

2013 Nebraska Coaches Association Multi-Sport Clinicians

Special Sessions:

Rob Miller, Proactive Coaching – A former 4-sport athlete and team captain of his basketball team at Spring Arbor College in Michigan, Rob Miller has served as Director of Athletic Facilities at his alma mater, as well as Commissioner of the Sun Conference in the NAIA. He helped implement the Champions of Character program at the United States Military Academy and served as the program's director. A highly respected motivational speaker and presenter for Proactive Coaching, Rob's topics include creating character-based team cultures, providing a blueprint for team leadership, developing confident, tough-minded & fearless competitors, and training coaches for excellence and significance.

Greg Winkler, Fond Du Lac HS, Wisconsin – Coach Winkler's career at Fond Du Lac began in 1990 at the elementary school. He spent 9 years at Woodworth Jr. High before moving to the High School when it opened in 2000. Winkler has been the Assistant AD since 1999, Head Boys Soccer Coach since 1998, and Head Girls Soccer Coach since 2006. Recently recognized by the National Soccer Coaches Association of America as the 212 National Youth Coach of the Year, Greg has also been recognized as a conference coach of the year, the State Division 1 Boys Coach of the Year, a sectional winner of the National Federation of High School Coach of the Year, and numerous other State Youth Soccer Awards. Greg is the author of a coaching book, 'Coaching a Season of Significance'.

Spencer Wood, Icebox Athlete, Virginia – For the past 10 years Spencer has traveled the globe as an author, teacher & speaker on Mental Skills & Toughness Training, as well as Explosive Speed, Quickness & Agility Training. He has spoken at 3 Nike Football Coach of the Year Award Clinics, 5 NCAA Basketball Final Fours, 3 National Soccer Coaches Conventions, the American Baseball

Coaches Association Convention, and the National Fastpitch Softball Coaches Association Convention, among other national marquee conferences. He has earned two undergrad degrees, a Masters in Exercise Science from California University, and a PhD in Psychology with an emphasis in Sport Psychology. His workshops with championship teams at the US Olympic Training Center, in professional leagues such as the NBA, and with teams from most of the major NCAA conferences have garnered international media coverage on networks such as NBC & ESPN.

AD Sessions:

Dan Eassa, Recruiting Education Foundation, FL – Dan has been involved in virtually every aspect and every level of athletes. A four year collegiate student-athlete, Dan was fortunate enough to have 11 NFL tryouts and has signed several professional football contracts. A 17-year sportscaster, Dan has covered such major events as the Super Bowl, World Series, Daytona 500, the Masters, as well as multiple collegiate and high school championships. Dan has also made time to coach athletes from the recreational level, to working with and training professional athletes. He has now dedicated his life to educating high school athletes and their families about the importance of academics and how it can help them achieve their athletic dreams, and not the other way around.

Bob Hartman, Whitehall HS, PA – Bob Hartman has been the Athletic Director in the Whitehall-Coplay School District for the past 11 years. Prior to becoming Athletic Director he was the Head Wrestling Coach and an Assistant Football Coach. As Head Wrestling Coach, he led the Zephyrs to their highest finish, as well as helping crown the 1st State Champion, in the school's wrestling history. He was the Morning Call Coach of the Year in 2002 and was inducted in to the District XI Wrestling Hall of Fame in 2012. As Athletic Director, Coach Hartman was the conference AD of the Year in 2006 and the PSADA Region 2 AD of the Year in 2012. He has presented at the NWCA Convention in Ft. Lauderdale, as well as the New York and Pennsylvania Athletic Director Conventions.

Henry Johnson, Father McGivney Catholic HS, Illinois – Henry Johnson has 24 years of athletic administrator experience, and also has been a head coach in both football and baseball. Johnson's service to the Illinois High School Association has included serving on the Athletic Advisory Committee, Sportsmanship Advisory Committee, the Strategic Planning Committee, and as a Liaison to the Board of Directors. He was a president of Illinois Athletic Directors Association and served in numerous other board positions. Johnson is presently serving on the credentials committee of the National Interscholastic Athletic Administrators Association. Henry was named the Illinois Athletic Directors Association Class 3A-4A Athletic Director of the Year in 2011, and was awarded the State Award of Merit by the NIAAA.

