

ATHLETIC DIRECTORS

Library unless otherwise noted



Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:00 a.m.
9:10 a.m. – 9:40 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Shellie McClintock & Alex Carlson, ARYSE: Why Athletes Need Better Bracing Technology

Tim Preuss, Concordia University-Nebraska: Overview of MA in Coaching & Athletics Administration & MS in Coaching & Exercise Sciences (Program Partnered with NIAAA)

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team, Main Gym

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Round Table Discussion-Facilitated by the NSIAAA & Ian Ray, rSchool Today: New Uses of rSchool in Nebraska by ADs & Conferences

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

NSIAAA Round Table Discussion: Focus on Activities – Recognition, Scheduling, Sharing Participants

Moderators: Ryan Hogue, Dallas Sweet, Adam Boettcher and Mike Brockhaus

9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know

NCA District Meetings with Elections & Major Raffles

NSIAAA Round Table Discussion: Focus on Athletics – Classifications, Scheduling, Bowling, Girls Wrestling

Moderators: Mike Brockhaus, Jack Tarr, Jordan Cudney and Alan Frank

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Hudl

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

NIAAA LTI 501 - Athletic Administration: Guiding Foundations & Philosophies – Overview for ADs (Required for CAA Certification) FREE to new Athletic Directors or \$100 for NSIAAA Members, \$110 Non-Members, register online at www.nsiAAA.org

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.

10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:00 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:00 p.m. – 6:00 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:00 a.m. – 12:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NIAAA LTI 502 - Athletic Administration: Strategies for Organization & Management (Required for CAA Certification)

Cost is \$100 for NSIAAA Members, \$110 Non-Members, register online at www.nsiAAA.org

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

8:30 a.m. – 10:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

BASKETBALL

Main Gym unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Hudl Academy Workshop: Tips & Tricks

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Sundance Wicks, Missouri Western State University: Actions that Create the Art of Advantage (Downhill – Brush – Motion)

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Sundance Wicks, Missouri Western State University: Shooting Progression & Scoring with Your Feet

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Drew Olson, Concordia University, NE: Everyday Drills to Build a Higher Motor

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Drew Olson, Concordia University, NE: Full Court Pressure Defensive System – Part 2

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Sherri Coale, University of Oklahoma, OK: Teaching & Training the WHEN – Presented by Baden Sports

Sherri Coale, University of Oklahoma, OK: Player Development – Presented by Baden Sports

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

BOWLING-UNIFIED

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting, **A101**

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors

& Coaches Should Know, **Library**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**

Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**

Lunch Break & Visit Exhibitors

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Annual Special Olympics Concussion Training, **D023**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

CHEERLEADING

Partnership with Varsity *A102 unless otherwise noted*

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
2:05 p.m. – 2:45 p.m.
2:45 p.m. – 3:15 p.m.
3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Parks, Special Olympics Nebraska & Panel: How to Start a Unified Cheerleading Program

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

Lunch Break & Visit Exhibitors

Ashley Parnell, Varsity Brands: Creating a Vision for Your Program

Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**

Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**

Ashley Parnell, Varsity Brands: Nebraska State Cheerleading Championship – Score Sheet Update

(Category Scoring & How it Works)



CROSS COUNTRY

E119 unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Wolf, Dordt College, IA: Part Time Coach, Full-Time Sports Psychologist – Helping Athletes Manage Anxiety, Fears & Expectations

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Track & Field **E117**

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Nate Wolf, Dordt College, IA: Pattern & Progression – Taking Athletes From the Start to the Finish of Their Training

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Nate Wolf, Dordt College, IA: Answering Their “Way?” – Building Buy-In From Your Athletes to the Training & Team

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors &

Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 1

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Dustin Llewellyn, Doane University, NE: Training for Peak Performance – Part 2

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Rod Murrow, St. James Academy, KS: Coaching Parables: Wisdom Revealed Through the Power of Stories

Rod Murrow, St. James Academy, KS: The Career Arc of Female Distance Runners: When Will We Ever Learn?!

