

## ATHLETIC DIRECTORS

Library unless otherwise noted

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 a.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Rob Miller, Proactive Coaching: Developing Core Covenants for Your Staff, Parents and Department  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership, Main Gym**  
Lunch Break & Visit Exhibitors  
Rob Miller, Proactive Coaching: Do You Have an Action Plan to Get Your Priorities/Needs Done?  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Rob Miller, Proactive Coaching: Principals of Championship Programs  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN  
Round Table Discussion-Facilitated by the NSIAAA: Parent Meetings & Booster Clubs  
NCA District Meetings with Elections & Major Raffles  
Round Table Discussion-Facilitated by the NSIAAA: Facility Use & Emergency Plans  
Lunch Break & NCA Sports Advisory Committee Meetings  
Nate Parks, Special Olympics Nebraska: Unified Sports in Nebraska-The History & Future  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Round Table Discussion-Facilitated by the NSIAAA: How Nebraska ADs & Conferences Use rSchool  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
H.E.A.R. – Anti-Bullying Program, Nebraska Army National Guard  
Final Clinic Drawings **Main Gym**

## BASKETBALL

Main Gym unless otherwise noted

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Hudl  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Ben McCollum, Northwest Missouri State University: Bearcat Culture  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Ben McCollum, Northwest Missouri State University: Pick & Roll Offense & Defense  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting  
NCA District Meetings with Elections & Major Raffles  
John Miller, Palmyra HS, NE: Favorite Drills for Player & Team Development  
Lunch Break & NCA Sports Advisory Committee Meetings  
Bob Ludwig, Peru State College: Peru State's Ball Screen Motion Offense  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Bob Ludwig, Peru State College: Post Skill Development Drills + Challenges of a 1st Year Head Coach  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Joe Wooten, Bishop O'Connell HS, VA: Running an Effective Practice  
Joe Wooten, Bishop O'Connell HS, VA: Man & Zone Offense  
Final Clinic Drawings **Main Gym**

## BOWLING-UNIFIED

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting/Update **A101**  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Unified Sports, Bowling Fundamentals for High School & Special Olympics Coaches **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Unified Sports, Bowling Fundamentals **Sun Valley Lanes**  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

## BOWLING-UNIFIED

*Continued*

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
9:00 a.m. – 9:50 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Hands on Training for the Special Olympics Bowling Coach **Sun Valley Lanes**

NCA District Meetings with Elections & Major Raffles

Special Olympics Concussion Training **D023**

Lunch Break & NCA Sports Advisory Committee Meetings

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Final Clinic Drawings **Main Gym**

## CHEERLEADING

**Presented by Varsity** *A102 unless otherwise noted*

*Coaches may attend Tuesday or Wednesday (same material covered each day)*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
3:45 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nate Parks, Special Olympics Nebraska & UCA/NCA: How to Start a Unified Cheerleading Program

Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**

**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**

Lunch Break & Visit Exhibitors

Ashley Parnell, Universal Cheerleaders Association: Make Every Minute Count-Planning Practices

Ice Cream Social – In Partnership with the Nebraska State Education Association

Bill Ahern, Universal Cheerleaders Association: How to Reduce Risk for You & Your Team

UCA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **Main Gym**



### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
9:45 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
2:35 p.m. – 3:25 p.m.  
3:45 p.m. – 5:00 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, Presented by Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**

Nate Parks, Special Olympics Nebraska & UCA/NCA: How to Start a Unified Cheerleading Program

Lunch Break & Visit Exhibitors

Ashley Parnell, Universal Cheerleaders Association: Make Every Minute Count-Planning Practices

Bill Ahern, Universal Cheerleaders Association: How to Reduce Risk for You & Your Team

UCA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **South Gym**

## CROSS COUNTRY

*E119 unless otherwise noted*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Kristin McWilliams, Winter Park HS, FL: Developing a Tradition of Excellence the Winter Park Way

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**

Lunch Break & Visit Exhibitors

Kristin McWilliams, Winter Park HS, FL: Elite Athlete Management & Balancing Varying Ability Levels in Your Program

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Kristin McWilliams, Winter Park HS, FL: Emphasizing the Importance of the Track Season & Attention to Details