Basketball:

Matt Fritsche, Midland University – Coach Fritsche spent a decade building the girls' basketball program at Bellevue West High School before accepting the Head Women's Basketball Coach position at Midland University last year. He won three Class A state championships while at Bellevue West, compiling a career record of 199-56 and earning several coaching honors, including Omaha World Herald Coach of the Year in 2010. In addition to his coaching role, Fritsche has served on the WBA Nike All-American Committee, scouting top players from Nebraska, Iowa, South Dakota, North Dakota, Missouri, Kansas & Oklahoma.

Don Meyer, Northern State University – Born and raised on a small farm in Wayne, NE, Don Meyer's career as a head basketball coach began at Hamline University in St. Paul, MN. After three years Coach Meyer was named head coach at Lipscomb University in Nashville, TN, where he spent 24 years and earned 13 National Tournament appearances, winning the title in 1986. In 1999 Meyer was hired as head coach at Northern State University, and when he retired in 2010 he had a record-setting 923 total wins. Coach Meyer has taught at basketball clinics in almost every state in the USA and has done several clinics overseas. He was the 2009 ESPY recipient of the Jimmy V Award for Perseverance, and was inducted into the South Dakota Hall of Fame in 2012.

Mike Neighbors, University of Washington – Regarded as one of the country's best defensive & player-development specialists, Neighbors has been an assistant coach at Washington for 2 years. In his first and second years at UW the Huskies finished 20-14 and 21-12 respectively, the first back-to-back 20-win seasons since '93-'94 and '94-'95. Coach Neighbors previously coached at Xavier, the University of Arkansas, Colorado, and the University of Tulsa. Everywhere he has coached, he's overseen the development of either the No. 1 or No.2 all-time leading scorer in program history. Mike is a regular speaker at coaching conventions and clinics around the nation. Neighbor's weekly newsletter is popular with coaches at all levels.

Shane Warwick, Warwick Workouts – Shane Warwick is a native of Castlewood, South Dakota and was a 2-time all-conference performer at Northern State University. He has coached 9 years at the collegiate level and 6 years at the high school level, winning 4 Conference Championships with 3 different programs and has twice been named South Dakota's Collegiate Coach of the Year. Shane has spent the past 10 years focusing on player development, with an emphasis on advanced offensive skills through camps and clinics. Warwick Workouts works with elementary, middle and high school athletes throughout the United States and over-seas. He has also worked with college programs and individual collegiate and professional athletes. Shane coaches at the NBA Free Agent Camp and works with the NBA Rookies in the summer in preparation for the NBA draft and is regarded as the best personal workout instructor in the nation by Reggie Brown of Priority Sports in Chicago, Illinois.

Football 11-Man:

Terry Joseph, UNL – Coach Joseph begins his third season on the Husker coaching staff in 2013, and is in charge of the Husker secondary. He has helped maintain and enhance Nebraska's reputation of annually producing one of the nation's best secondaries, finishing the 2011 season with a 4th place ranking in pass defense. In 2012 the pass defense ranking marked the third straight year NU had ranked in the top 20 nationally in pass efficiency defense. Prior to coming to Nebraska, Joseph spent two seasons at Tennessee, three seasons at

Louisiana Tech, and worked alongside Bo Pelini as a defensive grad assistant at LSU in 2006.

Nick Fulton, Black Hills State University – Coach Fulton enters his second year as the Yellow Jacket's Offensive Coordinator. Prior to heading to Black Hills State, Nick spent two year as offensive graduate assistant at the University of Wyoming. He previously coached the offensive line and tight ends at Doane College, where he also held positions as video coordinator, interim director of football operations, and head junior varsity coach. A graduate of the University of Sioux Falls, Fulton played on three conference championship teams and was on the 2001 NAIA runner-up team as an offensive lineman.