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

DANCE

Partnership with Varsity

A103 unless otherwise noted**Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:20 a.m. – 9:40 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 2:05 p.m. – 2:45 p.m.
 2:45 p.m. – 3:15 p.m.
 3:25 p.m. – 4:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Rulebook Review
 Samantha Zust, Varsity Brands: Nebraska State Dance Championship – Deductions Update

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

Lunch Break & Visit Exhibitors

Tara Yantis, National Dance Association: How to Guild a Positive Culture

Ice Cream Social – In Partnership with NSEA & Varsity Spirit Fashion Show, **A118A**Joint Session for Cheer & Dance: Nebraska State Competition Update and Q&A, **A118A**

Tara Yantis, National Dance Association: Managing Your Program – Best Practices

FOOTBALL 11-MAN*Auditorium unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:30 a.m. – 9:45 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Jeff Bryant & Austin Zoda, Fort Hays State University, KS: How to Involve Your Running Backs in the Pass Game

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of TeamNCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Jeff Bryant & Austin Zoda, Fort Hays State University, KS: Keeping it Simple – The Fort Hays State Running Game

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Jeff Bryant & Austin Zoda, Fort Hays State University, KS: PA/Naked Concepts – Protections & Routes

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse –

What Athletic Directors & Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles

Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Dan McLaughlin, Wayne State College, NE: Things I've Learned Over the 40 Years of Coaching

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Dan McLaughlin, Wayne State College, NE: Offensive Line Play – The Key to Success

11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
 8:30 a.m. – 10:00 a.m.
 10:10 a.m. – 11:00 a.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB,

Challenge WRs, Change Coverage

Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**Final Clinic Drawings, **Main Gym**

11:10 a.m. – 12:00 p.m.
 11:10 a.m. – 12:00 p.m.
 12:15 p.m.

FOOTBALL 8-MAN*Theater unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 9:30 a.m. – 9:45 a.m.
 9:55 a.m. – 11:25 a.m.
 11:25 a.m. – 1:00 p.m.
 11:25 a.m. – 1:15 p.m.
 1:15 p.m. – 2:05 p.m.
 1:15 p.m. – 3:15 p.m.
 2:05 p.m. – 2:35 p.m.
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

8-Man Football Coaches Roundtable Discussion

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium****Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team**NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43

Lunch Break & Visit Exhibitors

Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills 3-4 Defense & Zone Coverage

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Jeremy Christiansen, Fremont-Mills HS, IA: Fremont-Mills Offense – Winning the Numbers Game with Alignment & Motion

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
 8:30 a.m. – 9:20 a.m.
 8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting, **Auditorium**

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors &

Coaches Should Know, **Library**

NCA District Meetings with Elections & Major Raffles!

Hudl: How Next Generation Coaches Identify Trends With Data

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

Travis White, Tipton HS, OK: Program Operations/Offensive Schemes

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

Travis White, Tipton HS, OK: Weight Room/Defensive Schemes

9:35 a.m. – 10:05 a.m.
 10:20 a.m. – 11:10 a.m.
 10:20 a.m. – 11:10 a.m.
 11:10 a.m. – 1:30 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 2:20 p.m.
 1:30 p.m. – 3:25 p.m.
 2:35 p.m. – 3:25 p.m.

FOOTBALL 8-MAN

Continued from page 15

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.

11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

FOOTBALL 6-MAN

B103 unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:30 a.m. – 9:45 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Clint Linman, McLean HS, TX: Off Set 33 Defense: Keys, Drills & Stunts
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Clint Linman, McLean HS, TX: Using Bootlegs in Gun & Spread Offense
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Clint Linman, McLean HS, TX: McLean Tigers O-Line Fundamentals

Wednesday, July 24

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8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
NSAA Rules Meeting **Auditorium**
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Hudl: How Next Generation Coaches Identify Trends With Data, **Theater**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
John King, Fleming HS, CO: Our Bread & Butter Running Game & Play Action Off of It
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
John King, Fleming HS, CO: 2-3 Defense With Different Looks & Defending the Spread

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.