NSEA: More than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

NCA District Meetings with Elections & Major Raffles

Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **Auditorium**

Lunch Break & NCA Sports Advisory Committee Meetings

Derek Fey, College of Saint Mary, NE: Training Sessions for a Successful Season

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Derek Fey, College of Saint Mary, NE: A Peaking Plan to End the Season Strong

NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Ryan Mahoney, Hastings College, NE: Train Where You Are-Race Where You Want to Be

Ryan Mahoney, Hastings College, NE: Training All the Ancillaries with Distance Runners

Final Clinic Drawings **Main Gym**

## DANCE

Partnership with Varsity

A103 unless otherwise noted

Coaches may attend Tuesday or Wednesday (same material covered each day in Dance sessions)



### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
3:45 p.m. – 5:00 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Jill Petersen & Rachel Lawler, Varsity Spirit: How to Make an Athlete Ready for a College Program

Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**

**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**

Lunch Break & Visit Exhibitors

Jill Petersen & Rachel Lawler, Varsity Spirit: Make Every Minute Count-Practice Management

Ice Cream Social – In Partnership with the Nebraska State Education Association

Jill Petersen & Rachel Lawler, Varsity Spirit: Game Day & Good Coaching

UDA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **Main Gym**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
9:45 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
2:35 p.m. – 3:25 p.m.  
3:45 p.m. – 5:00 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, Presented by Scheels

REGISTRATION & EXHIBIT AREAS OPEN

Joint Session for Cheer & Dance; Nebraska State Competition Update and Q&A **A118A**

Jill Petersen & Rachel Lawler, Varsity Spirit: How to Make an Athlete Ready for a College Program

Lunch Break & Visit Exhibitors

Jill Petersen & Rachel Lawler, Varsity Spirit: Make Every Minute Count-Practice Management

Jill Petersen & Rachel Lawler, Varsity Spirit: Game Day & Good Coaching

UDA Staff & Bill Ahern; Skills Demonstration & Hands-On Skill Seminar for Coaches **South Gym**

## FOOTBALL 11-MAN

Partnership with USA Football

Auditorium unless otherwise noted



### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:30 a.m. – 9:45 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Steve Schneider, Peru State College, NE: Old School Triple Option Ball

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards

**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**

Lunch Break & Visit Exhibitors

Bob Gaddis, Columbus East HS, IN: Win With Organization – Presented by Baden Sports

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Bob Gaddis, Columbus East HS, IN: Playing & Practicing Fast – Presented by Baden Sports

NSEA: More than Liability Insurance – Why I Belong X2 **B107-**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting

NCA District Meetings with Elections & Major Raffles

Hudl **Theater**

Lunch Break & NCA Sports Advisory Committee Meetings

Patrick Daberkow, Concordia University, NE: Concordia University Defensive Back Technique & Drills

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**

Open to schools testing through the Nebraska Sports Concussion Network

Patrick Daberkow, Concordia University, NE: Concordia University Defensive Line Technique & Drills

NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**

Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System **Theater**

JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact

Final Clinic Drawings **Main Gym**

## FOOTBALL 8-MAN

Partnership with USA Football

Theater unless otherwise noted



### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:30 a.m. – 9:45 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN

Dickie Roybal & Caleb King, Melrose HS, NM: Balanced & Unbalanced Sets – X's & O's

NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards Aud.

**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**

Lunch Break & Visit Exhibitors

Dickie Roybal & Caleb King, Melrose HS, NM: Defense-Balanced Formations & Spread

Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**

Ice Cream Social – In Partnership with the Nebraska State Education Association

Dickie Roybal & Caleb King, Melrose HS, NM: Special Teams

NSEA: More than Liability Insurance – Why I Belong X2 **B107**

### Wednesday, July 25

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8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels

REGISTRATION & EXHIBIT AREAS OPEN

NSAA Rules Meeting **Auditorium**

NCA District Meetings with Elections & Major Raffles

Hudl

**FOOTBALL 8-MAN****Partnership with USA Football** *Continued*

11:10 a.m. – 1:30 p.m.  
 1:30 p.m. – 2:20 p.m.  
 1:30 p.m. – 3:25 p.m.  
 1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.  
 2:35 p.m. – 3:25 p.m.

