

Free Courses

Available at www.nfhslearn.com

Concussion in Sports - What You Need to Know



- For coaches, parents, officials, and students to identify the signs and symptoms and understand the problems associated with concussions
- The course takes about 20 minutes to complete
- Explains the actions and responsibilities to take when a concussion is suspected
- **State-specific return to play guidelines included in resource section

Sportsmanship



 The National Federation of State High School Associations developed this complimentary course to give coaches, players, officials, parents and fans a better understanding of what sportsmanship is and how inappropriate behavior negatively impacts the educational process. The course takes about 15 minutes to complete.

coaches and officials.

The Role of the Parent in Sports



- For parents
- Explains what interscholastic athletics are about and provides parents the information and resources necessary for their child to have a positive sport experience
- The course takes about 20 minutes to complete.