11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: 4 C's of Pass Defense: Collapse the Pocket, Contain the QB, Challenge WRs, Change Coverage, **Auditorium**
Andrew Shanle, Cypress Ridge HS, TX: Multiple 3-4 Fire Zone Pressures, **Auditorium**
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

GOLF

Please note: Location of Sessions Vary

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting **LNS B104**
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Chad Lydiatt, Awarii Dunes: Full Swing, **Highlands Golf Course Driving Range**
Ice Cream Social – In Partnership with the Nebraska State Education Association (Ice Cream at the Golf Course)
Chad Lydiatt, Awarii Dunes: Practice Scoring, **Highlands Golf Course Practice Green Area**

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Brett Armstrong, Peak Physical Therapy: The TPI Body Swing Connection–Developing Athleticism for Golf Performance, **LNS B104**
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Aaron Aberson, Northwestern College, IA: Make Every Shot Count **LNS B014**
Aaron Aberson, Northwestern College, IA: Do's & Do Not's **LNS B104**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **LNS Auditorium**

GOLF*Continued from page 17*

10:10 a.m. – 11:00 a.m.	Championship Golf Panel - Part 1, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, LNS B104
11:10 a.m. – 12:00 p.m.	Championship Golf Panel - Part 2, Hosted by NCA Golf Advisory Committee featuring Kelli Jeffries, Grand Island HS, Jim Danson, Lincoln Southwest HS, Kim Mestl, Ogallala HS & Craig Badura, Aurora HS, LNS B104
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), A101
12:15 p.m.	Final Clinic Drawings, LNS Main Gym

SOCCER*B106 unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Soccer Coaches Roundtable
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, South Gym – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amber Ashcraft, La Cueva HS, NM: Team Cemetery
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amber Ashcraft, La Cueva HS, NM: Building a Championship Season

Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Hudl Academy Workshop: Tips & Tricks
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, Library
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	NSAA Informational Meeting
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, D023
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	CHANGE: Jessica Smith, Kansas State University: Coaching Millennials
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, A101
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:35 p.m. – 3:25 p.m.	CHANGE: Jessica Smith, Kansas State University: Mentoring & Empowering Female Players

Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, Auditorium
10:10 a.m. – 11:00 a.m.	CHANGE: Jason Pendleton, University of Central Missouri & Metro United Soccer Club: How to Develop a Successful Values Driven High School Program
11:10 a.m. – 12:00 p.m.	CHANGE: Jason Pendleton, University of Central Missouri & Metro United Soccer Club: Periodization – How to Effectively Manage Your Training Schedule to Maximize Results
11:10 a.m. – 12:00 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), A101
12:15 p.m.	Final Clinic Drawings, Main Gym

SOFTBALL*E121 unless otherwise noted***Tuesday, July 23**

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	Amanda Buchholz, DePaul University, IL: 1st Steps & Increasing Range on Defense
9:20 a.m. – 9:40 a.m.	NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
9:55 a.m. – 11:25 a.m.	Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
11:25 a.m. – 1:00 p.m.	NCA & NSEA Mentor & Mentee Programs FREE Luncheon, South Gym – Please pre-register for event on page 43
11:25 a.m. – 1:15 p.m.	Lunch Break & Visit Exhibitors
1:15 p.m. – 2:05 p.m.	Amanda Buchholz, DePaul University, IL: Outfield Play
1:15 p.m. – 3:15 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:05 p.m. – 2:35 p.m.	Ice Cream Social – In Partnership with the Nebraska State Education Association
2:35 p.m. – 3:25 p.m.	Amanda Buchholz, DePaul University, IL: Short Game Fundamentals with Base Running

Wednesday, July 24

7:30 a.m. – 4:00 p.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 9:20 a.m.	NSAA Rules Meeting
8:30 a.m. – 9:20 a.m.	Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, Library
9:35 a.m. – 10:05 a.m.	NCA District Meetings with Elections & Major Raffles
10:20 a.m. – 11:10 a.m.	Amanda Eberhart, University of Nebraska-Omaha: Everyday Drills/.980's
10:20 a.m. – 11:10 a.m.	Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, D023
	Open to schools testing through the Nebraska Sports Concussion Network
11:10 a.m. – 1:30 p.m.	Lunch Break & NCA Sports Advisory Committee Meetings
1:30 p.m. – 2:20 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Full Team Drills
1:30 p.m. – 2:20 p.m.	Special Olympics Nebraska: Genuine Inclusion for All Sports, A101
1:30 p.m. – 3:25 p.m.	Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, Lower Level Training Room
2:35 p.m. – 3:25 p.m.	Amanda Eberhart, University of Nebraska-Omaha: Team Building/Splitting the Year into Phases

Thursday, July 25

7:30 a.m. – 11:30 a.m.	REGISTRATION & EXHIBIT AREAS OPEN
8:30 a.m. – 10:00 a.m.	Nebraska School Activities Association; Head, Heart and Heat Certification, Auditorium
10:10 a.m. – 11:00 a.m.	Travis Owen, University of Minnesota-Crookston: Not Just Strength & Conditioning – The Best Way to Train Today's HS Athlete