**Thursday, July 26**

7:30 a.m. – 11:30 a.m.  
 8:30 a.m. – 10:00 a.m.  
 10:10 a.m. – 11:00 a.m.  
 11:10 a.m. – 12:00 p.m.  
 12:15 p.m.

Lunch Break & NCA Sports Advisory Committee Meetings  
 Chris Michel, Sedgwick County HS, CO: Pistol Option Football  
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
 Open to schools testing through the Nebraska Sports Concussion Network  
 Chris Michel, Sedgwick County HS, CO: Attacking 3 Front Defenses  
 NSEA: What I Wish I Would Have Known **B107**

REGISTRATION & EXHIBIT AREAS OPEN  
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
 JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact **Auditorium**  
 Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System  
 Final Clinic Drawings **Main Gym**

**FOOTBALL 6-MAN****Partnership with USA Football** *B103 unless otherwise noted***Tuesday, July 24**

7:30 a.m. – 4:00 p.m.  
 8:30 a.m. – 9:20 a.m.  
 9:30 a.m. – 9:45 a.m.  
 9:55 a.m. – 11:25 a.m.  
 11:25 a.m. – 1:15 p.m.  
 1:15 p.m. – 2:05 p.m.  
 1:15 p.m. – 3:15 p.m.  
 2:05 p.m. – 2:35 p.m.  
 2:35 p.m. – 3:25 p.m.  
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
 DeWayne Lee, Strawn HS, TX: Offense-T-Formation, J-Bird, Shot Gun Sets  
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards **Auditorium**  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
 Lunch Break & Visit Exhibitors  
 DeWayne Lee, Strawn HS, TX: Defense-Variation of 4-2 & 3-3 Tight  
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
 Ice Cream Social – In Partnership with the Nebraska State Education Association  
 DeWayne Lee, Strawn HS, TX: Special Teams Play  
 NSEA: More than Liability Insurance - Why I Belong X2 **B1077-**

**Wednesday, July 25**

7:30 a.m. – 4:00 p.m.  
 8:30 a.m. – 9:20 a.m.  
 9:35 a.m. – 10:05 a.m.  
 10:20 a.m. – 11:10 a.m.  
 11:10 a.m. – 1:30 p.m.  
 1:30 p.m. – 2:20 p.m.  
 1:30 p.m. – 3:25 p.m.  
 1:30 p.m. – 2:20 p.m.

2:35 p.m. – 3:25 p.m.  
 2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
 REGISTRATION & EXHIBIT AREAS OPEN  
 NSAA Rules Meeting **Auditorium**  
 NCA District Meetings with Elections & Major Raffles  
 Hudl **Theater**  
 Lunch Break & NCA Sports Advisory Committee Meetings  
 Troy Walters, MonDak (Coop of Westby, MT & Grenora, ND: Offense Formation vs. Man & Zone  
 Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
 Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
 Open to schools testing through the Nebraska Sports Concussion Network  
 J.R. Johnson, MonDak (Coop of Westby, MT & Grenora, ND: Defensive Strategies  
 NSEA: What I Wish I Would Have Known **B107**

**Thursday, July 26**

7:30 a.m. – 11:30 a.m.  
 8:30 a.m. – 10:00 a.m.  
 10:10 a.m. – 11:00 a.m.  
 11:10 a.m. – 12:00 p.m.  
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
 Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
 JP Hartigan, Shadow Man Sports: Increase Game Speed Reps without Player to Player Contact **Auditorium**  
 Jon Clanton, Phoenix Central HS, AZ: Advanced D-Line Rush, Tip of the Spear Contact System **Theater**  
 Final Clinic Drawings **Main Gym**