John Reiners, Black Hills State University – Reiners will begin his second season at Black Hills State after previously spending three years as the offensive coordinator and recruiting coordinator. Prior to BHSU, Reiners spent 15 seasons as running back, wide receiver, and tight end coach for Chadron State College, where he helped the Eagles to 3 straight NSAA Division II playoff appearances. John coached many outstanding running backs while at CSC, including Danny Woodhead, the all-division career record holder with 7,962 yards. A graduate of Republican Valley High School in Indianola, NE, Coach Reiners was a football standout and won the State Class C 800 meter run as a senior. He was a four-year letter-winner in football at Chadron State, graduating in 1995.

Scott Strohmeier, Iowa Western Community College – A Minnesota native, Scott's first coaching position was with Concordia University of St. Paul, where he served as Assistant Head Coach, QB Coach and Offensive Coordinator from 1998-2003. After a couple of years as Head Coach at North Iowa Area Community College, Coach Strohmeier took over the Head Coach position at Iowa Western in 2008. His 2012 NJCAA National Championship helped him to also earn ACCFCA Coach of the Year honors for 2012. With an overall record of 35-8, Strohmeier has had 77 former athletes move onto the next level, 41 of them joining D-1 programs.

Mike Strohmeier, Iowa Western Community College – Mike works as Offensive Coordinator, WR Coach, and Recruiting Coordinator with his brother Scott at Iowa Western. He joined the coaching staff in 2008, following coaching stints at Fergus Falls CC, Eden Valley HS, and North Iowa Area CC. Fourteen former Reiver Wide Receivers under Coach Strohmeier have moved on to the next level of play, including six from 2012.

Jim Svoboda, University of Central Missouri – Coach Svoboda became the head football coach at Central Missouri in January of 2010, and in his first year at the helm led the team to a school record 11-3 mark and its second ever NCAA Playoff appearance. He landed at UCM after three years as assistant head coach and quarterbacks coach at Montana State, where he helped the Bobcats to winning seasons each year there. Svoboda's other coaching experiences included 3 years at UCLA as quarterbacks coach, 10 years at Northwest Missouri State as offensive coordinator and quarterbacks coach, and 7 years as head coach at Nebraska Wesleyan.

Football 8-Man:

Bill Brown, Deckerville HS, MI – Coach Brown, a Deckerville, MI, native, has led the Deckerville Eagles to 10 league and 6 district championships, while compiling a 155-41 record. In 2012 Brown's squad captured the Michigan 8-man State Championship and finished the season 12-1. Deckerville has made the Michigan State Playoffs in 17 of the 20 years with Brown at the helm. In 2010 Bill coached in the MHSFCA All-Star football game.

Justin Coup, Baileyville B&B HS, KS – Coach Coup's coaching career began at Goessel High School in Kansas, where he was head boys basketball, football & golf coach, as well as athletic director and business teacher over the course of his 13 years. He brought the Goessel football team to 5 straight playoff appearances and led them to their first ever regular season undefeated season. Now heading into his third year at Baileyville B&B, Justin guided his team last year to another undefeated regular season, along with a State Championship finish in Division II. Coach Coup is also principal and athletic director at

B&B, and has served as an assistant coach for the 8-man all-star east team in 2005, 2009, 2010 & 2012.

Golf:

Charlie Borner, PGA Professional, Hillcrest Country Club – Charlie was a 4-year letterman on the UNL Men's Golf Team, graduating in 1968. He was a teacher and golf coach at North Platte Public Schools from 1968-1974, and is in his 30th year at Hillcrest Country Club. A two-time Nebraska State High School Golf Champion and 3-time Nebraska State Amateur Champion, Borner was inducted into the Nebraska Golf Hall of Fame in 2000.

Scott Bruha, PGA Professional, Meadowlark Hills Golf Course – Scott has been a teacher of the game of golf for over 15 years. He has served on the committee for the NSAA Boys State Golf Championships for the past 8 seasons as a rules official, lead scorer, and awards presenter for multiple state classes at Meadowlark Hills. An accomplished player, Bruha won the Nebraska Section PGA Assistant Championship in both 2006 & 2009.

David James, PGA Professional, Meadowlark Hills Golf Course – Dave has been a teacher of the game of golf for just under 20 years. He has served on the committee for the NSAA Boys State Golf Championships since 2006 as a host professional and a rules official.

