT COMPLEMENT TO BLAST AND BUCK
- CAN BE RUN OUT OF MULTIPLE FORMATIONS
- FLY SWEEP IS BLOCKED IDENTICAL
- GREAT PLAY ACTION



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SPEED

- BEST ANSWER TO PRESSURE
- GREAT I BACK PERIMETER RUN PLAY
- MUST ACCOUNT FOR THE QB
- CAN BE RUN OUT OF A VARIETY OF FORMATIONS
- GREAT PERIMETER ANGLE BLOCKING



Speed.JPG

PLAY ACTION AND SCREENS

- BOOTS FORCE THE DEFENSE TO DEFEND THE ENTIRE FIELD
- RUBS AND FLOODS CREATE CONFLICTS FOR MAN AND ZONE
- PLAY ACTION FORCES DEFENDERS TO HONOR PASS AND RUN ON EVERY SNAP
- LOOK ALIKE PLAYS CREATE CONFLICT



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THANK YOU!

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