**GOLF***Please note: Location of Sessions Vary***Tuesday, July 24**

7:30 a.m. – 4:00 p.m.  
 8:30 a.m. – 9:20 a.m.  
 9:20 a.m. – 9:40 a.m.  
 9:55 a.m. – 11:25 a.m.  
 11:25 a.m. – 1:15 p.m.  
 1:15 p.m. – 2:05 p.m.  
 2:05 p.m. – 2:35 p.m.  
 2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
 NSAA Rules Meeting **LNS B104**  
 NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
 Lunch Break & Visit Exhibitors  
 Alex Carper, Wilderness Ridge Golf Club, NE: Full Swing Concepts & Practice **Highlands Golf Course**  
 Ice Cream Social – In Partnership with the Nebraska State Education Association (Ice Cream at the Golf Course)  
 Alex Carper, Wilderness Ridge Golf Club, NE: Short Game Concepts & Practice **Highlands Golf Course**

**Wednesday, July 25**

7:30 a.m. – 4:00 p.m.  
 8:30 a.m. – 9:20 a.m.  
 9:35 a.m. – 10:05 a.m.  
 10:20 a.m. – 11:10 a.m.  
 11:10 a.m. – 1:30 p.m.  
 1:30 p.m. – 2:20 p.m.  
 2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
 REGISTRATION & EXHIBIT AREAS OPEN  
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Next Level Recruiting **LNS B104**  
 NCA District Meetings with Elections & Major Raffles  
 Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **LNS Auditorium**  
 Lunch Break & NCA Sports Advisory Committee Meetings  
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Your Parents **Highlands Golf Course Conference Room**  
 Alex Carper, Wilderness Ridge Golf Club, NE: Strategy & Tournament Preparation **Highlands Golf Course**

**Thursday, July 26**

7:30 a.m. – 11:30 a.m.  
 8:30 a.m. – 10:00 a.m.  
 10:15 a.m. – 11:05 a.m.  
 11:05 a.m. – 11:55 a.m.  
 12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
 Nebraska School Activities Association; Head, Heart and Heat Certification, **LNS Auditorium**  
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-Your Golfers **LNS B104**  
 Dennis Burchill, Lake Mary HS, FL: Four Pillars of Coaching High School Golf-You **LNS B104**  
 Final Clinic Drawings **LNS Main Gym**

## SOCCER

*B106 unless otherwise noted*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Informational Meeting  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Mike Pickett, St. John's Country Day HS, FL: Player Development to Succeed at the Next Level  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Mike Pickett, St. John's Country Day HS, FL: The Importance of Set Piece Practice  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**-

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Hudl  
NCA District Meetings with Elections & Major Raffles  
Soccer Coaches Round Table & Chalk Talk  
Lunch Break & NCA Sports Advisory Committee Meetings  
Greg Henson, Concordia University, NE: The Concordia Way-A Defensive Approach to Goal Scoring  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Greg Henson, Concordia University, NE: How to Develop & Evolve Your Program's Tactical Identity  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Randy Waldrum, University of Pittsburgh: Setting Your Team Up Defensively  
Randy Waldrum, University of Pittsburgh: A Positional Game-Creating Numerical Advantages  
Final Clinic Drawings **Main Gym**

## SOFTBALL

*E121 unless otherwise noted*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Larissa Anderson, University of Missouri: Skills & Drills  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Larissa Anderson, University of Missouri: Ball Everydays  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Larissa Anderson, University of Missouri: Pitching-From Day One to Game One  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**-

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Rules Meeting  
NCA District Meetings with Elections & Major Raffles  
Kristi Bredbenner, Wichita State University: Competitive Drills to Make Your Team Game Ready  
Lunch Break & NCA Sports Advisory Committee Meetings  
Kristi Bredbenner, Wichita State University: Catchers-Creating a General on the Field  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Kristi Bredbenner, Wichita State University: Team Chemistry-A Must for Championship Teams  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Ben Greer, Iowa Western Community College: Hitting Mechanics & Approach at the Plate  
Ben Greer, Iowa Western Community College: Practice Planning  
Final Clinic Drawings **Main Gym**

## SPECIAL OLYMPICS

*Recommended Sessions - Special Olympics coaches are welcome at any sessions*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Unified Sports, Bowling Fundamentals for High School & Special Olympics Coaches **A101**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association



## SPECIAL OLYMPICS

*Continued*

2:45 p.m. – 3:35 p.m.  
3:45 p.m. – 4:35 p.m.