Bob Saffer, PGA Professional, Crooked Creek Golf Course – Bob's specialty in the golf business is instruction, teaching all lessons at Crooked Creek. He received his PGA Pro Status in 1997, and was awarded the 2009 PGA Teaching Professional of the Year for Nebraska. A graduate of Omaha Westside High School where his father was the coach, Saffer won the Class A Nebraska State High School Championship in 1959 as a sophomore, and placed second the following year. He received golf scholarships to both the University of Arizona and UNL, graduating from UNL in 1965.

Soccer:

Jason Mims, UNO – Jason Mims was hired in April 2011 to lead the UNO men's soccer program in its inaugural season. He came to UNO from Penn State, where he was the first assistant for the Nittany

Lions. Prior to that, Jason spent 10 years as an assistant coach at Creighton, helping to create the Bluejay's program from the ground up. Coach Mims helped lead Creighton to 8 straight NCAA tournament appearances and 6 Missouri Valley Conference Championships. Recognized as one of the best identifiers and developers of college soccer players in the nation, Mims recruited 10 All-Americans while at Creighton. He was also a club soccer coach in Omaha for six years, winning the state championship each season.

Randy Waldrum, Notre Dame – Coach Waldrum has been leading the women's soccer program for 15 seasons. He is a two-time national coach of the year selection and has earned Big East Coach of the Year honors on multiple occasions. The Fighting Irish teams during the Waldrum era have earned NCAA Championship appearances in each of his 14 years, including two championship titles. A native of Irving, TX, Waldrum and his wife Dianna now live in Granger, Indiana and have one son, Ben, who competed professionally and also served as assistant coach on his father's staff at Notre Dame from 2003-2007.

Greg Winkler, Fond Du Lac HS, Wisconsin – Coach Winkler's career at Fond Du Lac began in 1990 at the elementary school. He spent 9 years at Woodworth Jr High before moving to the High School when it opened in 2000. Winkler has been the Assistant AD since 1999, Head Boys Soccer Coach since 1998, and Head Girls Soccer Coach since 2006. Recently recognized by the National Soccer Coaches Association of America as the 212 National Youth Coach of the Year, Greg has also been recognized as a conference coach of the year, the State Division 1 Boys Coach of the Year, a sectional winner of the National Federation of High School Coach of the Year, and numerous other State Youth Soccer Awards. Greg is the author of a coaching book, 'Coaching a Season of Significance'.

Softball:

Mark Lumley, Baylor – Coach Lumley has been assistant coach at Baylor for 13 years, serving as the team's hitting instructor and outfield coach. Promoted to Associate Head Coach in 2006, Lumley's influence has been felt in the program's history of

continually establishing new and individual single-season hitting records under his guidance. Baylor has also enjoyed one of the Big 12's strongest outfields over the past 11 years, setting a school record in 2007 with a .969 fielding percentage.

Diane Miller, UNL – Assistant UNL Softball coach Diane Miller joined the Husker squad in 2009. In her first four seasons as hitting coach she guided 12 players to all-conference hitting selections and set 13 offensive school records. The Husker's power numbers have risen dramatically under Miller's guidance, averaging 42 home runs per season from 2009-2012. In addition to being the hitting coach, Diane also tutors Husker catchers. She was a 3-time All-American catcher at Missouri Southern State College, and led her team to an NCAA Division II national championship in 1992.

Martin Rubinoff, Martins Field of Dreams, Waco TX – Owner and Operator of Martins Field of Dreams, Rubinoff is a teacher of all skills in baseball and softball. He began his career in 1982, playing international softball in New Zealand and coaching players from both men's & women's softball teams. Through the years he has spent time as assistant softball coach at Cal State Fullerton, hitting instructor for the Japan Women's National Team, head coach for the NTC Programs in Victoria and Queensland, Australia, and lead hitting instructor for the Texas Baseball Ranch, and various other positions. Rubinoff has earned a Masters Degree in Applied Sports Sciences in Coaching from the University of Queensland.

