



## **2016 Nebraska Coaches Association – Country Inn & Suites – Lincoln North Scholarship Recipients**

### **Alexandra Alber, Holdrege High School**

Alexandra Alber has left an impact on her school and community during her years at Holdrege High School. The Honor Roll and National Honor society student represented her school at the American Legion Girls State and was also awarded US Bank Nebraska Believers & Achievers Top 48 by the NSAA. She was team captain of the Holdrege volleyball team, made two state tournament appearances in basketball, was a four-year letter winner in track & field, and also was a member of the Holdrege HS dance team – all while maintaining a 4.0 GPA and graduating first in her class. A lover of both athletics and business, Alexandra has decided to pursue a double major in Sports Management and Business Management from the University of Nebraska at Kearney.

### **Jaci Brahmer, Pierce High School**

During her four years at Pierce High School, Jaci Brahmer participated in volleyball, basketball, and track & field and earned eleven varsity letters. She was an academic all-state and first team all-state selection in her class in basketball as a senior, and was a member of three state basketball championship teams. Jaci also participated in choir, band, student council, quiz bowl and FCA, was a member of the National Honor Society, and was on the Principal's Honor Roll for all four years of high school. Ranked first in her class with a 4.0 GPA, Jaci plans to continue her education at Wayne State College, where she will major in Biology/Pre-Med and participate on the volleyball team.

### **Jayden Marie Garrett, Chadron High School**

Jayden Garrett has compiled a long list of academic, athletic, and personal achievements during her years at Chadron High School. A three-time state qualifier in volleyball, Jayden helped lead her team to a 3<sup>rd</sup>-place finish as a setter her senior season and recorded over 1000 assists during her career. Point guard for her basketball team, Jayden also made four state tournaments in that sport, and also anchored a state medalist relay team in track & field. The 4.0 student and National Honor Society Scholars Ambassador has been involved in countless school and community activities, including 4H, FCA, FFA, Student Council, Chadron Community Youth Recreation, and Special Olympics & nursing home volunteering. Jayden will be enrolled at the University of Nebraska-Lincoln this fall, where she will pursue a degree in Pre-Physical Therapy.

### **Riley Grosse-Rhode, Fort Calhoun High School**

Riley Grosse-Rhode's high school football coach credits him as being an "uplifting leader that displays poise, intelligence, leadership & unselfishness." The quarterback and senior captain participated in both football and baseball for each of his four high school years, earning 6 varsity letters and Academic All-State honors. He spent several hours helping younger Fort Calhoun baseball players with fielding & batting as a volunteer youth coach, and has earned numerous school achievement honors for his excellence in the classroom. The National Honor Society member is a 4.0 student and ranked at the top of his class. Riley plans to attend South Dakota State University, majoring in Agricultural and Biosystems Engineering.

### **Ashton O'Brien, Fillmore Central High School**

A three-sport athlete throughout her high school career, Ashton O'Brien is a State track & field meet qualifier and also participated in volleyball and basketball, earning All-Conference and All-State Honorable Mention accolades in both sports. Her positive attitude and leadership abilities were evidenced in her selection of co-captain in both volleyball and basketball, and she is admired and respected by her teammates and coaches for her resilience and exemplary sportsmanship. A talented student, Ashton finished her high school career rated first in her class with a 4.0 GPA. She was a class officer for three years, achieved Principal's Honor Roll for four years, was Vice President of the National Honor Society, and earned several various awards & honors for her participation in FFA. Ashton plans to pursue a degree in Animal Science and Pre-Veterinarian Medicine at Kansas State University.

### **McKenna Paintin, Omaha Central High School**

McKenna Paintin is an active and integral member of the Central High Community, having been involved in a variety of activities, and pursuing a rigorous curriculum that included multiple AP and honors classes as well as participation in the Nebraska Medical Center High School Alliance program. A 3-yr letter winner on the Central High soccer team, McKenna is also a two-time state qualifier in cross country and served as captain for both the cross country and track & field teams. She was a Central High cheerleader for three years, a student council representative, served on the yearbook staff for two years, and was named female athlete of the year at her school in 2014-15. An NSAA/US Bank Believers & Achievers Award recipient, McKenna will continue her cross country and track & field career at Wichita State University while pursuing a major in Pre-Physical Therapy.

### **John Mark Shields, Lexington High School**

In the words of his English & Drama teacher, John Mark Shields is clearly a well-rounded individual. A three-time state medalist in cross country and four-time state qualifier in track & field, John Mark was also a four-year contributor in the Speech and Music programs at Lexington High School. He was a member of the marching band, jazz band, pep band, school choir & show choir, was Head Drum Major, and participated as the male lead in the school musical in 2014-15. Speech Team President for three years, John Mark was Duel Acting Champion and was chosen as 'Best of the Best' by the NSAA in 2016. He also has worked passionately for the Central Nebraska Human Trafficking and Immigrations Outreach program helping to organize events and support activism in this cause. John Mark plans to attend Bethel University in St. Paul, MN and will major in Social Work and International Studies.

### **Riley Tegtmeier, Bruning-Davenport High School**

A four-year participant in both football and basketball at Bruning-Davenport High School, Riley Tegtmeier has been a positive role model and leader both on and off the field of play. He is a state champion quarterback, having helped lead his team to the Class D1 title in 2016. He also played point guard for the BDS basketball team, reaching the state semi-finals the past two seasons and becoming the second-leading scorer in school history, behind only his brother. Riley's work ethic and dedication are also evidenced in the classroom, where he has earned a 4.0 GPA, top class rank, 32 ACT, and Academic All-State honors in both basketball and football. Riley will continue his education at Concordia University in Seward, NE, where he plans to play basketball and major in Physics.