Special Olympics Volleyball **A101**  
On-Court Volleyball Drills **South Gym**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
9:00 a.m. – 9:50 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.  
3:40 p.m. – 4:30 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels  
REGISTRATION & EXHIBIT AREAS OPEN  
Hands on Training for the Special Olympics Bowling Coach **Sun Valley Lanes**  
Annual Special Olympics Concussion Training **D023**  
Lunch Break & NCA Sports Advisory Committee Meetings  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Andy Gerlec, Papillion-La Vista South HS, NE: Practicing with a Purpose-Ideas and Drills **B104**  
Andy Gerlec, Papillion-La Vista South HS, NE: On-Court Drills for Special Olympics Coaches **Main Gym**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Special Olympics Track & Field **A101**  
Hands on Training for Special Olympics Track & Field **LNS Track**  
Final Clinic Drawings **Main Gym**

## TENNIS

*B105 or Outdoor Tennis Courts unless otherwise noted*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.  
3:30 p.m. – 4:20 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Dave Adams, Cheyenne Mountain HS, CO: Playing Smart to Win: Offense –Defense & Big Six **B105**  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Dave Adams, Cheyenne Mountain HS, CO: Winning Dynamic Doubles **B105**  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**  
NSAA Informational Meeting

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels  
REGISTRATION & EXHIBIT AREAS OPEN  
Dave Adams, Cheyenne Mountain HS, CO: Doubles & Singles Drills **Tennis Courts**  
NCA District Meetings with Elections & Major Raffles  
Joel Reckaway, Concordia University, NE: High Speed Warm Up & Drills **Tennis Courts**  
Lunch Break & NCA Sports Advisory Committee Meetings  
Joel Reckaway, Concordia University, NE: High Speed Live Ball Games Tennis Courts  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Joel Reckaway, Concordia University, NE: High Percentage Tennis Strategy  
NSEA: What I Wish I Would Have Known **B107**

## TRACK & FIELD

*E117 unless otherwise noted*

### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
NSAA Informational Meeting  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Ryan Banta, Parkway Central HS, MO: Coaching the 100 A-Z  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Ryan Banta, Parkway Central HS, MO: Building a Program through the 400  
NSEA: More Than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.  
  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels  
REGISTRATION & EXHIBIT AREAS OPEN  
Track & Field Coaches Round Table  
NCA District Meetings with Elections & Major Raffles  
Anne Shadle, Certified Mental Performance Consultant: Team Building for the Individual Athlete, **Auditorium**  
Lunch Break & NCA Sports Advisory Committee Meetings  
Dusty Jonas, University of Nebraska: High Jump Basics & Program Design, Part 1  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Dusty Jonas, University of Nebraska: High Jump Basics & Program Design, Part 2  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Bob Brandt, Bishop Neumann HS, NE (Retired): Developing the High School Hurdler  
Bob Brandt, Bishop Neumann HS, NE (Retired): Building Consistency in Your Hurdle Program  
Final Clinic Drawings **Main Gym**

## VOLLEYBALL

Partnership with American Volleyball Coaches Association

South Gym unless otherwise noted



### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Insider View of the 2018 NCA All-Star Practice; Hosted by Mike Brandon, Gretna HS  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Cliff Hastings, Parkland College, IL: Drills to Improve Your Team's Defense & Offensive Production  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Cliff Hastings, Parkland College, IL: Drills to Round Out Your Coaching Eye & Focus  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Anne Shadle, Certified Mental Performance Consultant: Coaching & Developing: Transforming How You Coach & Lead  
NCA District Meetings with Elections & Major Raffles  
NSAA Rules Meeting  
Lunch Break & NCA Sports Advisory Committee Meetings  
Zach Young, Lafayette HS, MO: Training Your Setter  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Zach Young, Lafayette HS, MO: Balancing Life as a Coach & Life at Home  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Dani Busboom Kelly, University of Louisville, KY: Training Defense & Serve Receive – Individual & Team  
Dani Busboom Kelly, University of Louisville, KY: Setter Training: From the Basics to Advanced  
Final Clinic Drawings **Main Gym**