Tennis:

Kevin Heim, Woods Tennis Center – Kevin Heim has been at Woods Tennis Center since 2008 serving as both the Head Pro & General Manager. Under his direction the club has increased junior lesson and tournament participation significantly, growing from 36 participants in 2008 to over 1100 juniors in 2012. Kevin has received numerous awards, including Missouri Valley and Nebraska Contributor to Youth Tennis and Nebraska Community awards. Prior to coming to Woods, Kevin coached high school tennis for 14 years, producing 9 team championships and 12 individual state champions in Wisconsin. He also served as Head Pro at Koppa-Heim Tennis Academy

in Wisconsin. Kevin is President-Elect of the Nebraska Tennis Association and chairs the Youth Pathway committee for the Missouri Valley Tennis Association.

Jason Olson, Stevens High School, Rapid City SD – A graduate of Stevens High School and the University of Nebraska, Coach Olson has been coaching basketball and tennis at his alma mater for 18 years. He has been the head boys' and girls' tennis coach for the last 16 years. His teams have compiled an overall record of 647-74 in duals and have collected seven state championships and been runners-up fifteen times. His girls' team won 105 straight matches which is a South Dakota record. Coach Olson has been a finalist for the NHSACA Coach of the Year twice and has been named Greater Dakota Conference Coach of the Year six times. He has been named the South Dakota Coach of the Year twice. Currently Coach Olson serves on the SDHSCA Board of Directors, is the Tennis Secretary, and is the Girls' Tennis Representative on the SDHSAA Advisory Committee.

Talor Wain, Woods Tennis Center – A native Australian, Talor began working at Woods Tennis Center in 2010. Currently Head Pro at the Center, Talor has helped improve the game of many junior & adult players, making an impact especially in the junior rankings at the Nebraska district and Missouri Valley sectional levels. Talor played at a high level in the Australian junior ranks, traveling around the country and overseas. At age 14 he began his coaching career, working at the *Margaret Court Tennis Academy* in Albury, Australia. He continued to coach while studying Exercise Science at Wollongong, focusing on strength & conditioning, anatomy, biomechanics & physiology. Prior to working at Woods, Talor worked at the International Tennis Federation in Fiji, one of only 3 ITF regional training centers across the world.

Track & Field/Cross Country:

Sara Domeier, Lincoln North Star HS, NE & High Performance Training – Sara hails from Geneva, NE, where she enjoyed a successful athletic career learning how to run anything from 100m to a 5k. This origin, along with her college experience under Coach Steve Rainbolt at UNL, helped her create a

philosophy for training athletes in the sprints and specifically the 400m and 800m. Her unique way of approaching long sprints and middle distances includes using one's own body weight to strengthen the core, interval training, and tempo running, Sara has been coaching at Lincoln North Star the last ten years and also coaches post-collegiate athletes which include national qualifiers and medalists at the USA Championships.

Dr. Kregg Einspahr, Concordia University – Coach Einspahr enters his 22nd season as Head Coach for Concordia's Men's & Women's Track & Field and Cross Country programs in 2013-14. During his career his teams have consistently been at the top of the Great Plains Athletic Conference and NAIA national standings. He has been named conference or regional Coach of the Year for track and cross country more than 30 times, and in 1999 earned NAIA National Women's Cross Country Coach of the Year honors. A graduate of Concordia, Kregg was a 6-time NAIA national champion, competing in the one-mile, the two-mile, and the steeplechase. He also ran professionally and was ranked in the US and the world while competing in three Olympic trials.

David Harris, UNL – David Harris took over as head distance coach at UNL after Jay Dirksen retired in 2012. He had previous ties to Nebraska, having coached NU's middle distance runners and the men's sprinters & hurdlers for seven years before becoming the head cross country and track & field coach at Emporia State in 1992. As the Hornet's head coach for 19 years, Harris was named MIAA Coach of the Year 11 times and brought Emporia State to the top of the Division II ranks, with the men's squad finishing 4th at the NCAA Outdoor Championships on 2011. Emporia State won 10 MIAA team championships under Harris and had 20 runner-up finishes. Coach Harris has also served in numerous leadership roles with the USTFCCCA, including president in 2005-06.

Jack Hazen, Malone University, OH – Jack Hazen has served as head coach of men's cross country at Malone University for 45 years and women's cross country for 21 years. The Pioneers have captured a total of four men's cross country titles and one women's title during Hazen's tenure, including three men's championships in a row from 2007-2009.