SOFTBALL

Continued from page 19

11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 pm

Travis Owen, University of Minnesota-Crookston: The Universals of Pitching & Hitting
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

SPECIAL OLYMPICS

Recommended Sessions - Special Olympics coaches are welcome at any sessions

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
3:40 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Unified Bowling Rules Meeting, **A101**
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Lindsay Chicoine, Fremont HS, NE & Panel Discussion: Building a Unified Bowling Program, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Special Olympics Nebraska – Swimming, **A101**
Special Olympics Nebraska – Swimming, **LNS Swimming Pool**



Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:45 a.m. – 10:35 a.m.
10:50 a.m. – 11:40 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.
3:40 p.m. – 4:30 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 1, **Sun Valley Lanes**
Unified Sports, Bowling Fundamentals for Unified HS Program & Special Olympics – Part 2, **Sun Valley Lanes**
Lunch Break & NCA Sports Advisory Committee Meetings
Annual Special Olympics Concussion Training, **D023**
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Dave Demyan, Special Olympics Nebraska – Basketball, **A101**
Dave Demyan, Special Olympics Nebraska – Basketball, **Main Gym**

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 9:20 a.m.
9:40 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Special Olympics Nebraska – Softball, **A101**
Special Olympics Nebraska – Softball, **LNS Softball Field**
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

TENNIS

B105 or Outdoor Tennis Courts unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.
3:30 p.m. – 4:20 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Mike Baugh, Calvary Christian HS, FL: The 6 F's to Keep Your Practice Fantastic **B105/Tennis Courts**
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Mike Baugh, Calvary Christian HS, FL: Indoor Tennis for Outdoor Facilities **B105/Tennis Courts**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Mike Baugh, Calvary Christian HS, FL: Racquet & String Technology for High School Players, **B105**
NSAA Informational Meeting

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Peggy Holecek, Glenbrook North HS, IL: Group Drills a Solo Coach Can Run, **Tennis Courts**
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**
Dave Schultz, NE Sports Concussion Network: Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
Peggy Holecek, Glenbrook North HS, IL: Putting Fitness & Fun into Every Practice, **B105/Tennis Courts**
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Peggy Holecek, Glenbrook North HS, IL: Team Building, Working With Parents, Setting Expectations for Captains & Team Members **B105**

TRACK & FIELD

E117 unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards, with Cross Country
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team

TRACK & FIELD

Continued from page 20

11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Adam Kedge, Albuquerque Academy, NM: Building a Successful State Meet Plan
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Adam Kedge, Albuquerque Academy, NM: MD, Training & Racing the 800 Meters

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Adam Kedge, Albuquerque Academy, NM: The Multis – Utilization of a Track Superstar
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
Daniel Flahie, Mount Marty College, SD: Strength Training for the Sprints & Jumps
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Daniel Flahie, Mount Marty College, SD: Movement, Mobility & Recovery Strategies for the Track & Field Athlete

11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Mike Parker, Iowa City West HS, IA: How to Inspire Every Event Group to Greatness
Mike Parker, Iowa City West HS, IA: How Every Coach Can Enjoy Sustained Success
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.
1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Insider View of the 2019 NCA All-Star Practice; Hosted by Mike Brandon, Gretna HS
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings, Jerry Stine Family Milestone Awards & AVCA-NCA Academic All-State Teams
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Valerie Armstrong, Midwestern State University, TX: Attack Arm Swing Mechanics & Progressions
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Valerie Armstrong, Midwestern State University, TX: Developing Middle & High School Ball Handling Skills with Warm Up Drills & Progressions



Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
8:30 a.m. – 9:20 a.m.
9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.
11:10 a.m. – 1:30 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 2:20 p.m.
1:30 p.m. – 3:25 p.m.
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels
REGISTRATION & EXHIBIT AREAS OPEN
Andrea Fallon-Korb, Aspire Performance Coaching: Effectively Managing Pressure & Anxiety
Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**
NCA District Meetings with Elections & Major Raffles
NSAA Rules Meeting
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**
Open to schools testing through the Nebraska Sports Concussion Network
Lunch Break & NCA Sports Advisory Committee Meetings
Tom Pingel, Former High Performance Director – USA Volleyball: Blocking – First Line of Team Defense
Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**
Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Tom Pingel, Former High Performance Director – USA Volleyball: Creative Offenses to Fit Your Personnel