## WRESTLING

Partnership with National Wrestling Coaches Association

Wrestling Room unless otherwise noted



### Tuesday, July 24

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:20 a.m. – 9:40 a.m.  
9:55 a.m. – 11:25 a.m.  
11:25 a.m. – 1:15 p.m.  
1:15 p.m. – 2:05 p.m.  
1:15 p.m. – 3:15 p.m.  
2:05 p.m. – 2:35 p.m.  
2:35 p.m. – 3:25 p.m.  
2:35 p.m. – 3:25 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Charlie Pipher, Western State Colorado University: Systematic Offense  
NCA Sport Meetings: Sport Advisory Committee Nominations for District Meetings & Jerry Stine Family Milestone Awards  
**Welcome & Keynote: Chris Reynolds, Athletic Director, Bradley University: The Essence of Leadership**  
Lunch Break & Visit Exhibitors  
Charlie Pipher, Western State Colorado University: Scoring in Transition  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Ice Cream Social – In Partnership with the Nebraska State Education Association  
Charlie Pipher, Western State Colorado University: Choreographed Drilling  
NSEA: More than Liability Insurance - Why I Belong X2 **B107**

### Wednesday, July 25

7:30 a.m. – 4:00 p.m.  
8:30 a.m. – 9:20 a.m.  
9:35 a.m. – 10:05 a.m.  
10:20 a.m. – 11:10 a.m.  
11:10 a.m. – 1:30 p.m.  
1:30 p.m. – 2:20 p.m.  
1:30 p.m. – 3:25 p.m.  
1:30 p.m. – 2:20 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank, West Side LNS, In Partnership with Scheels**  
REGISTRATION & EXHIBIT AREAS OPEN  
Guy Melby, Sidney HS, MT: Selling Your Program  
NCA District Meetings with Elections & Major Raffles  
NSAA Informational Meeting  
Lunch Break & NCA Sports Advisory Committee Meetings  
Guy Melby, Sidney HS, MT: Communication & Getting the Best Out of Your Wrestlers  
Athletic Taping Sessions – In Partnership with Nebraska Orthopedic & Sports Medicine, **Lower Level Training Room**  
Dave Schultz, NE Sports Concussion Network; Refresher: ImPact-Baseline Testing & Training, **D023**  
Open to schools testing through the Nebraska Sports Concussion Network  
Guy Melby, Sidney HS, MT: Wing Series, Tilt Series and Wrist Ride Series  
NSEA: What I Wish I Would Have Known **B107**

### Thursday, July 26

7:30 a.m. – 11:30 a.m.  
8:30 a.m. – 10:00 a.m.  
10:10 a.m. – 11:00 a.m.  
11:10 a.m. – 12:00 p.m.  
12:15 p.m.

REGISTRATION & EXHIBIT AREAS OPEN  
Nebraska School Activities Association; Head, Heart and Heat Certification, **Auditorium**  
Tom McCann, University of Nebraska-Kearney: Go for 5 When 2 Won't Do  
Tom McCann, University of Nebraska-Kearney: Funk Stuff & Ten Things You Have to Know  
Final Clinic Drawings **Main Gym**

## JUNIOR HIGH/TEACHIG FUNDAMENTALS

B104

### Tuesday, July 24

1:15 p.m. – 2:05 p.m.  
2:35 p.m. – 3:25 p.m.

FOOTBALL: Greg Nelson, Lincoln Lutheran HS, NE: Individual Drills & Installing Basics for the Spread Offense  
FOOTBALL: Greg Nelson, Lincoln Lutheran HS, NE: Individual & Team Fundamentals for a Swarming Defense

### Wednesday, July 25

1:30 p.m. – 2:20 p.m.  
2:35 p.m. – 3:25 p.m.

**Coaches Care Blood Drive, Nebraska Community Blood Bank**  
BASKETBALL: John Miller, Paimyra HS, NE: Building Your System & Identity at the Junior High Level  
BASKETBALL: Andy Gerlecz, Papillion-La Vista South HS, NE: Practicing with a Purpose-Ideas & Drills

## DISTRICT MEETINGS

Wednesday, July 25 9:35 a.m. – 10:05 a.m.

**District 1** Auditorium  
**District 2** Main Gym  
**District 3** South Gym  
**District 4** E117  
**District 5** Theater  
**District 6** E119