Jack has also coached men's track & field for 28 years, and has coached over 325 NAIA All-Americans in cross country and track & field. He recently served as an assistant coach for the USA Track & Field Team during the 2012 Olympic Games. A member of the USA Track & Field Board of Directors, Jack has written textbooks on coaching and has been published many times.

Casey Thom, Rice University – Coach Thom has been an assistant track & field coach with the Rice Owls for eight seasons, working with the horizontal jumpers, hurdlers, throwers and multi-event athletes, in addition to coordinating recruiting and handling meet operations. In 2012, Thom's athletes dominated the combined events at the C-USA championships, sweeping the indoor medals. His decathlete Clayton Chaney won his event at the 2012 outdoor, making it the fourth consecutive decathlon title for the Owls. A former stand-out decathlete at Nebraska, Thom earned All-America honors in his event in 2003.

Greg Van Dyke, Dordt College, IA – Greg Van Dyke took the reins of the Dordt College cross country program in 2006 after serving as an assistant in 2005. He coached an NAIA all-American in 2007, 2008, and 2010 and coached the Defender men to the NAIA National Cross Country Championship Meet in 2011. He was named the 2011 Hauff Mid-America Sports/Great Plains Athletic Conference Men's Cross Country Coach of the Year. Greg also guided the Defender women to a GPAC title in 2012 and a berth in the NAIA National Championships where they finished 9th in the team race. The 2002 Dordt grad and former cross country and track athlete also serves as an assistant coach on the track & field team and as an admissions counselor.

Volleyball:

Kirsten Bernthal Booth, Creighton University – Two-time National Coach of the Year Kirsten Bernthal Booth will enter her 11th season as women's volleyball coach at Creighton in 2013. Her team finished with a 29-4 record and a No. 24 spot in the national rankings in 2012, taking a program-record 17-match win streak that carried into the second round of the NCAA tournament. Booth's .611 win percentage and 187 total wins at Creighton are best

in the school's modern history. Under her direction, the program has attracted two crowds of more than 12,000 while ranking in the top-50 nationally in attendance the past 7 years.

Hugh McCutcheon, University of Minnesota – In his first year at the helm of Golden Gopher Volleyball, McCutcheon led his team to a 27-8 record and just two sets shy of a Final Four appearance. He was hired at Minnesota after an illustrious career with USA Volleyball, earning two medals with the United State Men's and Women's Olympic teams. McCutcheon mentored the US Women's National Volleyball Team to a 106-39 record and a silver medal in the 2012 Olympic Games. As head coach of the US Men's National Volleyball team from 2005-2008 he compiled a 107-33 record and a 2008 Olympic gold medal. McCutcheon's love for volleyball developed in New Zealand where he played on the junior and senior national teams from 1986-1990 before coming to the United States.

Jim Moore, University of Oregon – In 2012 Coach Moore and his Oregon Ducks celebrated their greatest season to date, capped by a trip to the NCAA Championship final against Texas. They ended the season with a 30-5 record, their first 30-win campaign since the start of the NCAA volleyball era in 1981. Coach Moore is highly regarded as master program builder, a technician, a motivator, a recruiter, and a developer of national-class talent. Prior to his arrival at Eugene, he served as head coach at Northern Michigan (1989-94, 2003-04), Kansas State (1994-97), Texas (1997-00), and Chico State (2001-02). His last stop before arriving in Eugene was an incredible two-year return to Northern Michigan that produced 50 wins in 58 matches.

Rochelle Rohlfs, Omaha Marian HS – Rochelle has been coaching volleyball at Omaha Marian for 24 years and has won 8 district championships and two state championships, in 1999 and 2009. Coach Rohlfs' teams have been recognized as AVCA Academic American status for several years. Team-building is an integral part of her program, and mentoring students is her personal passion. A math teacher for 23 years, Rohlfs transitioned to administration in 2012, currently serving as Athletic Director and Assistant Principal at Marian.