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**
Kristen Bernthal Booth, Creighton University, NE: Serve Receive Fundamentals, Team Passing Concepts & Drills
Kristen Bernthal Booth, Creighton University, NE: Advancing Your Offense
Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**
Final Clinic Drawings, **Main Gym**

WRESTLING

Partnership with National Wrestling Coaches Association

Wrestling Room unless otherwise noted

Tuesday, July 23

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.
9:20 a.m. – 9:40 a.m.
9:55 a.m. – 11:25 a.m.
11:25 a.m. – 1:00 p.m.
11:25 a.m. – 1:15 p.m.
1:15 p.m. – 2:05 p.m.

REGISTRATION & EXHIBIT AREAS OPEN
NSAA Informational Meeting
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards
Welcome & Keynote: Bill Curry: Magnanimitas - The Wonder of You and the Power of Team
NCA & NSEA Mentor & Mentee Programs FREE Luncheon, **South Gym** – Please pre-register for event on page 43
Lunch Break & Visit Exhibitors
Chad Parks, Shawnee Heights HS, KS: Culture & Cradles



WRESTLING

Continued from page 22

1:15 p.m. – 3:15 p.m.
2:05 p.m. – 2:35 p.m.
2:35 p.m. – 3:25 p.m.

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**
Ice Cream Social – In Partnership with the Nebraska State Education Association
Chad Parks, Shawnee Heights HS, KS: Let's Get Funky – Principles Behind the Funk

Wednesday, July 24

7:30 a.m. – 4:00 p.m.
8:30 a.m. – 9:20 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Tyler Kroenke, DEA Task Force Officer & Nebraska State Patrol: Student-Athletes & Opioid Misuse – What Athletic Directors & Coaches Should Know, **Library**

9:35 a.m. – 10:05 a.m.
10:20 a.m. – 11:10 a.m.
10:20 a.m. – 11:10 a.m.

NCA District Meetings with Elections & Major Raffles

Andrea Fallon-Korb, Aspire Performance Coaching: The F-Word: Helping Athletes Deal with Failure, **LNS Auditorium**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Lunch Break & NCA Sports Advisory Committee Meetings

11:10 a.m. – 1:30 p.m.

Brett Hunter, Chadron State College, NE: Offense Minded Attacks

1:30 p.m. – 2:20 p.m.

Special Olympics Nebraska: Genuine Inclusion for All Sports, **A101**

1:30 p.m. – 2:25 p.m.

Athletic Taping Sessions – In Partnership with Nebraska Orthopaedic & Sports Medicine, **Lower Level Training Room**

2:35 p.m. – 3:25 p.m.

Brett Hunter, Chadron State College, NE: Basic Mat Skills

Thursday, July 25

7:30 a.m. – 11:30 a.m.
8:30 a.m. – 10:00 a.m.
10:10 a.m. – 11:00 a.m.
11:10 a.m. – 12:00 p.m.
11:10 a.m. – 12:00 p.m.
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Mike Denney, Maryville University, MO: What I've Learned in 50 Years of Coaching

Mike Denney, Maryville University, MO: Fighting from the Corner

Special Olympics Nebraska: Genuine Inclusion for All Sports (Repeat), **A101**

Final Clinic Drawings, **Main Gym**

JUNIOR HIGH/TEACHIG FUNDAMENTALS

B107

Tuesday, July 23

1:15 p.m. – 2:05 p.m.

FOOTBALL: Teaching Fundamentals of Football – Offense: Matthew Ratliff, Cypress Ridge HS, TX

2:35 p.m. – 3:25 p.m.

FOOTBALL: Teaching Fundamentals of Football – Defense: Andrew Shanle, Cypress Ridge HS, TX

Wednesday, July 24

2:35 p.m. – 3:25 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball

3:40 p.m. – 4:30 p.m.

BASKETBALL: Russ Ninemire, Douglas County West HS, NE - Teaching Fundamentals of Basketball, **Main Gym**

DISTRICT MEETINGS

Wednesday, July 24 9:35 a.m. – 10:05 a.m.

District 1	Auditorium
District 2	Main Gym
District 3	South Gym
District 4	E117
District 5	Theater
District 6	E119