Wrestling:

Mark Cody, University of Oklahoma – Cody completed his second year as head wrestling coach at the University of Oklahoma in 2012-13. In his first year at the helm, Cody led the Sooners to a 13th place finish at the 2012 NCAA Championships. Not only did Cody's wrestlers find success on the mat, they excelled in the classroom with 3 Academic All-America selections, all of them NCAA qualifiers. Prior to moving to Norman, Coach Cody spent 9 years at American University, where in 2011 he led the Eagles to a program-best 5th-place finish at the NCAA Championships and was named NWCA National Wrestling Coach of the Year. Mark has also served as assistant coach at Oklahoma State, Nebraska, Bloomsburg, and his alma mater Missouri.

Bob Hartman, Whitehall HS, PA – Bob Hartman has been the Athletic Director in the Whitehall-Coplay School District for the past 11 years. Prior to becoming Athletic Director he was the Head Wrestling Coach and an Assistant Football Coach. As Head Wrestling Coach, he led the Zephyrs to their highest finish, as well as helping crown the 1st State Champion, in the school's wrestling history. He was the Morning Call Coach of the Year in 2002 and was inducted in to the District XI Wrestling Hall of Fame in 2012. As Athletic Director, Coach Hartman was the conference AD of the Year in 2006 and the PSADA Region 2 AD of the Year in 2012. He has presented at the NWCA Convention in Ft. Lauderdale, as well as the New York and Pennsylvania Athletic Director Conventions.

Tyler Herman, Amherst – Tyler has been head wrestling coach at Amherst for 9 years. He has earned five Nebraska Class D State Championships (2006, and 2010-2013) and 3 Nebraska Class D State Runner-Up finishes (2007-2009). He has received numerous coaching awards, including 2012 NCA Coach of the Year in Wrestling. He served as head and assistant coach of the NSWCA All-Star Classic (2008 & 2007 respectively), Disney Dual Coach in 2005 & 2013, and has been an NSWCA Class D Rater for the last 7 years.

Bryan Snyder, UNL – Coach Snyder joined the Husker wrestling program as assistant coach in 2010, when he helped guide seven wrestlers to the NCAA

Championships. He played a key role in guiding Jordan Burroughs to his 2nd national championship and a perfect 36-0 record. A native of Easton, PA, Snyder wrestled at Nebraska and is the only four-time All-American and four-time conference champion in school history. He ranks No. 1 on Nebraska's all-time winning percentage chart, compiling a 136-11 record from 1999-2002.

Cheerleading:

Ashley Parnell, UCA – Ashley Parnell is a 2004 graduate from Drury University where she majored in Public Relations and Marketing. She was a member and captain of the DU small coed Division II Nationals team, which was a finalist all 4 years she competed. Ashley brings over 20 years of cheerleading experience including youth, high school, college, and all-star. She coached a finalist team in 2007 at The World's, and has coached nationally recognized college & high school teams. Ashley has over 8 years of choreography experience in cheer and dance and has been employed with UCA for over 10 years. For the past 3 years, Ashley has served as the UCA State Director for Nebraska & Missouri and serves as the head coach of the DU All-Girl cheer squad.

Jason Sack, Northwest Missouri State University – For the past seven years Jason has been the Spirit Squads Coordinator at Northwest Missouri State University. His Bearcat Cheerleaders have been named UCA's DII National Champions in 2010, 2012 & 2013. Before Northwest, he was the head cheerleading coach for Avila University, where his teams were top 10 finishers at UCA. Sack was a college cheerleader at Pittsburg State University, receiving a bachelor's degree in education. He has been on the UCA staff since 1997 and is the current UCA State Director for Kansas, Iowa & Minnesota.

Holly Schaffner, National Cheerleaders Association – Currently a State Director for the NCA overseeing camps in 9 states, Holly has been involved in cheerleading since she was 7 years old. She began competing in dance & gymnastics, and was a cheerleader from middle school through college, becoming an NCA Collegiate All-American. Holly has coached high school and college teams, recreational tumbling and cheer, and served 12

years on the NCA staff as Head Instructor, judge & uniforms sales rep. A graduate of Eastern New Mexico University with a degree in education, Holly is pleased to be involved in the training and education of cheerleaders and coaches across the country.

Jeff Snow, Iowa Western Community College – A native of Neosho, MO, Jeff is in his 3rd year as Spirit Coordinator at Iowa Western. Previously he served 2 years as head coach at Coffeyville Community College and 3 years as a student coach at Pittsburg State University. Also a head instructor for the UCA, Jeff instructs thousands of cheerleaders from coast to coast. In his spare time he has choreographed multiple state & national championship routines in several states throughout the Midwest. As a judge, Jeff works at both the regional & national level, judging competitions across the nation, including the UCA High School Championships and the UCA All-Star Nationals. As an athlete, Snow was a member & captain at Pittsburg State from 2000-2005.

Terri Freeman, UCA - has been coaching, judging and doing choreography for over 25 years. She is the head penalty and rules judge for the Missouri Cheerleading Coaches Association and is the AACCA Safety Certifier for MO, NE, and KS. She has coached and judged at all levels from Recreational to Collegiate. Terri is a USASF Credential Provider and the Varsity Spirit Fashions Representative for the Kansas City area.

Dance:

Mandy Pruett, UDA – Mandy is a 15-year veteran staff member with the UDA and has served as a Territory Manager, curriculum choreographer, Head Instructor, and National Dance Team Championships Judge. She has coached college dance programs, including the University of Kansas Rock Chalk Dancers and the 4-time National Champion Hawaii Pacific University Dance Team in Honolulu, and has choreographed 12 main stage shows in the musical theater industry. A graduate of Lindenwood University in St. Louis with a degree in Dance, Mandy danced on LU's nationally ranked Lion Line Dance Team for 3 years, and has also danced professionally with the Modern American Dance Company in St. Louis.

Junior High Basketball:

Mike Herzberg, Grand Island Northwest HS – Coach Herzberg made his 7th state tournament appearance in 20 seasons of Nebraska High School Basketball in 2013. Last year's Northwest girls team finished with a 25-3 record and won the Class B Girls State Title. Mike has been a head coach for 14 of 20 seasons. 2013 marked his first season coaching at Northwest. His summer teams have travelled the US and have played in most Nebraska's Summer All-Star basketball games. Coach Herzberg's players have earned a variety of all-conference, all-state, super-state, all-Nebraska, and Gatorade Player of the Year honors.

Junior High Football:

Kurt Frenzen, Columbus Lakeview HS – Coach Frenzen will be starting his 17th year of teaching and coaching. A graduate of Fullerton High School, Kurt went on to play football at Midland University. After graduating from Midland University in 1997, Coach Frenzen started his teaching and coaching career at Hastings High School as an assistant for Head Football Coach Walt Olsen. After four years at Hastings High, he was hired at Columbus Lakeview, where he has spent the last 12 years as the Head Football Coach and Weight Training instructor. Coach Frenzen coaches the offensive line and coordinates a Viking offense that averaged over 420 yards per game this past season.

Ryan Specht, Columbus Lakeview HS – Coach Ryan Specht will be starting his 19th year of teaching and coaching. He spent ten years at Kimball High School in Kimball, NE, where he served seven years as an assistant coach and defensive coordinator and three years as head coach. He has been at Columbus Lakeview for nine years, coaching outside linebackers and quarterbacks for the first five years, and working as defensive coordinator and outside linebackers coach for the last four years. Coach Specht is originally from Columbus, NE and played football at Doane College in Crete, NE.

Junior High Volleyball:

Jake Moore, Lincoln Pius X HS – Jake's coaching career began in 1985 at Fairmont High School where he amassed a 48-27 record over 4 years. In 1990 he took over at Lincoln Pius X, where he has been teaching and coaching ever since. He has compiled a 603-178 record while at Pius X, and has earned 20 state tournament appearances throughout his career, including 18 consecutive from 1995-2012. Coach Moore's teams at Lincoln Pius X have brought home the state championship trophy seven times.

Ryan Gray, Lincoln Pius X HS – Ryan has been an assistant volleyball coach at Lincoln Pius X since 2009 and has also served as the 9th grade head coach from 2009 to 2011 and Junior Varsity Coach in 2012. His JV team in 2012 finished the season with a perfect 24-0 record.